



Alison's Pantry™

Catalog No. 7, July 2009

Order by:

Distributor:

Estab.
1987

FREE OFFER!
see page 16



#1 Precooked Hickory Smoked Bacon Slices

High quality
'center cut' bacon.
Microwave, heat and
serve.

300 slice case

#4835.....\$34.39



**11¢
slice!**

Breaded Chicken Tender Breast Strips

This is our #1
Selling chicken item.
Uncooked, perfect to
bake or fry!

Strips range from
1-3 oz. Dip in ranch
or BBQ sauce.

10 lb. case

#1662.....\$23.99



**\$2.40
per lb.**

BACK AGAIN!

Angus Seasoned Burgers

(Raw patties)

A perfect blend of 75%
Angus beef and 25%
fat mix. 1/4 lb. patties,
40 per case.

10 lb.

#3139....\$28.99

Mountain City Meat Company



**72¢
per patty!**

Boneless, Skinless Breast Fillets

Just \$1.08 each!

5 lb. IQF (Approx. 6 oz. each)

#4487.....\$13.99

Uncooked, bake or grill.

Teriyaki Seasoned Boneless, Skinless Breast Fillets

Just \$1.39 each!

5 lb. (Approx. 7-8 oz. each) IQF

#1755.....\$13.99

Uncooked, bake or grill.



**57¢
each!**

'Gold 'n Spice' Breaded Chicken Breast Fillets

100% Full Muscle Breast Fillets! Fully
cooked - fry, bake or microwave. Random
size, some breading may be missing.
Average size fillet 4 oz./10 lb case.

#2700....\$22.99



**NEW
ITEM!**

**70¢
each!**

»NEW!« Sandwich Wrap Variety Pack

Includes 8 of each wrap: Turkey & Bacon,
Roast Beef & Asiago Cheese, Pulled Pork &
Provolone Cheese. All individually wrapped
and fully cooked; just heat 'n eat! **That's just
70¢ for a hearty sandwich!**

24/5 oz.....#5149.....\$16.99



**54¢
each!**

Breaded Boneless Pork Chops

3-5 oz each. These chops are so
tender and tasty! You won't find a
better boneless chop at this price!

Approx. 80 chops

20 lb. case

#4933.....\$42.99



**67¢
each!**

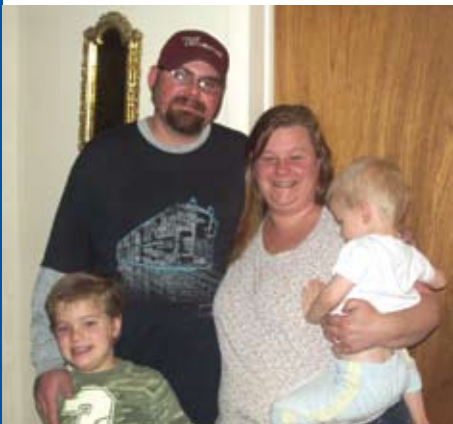
Golden Breaded Whole Muscle Chicken Breast Fillets

Uncooked, bake or fry.
Approx. 20/4 oz. per bag.
5 lb.

#1237.....\$13.49

Fabulous Frozen Foods

"I received this letter from a customer this month and wanted to share it with all our loyal customers." — Alison



Sam Elliot of Douglas, WY and her family

"Dear Alison, I am 27 years old and have a family of four. I LOVE Alison's Pantry! I was very skeptical about ordering from your company because it was new to me, but I am so glad I did. My kids absolutely love the Curious George fruit snacks. You think you can get fruit snacks at Sam's Club, right? But you have to

pay for a card and that costs just to get in the door. With Alison's Pantry you can order whatever you want in bulk and only pay 10% shipping on your order. We have ordered bacon, chicken gizzards, chicken strips, chicken nuggets, french fries, breaded cheese sticks, hash browns, frozen veggies, nuts, jerky, cheese, sausage links, and so many other wonderful things. Everything we have ordered has been of the BEST quality. So, to anyone out there who is skeptical about trying the absolutely yummy items from Alison's Pantry, I say, try it and I guarantee you will like it!"

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Spot our hidden spoon in the **ONLINE** catalog during the first 2 weeks it's posted for a chance to win one of 20 Alison's Pantry \$25.00 Gift Certificates. Send your name, address, and the spoon's location to: Alison's Pantry, 6925 82nd Ave SW, Mott, ND 58646. One per household, please. **Entry must be postmarked by 4/24/09.** Congrats to our latest winners who found the spoon on page 25 in the Sysco Foil ad: Cyndi Vliem, Gillette WY; A Dyan Hanson, Lodgepole SD; Bobbi Jo Evans, Fallon NV; Renee McKee, Hebron ND; Carolee Curtis, Monticello UT; Wilma Burris, McFall MO; Gloria Montero, Fallon NV; Myrtle Tanner, Spring Creek NV; Cheri Kunz, Soda Springs ID; Sandy Stockert, Dickinson ND; Kari Ceacovschi, Shoreline WA; Rachel Lehmann, Billings MT; Tammy Moe, Mott ND; Julie Kuenzel, Moorcroft WY; Dixie Hanson, Hettinger ND; Louis Berg, Soda Springs ID; Luke Waldron, Malad ID; Rosie Croston, Livingston MT; Suzanne Nelson, Ennis MT; Shirley Anderson, Spring Creek NV

NOTE: TAX INCREASE! Please add 3% Sales Tax for all food items and 6.75% Sales Tax for non-food items, or specific rate for your state. Add 10% shipping to your order. We reserve the right to substitute items of equal value and quality.

Office Hours: M – F 8:00 – 5:00
 'Store' Hours: M – F 10:00 – 6:00
 Closed Saturday & Sunday

580 W. State Street, P.O. Box 1019,
 Pleasant Grove, UT 84062.
 Local: 1-801-796-6411
 Toll Free: 1-866-5-Pantry
 Fax: 801-796-9309
 www.alisonspantry.com



Otis Spunkmeyer HOT DEALS

There's nothing like a delicious Otis Spunkmeyer brownie to spread smiles.
 Our rich, decadent chocolate flavor is sure to please....

»NEW!« **Rich Indulgent Variety Case of Sliced Brownies**

4/40 oz. wrapped trays/10 lb. case.....#5154.....\$19.99

Variety of: Double Chocolate w/Snickers® and Double Chocolate Walnut. Pre-sliced for your convenience into 48 double-size brownies, easy to slice into 96* for a cost of only 21¢ per brownie.

Reg price \$65.99 Save a HUGE 70%!



Otis Spunkmeyer's Muffins are America's #1!

Our muffins are moist, crumbly and simply irresistible!

»NEW!« **Variety Case of Luscious Muffins**

96/2.25 oz.....#5153.....\$20.99

Variety of 48 each: Lemon Poppy Seed and Strawberry Shortcake. Frozen. Individually wrapped; so they are perfect for breakfast and lunches.

Reg price \$57.99 HOT DEAL! Save 66%!

"The Gourmet Lemon Cookie Dough with White Chocolate Chunks (#4939) is to die for! My oldest teenage daughter loves them so much, she heats them in the microwave and eats the cookie dough. She does manage to get a few baked up for the rest of us but they don't last long."
 — Becky Price of Rock Springs, WY



"I got a box of the Gourmet Peanut Butter Cookie Dough with Mini Peanut Butter Cups (#4940) and my family absolutely loves them. My husband was not too sure if they were going to taste good but he keeps cooking them and we keep eating them. This is one of the best values for cookies anywhere."
 — Kim Howell of Winnemucca, NV

Otis Spunkmeyer Gourmet Cookie Dough

213/1.5 oz. cookies, 20 lb. case.....\$24.99

» #4939 Lemon with White Chocolate Chunks

» #4940 Peanut Butter with Mini Peanut Butter Cups

Our Vision and Mission:

Alison's Pantry—Our name is our guarantee. Our mission is to provide restaurant quality food products with quality service and a personal touch.
 Let us fill your Pantry!

2 Split a case of Otis Spunkmeyer muffins, brownies or cookies with family or friends.



Precooked Bacon Slices

"I really love the Daily's Precooked Bacon (#4835). It is so easy for a fast breakfast or BLT! My grandchildren love it because they can help cook and I don't have to worry about them getting hurt."

— Joyce Pahl of Montrose, CO

www.dailysmeats.com

Daily's® #1 Precooked Hickory Smoked Bacon Slices

High quality 'center cut' bacon. Microwave, heat and serve. Frozen shelf life: 6-9 months. Packaged as 2/150 ct. bags, layered on parchment. 300 slices per box.....#4835.....\$34.39



\$3.80 per lb.!

'Center Cut' Bacon, Honey Cured

'Big Buy' Bulk Bacon

Irregular slices, slab, raw full slices of bacon. Layered/shingled between wax paper sheets. Shipping frozen.

15 lb. bulk.....#3297.....\$27.59

'Center Cut' Bacon, Honey Cured

Restaurant #1 Quality. Shipping frozen. Shelf life: 90 days.

5 lb.....#3298.....\$18.99

Sugar Cured Bacon Bulk Ends & Pieces

Random ends and pieces of bacon, perfect for soups, Dutch oven cooking, and eggs—this is a camper's dream!

Frozen shelf life: 90 days.

15 lb. bulk.....#2899.....\$18.99

Pork Sausage Links (raw) 1 oz. size

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

12 lb. case.....#3386.....\$31.39



15¢ a link!

Pork Sausage Links

Daily's Pork Sausage Links, pre-cooked

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

Just microwave and they're ready to eat in minutes. 240 ct., 0.8 oz. size

12 lb. case.....#4062.....\$36.79

Daily's Pork Sausage Patties, pre-cooked

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

Just microwave and they're ready to eat in minutes. 96 ct., 2 oz. size

12 lb. case.....#4063.....\$34.09

Pork Sausage Patties (raw), 2 oz. size

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

12 lb. case.....#3387.....\$30.99

'Bone In' Ham Steaks

Average weight of each Ham Steak is 6 oz. 10/6oz. Steaks per package.....#4441.....\$15.99



GLACIER SALES, INC.

Sweet Potato French Fries



Glacier Gold Sweet Potato French Fries

6/2.5 lb. bags/15 lb. case#4979 \$32.99

Nutritious and Delicious; coated Sweet Potato Fries, Grade A. Oven Bake or Deep Fry. **Best Buy!** Regular price @ 38.99 SAVE 6.00 per case!

Twice Baked Potatoes - Microwave or Bake

24/5 oz. IW \$21.69

♣ #3333 Gourmet Style w/Cheddar Cheese

♣ #3334 Broccoli & Cheddar Cheese

Just 90¢ each for a beautiful side dish!

French Fries, 30 lb. case#4074 \$22.39

3/8" straight cut Grade A Fries. 6/5 lb. case. **Just 69¢ per pound!** Deep fry.

Hash Brown Patties (pre-formed)

240 count case/33.7 lb.#4963 \$38.99

Pre-browned and ready to cook up for a hearty breakfast! Comes packaged in 24/10 count trays for ease of frozen storage and use. Only 16 cents each. Unbelievable price!

Potato Rounds, 6/5 lb. case#4962 \$23.99

Bake or Fry. One quarter the size of our Tator Tots; easy to use in casseroles, soups, etc.

Tator Tots, 6/5 lb. case#3476 \$20.39

Bake or Fry. Pre-browned; bakeable Tator Tots for a quick meal anytime!

Zesty Seasoned Waffle Cut French Fries

6/4.5 lb. case#4961 \$30.99

Wedges and Waffle Fries are Oven Ready or can be deep fried. All Grade A Product. Exciting flavors that you will love!

Batter Coated Seasoned Zesty Potato Wedges

6/5 lb. case.....#4960 \$29.99



Zesty Waffle Cut Fries



Batter Coated Seasoned Potato Wedges

"For those who love sweet potatoes, the Sweet Potato Fries (#4979) are a must! They are crunchy on the outside and sweet and creamy on the inside! Other sweet potato fries you find at fast food places do not compare! Everyone I have sold them to loves them. They are a definite comfort food!"

— Alisa Finlay of Eagle Mountain, UT

Golden Breaded Chicken Breast Patties

Mild & perfect for kids. Chopped & formed. **Just 51¢ each!**

60/3 oz. patties (11.25 lb.).....#3065...\$30.69

Golden Breast Chicken Nuggets—Mild Breeding, oven bake or deep fry. 100% Breast nuggets. 184 ct./87 oz. case. Super great pricing on these nuggets; we normally sell @ \$28.99 per case.

You save \$2.20 a case, or 8%! 10 lb. case.....#2867...\$26.79

Par-Fried Breaded Chicken Gizzards—Bake or Fry.

90/2.5 oz., 2-5 lb. bags per case.....#4757...\$23.19

Tempura Battered Chicken Chunks—Ready-to-cook chicken breast chunks, **all you add is veggies & sauce.** Bag Yield: 20 – 4 oz. servings.

Just \$1.14 per serving! 5 lb. bag#4276...\$22.79

Chicken Ring Nuggets—Fully Cooked, Shaped like a ring!

Kids love them! 5 lb. bag.....#3943...\$16.09

Chicken Dinosaur Nuggets—(Shaped for kids!) Ready-to-cook.

Formed from Breast and Thigh Meat. Par-fried. Oven Bake or fry.

5 lb. bag#3018...\$13.09

Marinated Basic Breast Fillets, IF*—Marinated with a mild saline solution for added moisture and tenderness.

48/4 oz. case, 12 lb#2467...\$45.99

Basic Breast Fillets, IF*—**Just \$1.24 each!**

16/5 oz. Bag/5 lb#2466...\$19.89

*IF=individually frozen and Ice Glazed www.piercechicken.com



"We really like the Golden Breaded Chicken Breast Patties (#3065). They are juicy and fresh. Most of all they are ready in a hurry by themselves or with a salad or vegetable. I also like to serve them with sweet and sour sauce to compliment my fried rice, or use them for chicken tacos, or even in chicken salad. They can bake while I do my other preparation."

— Marsha Perkins of Cedar City, UT



Rib Eye Steak

"This is a delicious way to fix the Holten Rib Eye Steaks (#4943): marinate them in Teriyaki Sauce (#1497) for at least 3 hours and season with Garlic Supreme (#2592). Grill and enjoy!"

— Cheryl Ferrero of Bayard, NE



Top Sirloin Coulotte Steak

USDA Choice Top Sirloin Coulotte Steaks*

12/8 oz. cryo-vac'd#4617\$47.79

These steaks are cut from USDA Choice top sirloin beef. Seasoned for your grill.

*All Holten® Steaks come cryo-vac'd and individually packaged for ease of use and longer frozen life. www.holtenmeat.com



Restaurant Quality Hamburger Patties

Rib Eye Steaks, Tenderized*

8/10 oz. cryo-vac'd, only \$3.87 each!.....#4943 ... \$30.99

Cut from USDA Beef, Marinated for consistent flavor and juiciness.

Restaurant Quality Hamburger Patties

8 lb., 4 per lb./32 patties per case.....#4758 ... \$30.79

Holten Meat Restaurant Quality Beef Patties provide delicious hamburgers in a convenient 8 lb box that is perfect for large gatherings and parties. 75%/25%

Country Fried Steak, Raw/Breaded

Bake or fry, 4 to the pound/10 lb. case.....#4613 \$44.79

Top quality USDA approved grain-fed beef. Battered, breaded and IQF to guarantee freshness and flavor.

NY Strip Steaks, Tenderized*

10/8 oz. cryo-vac'd#4618 \$30.79

Cut from USDA Beef. Marinated with a subtle seasoning solution to enhance and provide consistent flavor and juiciness. (This is Jesse's favorite steak!)

Beef Strips – from Flat Iron USDA Choice Beef

5 lb. vacuum-packed bag#4918 \$29.99

Beef strips are great for stir fry, fajitas, stroganoff, omelets and sandwiches.

Boneless Pork Loin Fritters, Raw, Breaded

4 to the pound/10 lb. case.....#4615 \$46.49

Top quality, whole muscle, boneless pork loins, these tasty pork cutlets are shaped, sliced, cubed and individually quick frozen to guarantee freshness and flavor. Lightly floured with our homestyle breading to make pork loin fritters.



A company that has been around for over 80 years must be doing something right. That is definitely true of Colosimo's, "The Sausage People." Colosimo's sausages are less fatty and more hearty than typical sausage. That's because at Colosimo's, they use only high-quality fresh meats, not the off-cuts or leftover parts with lots of fat and gristle that are found in typical grocery-store sausages.

Colosimo's Sausage 3 lb. tray packs \$10.29

Maple Sage Sausage Links #5030

Traditional country style sausage with a sage foundation. We added the maple flavor to save you the trouble.

American Style Breakfast Sausage Links..... #5027

This is a traditional country style sausage with a sage foundation.

Bratwurst Sausage..... #5031

Traditional German style sausage with nutmeg and coriander. This is a mild but flavorful sausage.

Cheddar Bratwurst Sausage..... #5032

Same as bratwurst, but with cheddar cheese!

Mild Italian Sausage #5033

This is our foundation sausage. The one grandpa brought with him from Calabria. It is a mix of cayenne, salt and the sweet flavor of fennel.

Hot Italian Sausage [for the brave only!] #5034

The hot is the same sweet fennel with the heat of cayenne and crushed chili peppers.

www.colosimosausage.com

Note: All our products come frozen and raw; links are skinless; Bratwurst Sausage is made with natural casing.

"I fed the Colosimo's Maple Sage Sausage Links (#5030) to my family. We love the way these cook! They are skinless, which is a great feature compared to the Daily's sausages. It is clear they are a very high quality product. My husband was wishing I hadn't cooked as many as I did because he couldn't stop eating them! My 2-year-old usually loves sausage and said this was 'too hot' but I think that would be expected. We are sold on this brand!"

— Natasha Dansie of Nephi, UT



Alison's Pantry

Our potato products are the highest quality available and incredibly priced, too. They are produced in Fruitland, ID in the heart of the Treasure Valley; recognized internationally for quality and best taste.

We guarantee that you will be pleased **or we will double your money back!** Packed 6/2.5 lb. bags per

case; a perfect size for your family. 15 lbs is a friendly pack size; buy a case and you will agree that the flavor, pack size and cost are just what you have been looking for!

Alison's Pantry IQF Peeled Shredded Hash Browns—For perfect hash browns every time, try our Shredded Hash browns. Great for breakfast, dinner side dishes, and casseroles; simply brown & serve.

6/2.5 lb. bags per 15 lb. case.....#5024..... \$10.99

Alison's Pantry IQF Peeled 3/8" Diced Potatoes—Alison's Pantry now offers a 3/8" diced russet potato that completes every breakfast. Great as a breakfast side dish, add your favorite vegetables, or mix with scrambled eggs.

These can be used in potato casseroles, potato salads, or even mashed potatoes. 6/2.5 lb. bags per 15 lb. case.....#5025..... \$10.49

Alison's Pantry now offers our own line of flame roasted potatoes. Cooked with a unique indirect roasting process, not fried, these potatoes provide a unique and healthier alternative to fried potatoes, with a taste and appearance that will please your whole family. Our Fire Roasted potatoes are fully cooked, just heat and eat for a quick and easy accompaniment to any meal.

Alison's Pantry Alison's Breakfast Blend—We started with fire roasted russet potato chunks, and added home-style pieces of Onions, and Green and Red Peppers. Lightly seasoned; this blend is an excellent side dish by itself, or add scrambled eggs to create the perfect skillet breakfast. Also perfect in breakfast burritos and casseroles.

6/2.5 lb. bags per 15 lb. case.....#5026..... \$16.99

Alison's Pantry Savory Seasoned Roasted Russet Chunks—Fire Roasted to perfection, our Russet potato chunks are seasoned with Salt, Pepper, Onion, and Garlic to provide the perfect balance for any meal. An excellent breakfast dish, or can accompany any dinner menu. Your family will keep coming back for more!

6/2.5 lb. bags per 15 lb. case.....#5028..... \$16.99



Breakfast Blend

"I am so enthused about the new Alison's Pantry potato products; especially the Roasted Russet Chunks (#5028)! I make a baked potato salad I bet they would be wonderful in! What a time saver they will be! These new products are so versatile - I'm sure they will be HUGE hits! I love the 15 lb size of the case too! Just right for families! I will have to buy multiple cases as I'm sure they will be big hits in my little cafe too! I know I will sell lots of them!"

— Chef Beth Casebolt of Zortman, MT



Diced Potatoes



Diced Potatoes

Garlic Supreme (#2593) adds a lovely touch to all of our AP potato products!



Price Reduction!
Grande Classics®
Normandy Blend
Broccoli, Cauliflower,
Sliced Carrots,
Zucchini, Yellow
Squash
4 lb.
#1266.....\$6.99
SPECIAL \$6.29

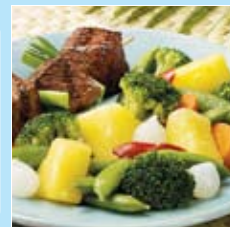


Connoisseur
COLLECTION
Connoisseur Collection.....2 lb.....\$5.99
#4674 Carrots and Sweet Potatoes with Glaze
Sweet Potatoes, Carrots and Brown Sugar Glaze.
#4676 Vegetables with Lemon Dill Butter Sauce
Green Beans, Broccoli & Carrots w/Lemon Dill Sauce.
#4675 Vegetables with Asiago Cream
Broccoli Florets, Large Diced Orange and Yellow Carrots with a creamy, spiced Asiago cheese sauce.

"We love the Flav-R-Pac Grande Classics Normandy Blend of Vegetables (#1266). They are so fresh and sweet. They are a great finger food for our little guy that is just starting to eat table food. He can pick them up and feed himself, and they are so fresh. I know that he is getting a good dose of vitamins from the variety of vegetables. It's great to get them in the large bags so we can cook as many or as few as we need for our family. We are going to keep them on our monthly order." — Sarah Stoltzenberg of Douglas, WY

Pantry Pointer

Veggies are a delicious and nutritious part of your summer meals. When grilling, just pop some frozen veggies into the microwave for a quick and no-fuss healthy side dish.



Grande Classics®
Maui Blend
Broccoli, Pineapple,
Sugar Snap Peas, Carrots,
Onions, Red Peppers
4 lb.....#2959.....\$9.49

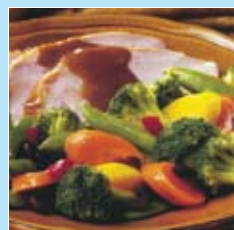


Grande Classics®
Key West Blend
Whole Green Beans,
Bias Sliced Carrots,
Bias Sliced Yellow Carrots,
Red Pepper Strips
4 lb.....#2556.....\$6.29



Asparagus Spears
Medium IQF
2.5 lb
#3127.....\$11.29

Grande Classics®
Riviera Blend
Whole Green Beans,
Whole Wax Beans,
Whole Baby Carrots
4 lb.....#2557.....\$6.99



Grande Classics®
Nantucket Blend
Broccoli, Carrots,
Sugar Snap Peas,
Red Peppers, Cranberries
4 lb.....#2958.....\$9.09



Soup 'n Stew Vegetable Blend
IQF Diced Potatoes, Sliced Carrots, Small Whole Onions, 1/2" Sliced Celery
5 lb.....#3219.....\$6.09

Omelette Blend
Add the sweet taste of home to your breakfast table.
2 lb.....#3216.....\$3.19

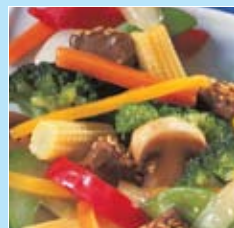


Grande Classics®
Gourmet Caribbean Blend
Whole Broccoli, Yellow Carrots, Green Beans, Bright Red Peppers
4 lb.....#3782.....\$7.19



Fajita Blend
Onion Strips, Red, Green and Yellow Pepper Strips.
Simple and delicious!
2 lb.....#2069.....\$3.49

Flame Roasted Sweet Corn, Peppers & Onions
Lightly seasoned— it's "Supergood!"
2.5 lb.
#2742.....\$6.89



Deluxe Stir Fry Vegetable Blend
As rich in flavor as it is easy to prepare!
4 lb.....#1175.....\$8.09



Green Peas with Buttery Flavored Sauce
Serve as a sweet, delicious side.
2 lb.....#3217.....\$3.29

Grande Classics®
Gourmet Whole Green Beans
Beautiful whole beans to add a wholesome touch to your meals.
4 lb.....#3781.....\$5.99



Grande Classics®
Cozumel Blend
Sugar Snap Peas, Mango, Red Peppers, Asparagus, Onions
4 lb.....#2960.....\$9.29



Whole Kernel Corn with Sauce
Whole Kernel Corn with a delicious, rich buttery flavored sauce.
2 lb.....#4664.....\$3.29

Glazed Whole Baby Carrots in Maple Flavored Sauce
Beautiful, delicious, and good for you too!
2 lb.....#3218.....\$3.29





Heartland Chicken Noodle Soup
Thick home-style noodles with chicken. Very hearty.
42 oz./106 oz. yield
#3302.....\$12.19



Cream of Potato
Premium potatoes, onions, celery, carrots and a bit of bacon for flavor.
52 oz./116 oz. yield
#1179.....\$13.59



New England Clam Chowder
Made in a traditional creamy base. A superb chowder!
52 oz./116 oz. yield
#1180.....\$15.19



Baked Potato Chowder w/Bacon
A great tasting chowder with pork and bacon flavors
64 oz./128 oz. yield
#1974.....\$16.69



Cream of Broccoli with Cheese
A touch of Parmesan cheese gives this soup a rich flavor.
54 oz./106 oz. yield
#1178.....\$14.19



Fiesta Tortilla Soup with Chicken
Made with corn tortillas. A celebration of lively flavors.
58 oz./122 oz. yield
#2204.....\$14.99



GLACIER SALES, INC.

Vegetables by the case!
Grade A, IQF, nothing added.

Jubilee Cut Corn on the Cob - Supersweet
Variety - more sugar than standard corn!
96/3 oz. cobs#4978 \$23.99

Carrots, Diced
20 lb. case#4986 \$14.99

Corn, Super Sweet Cut IQF
20 lb. case#4987 \$20.99

Mixed Vegetables 5-way IQF
Carrots, peas, corn, lima beans and green beans
20 lb. case#4988 \$19.99

Peas IQF
20 lb. case#4989 \$21.99

Whole Green Beans
15 lb. case#4990 \$24.99

IQF = individually quick frozen



Fiesta Blend



Oregon Berry Mix



Sunrise Fruit Medley



Delicious Fruit Mixes

Fiesta Blend
A tropical party for your taste buds! Mango, Papaya, Pineapple and Strawberries
5 lb. bag..... #4983.....\$11.49

Oregon Berry Mix
IQF berry favorites from the great North West: Strawberries, Marion Blackberries, Blueberries and Raspberries
10 lb. case .. #4984.....\$37.99

Sunrise Fruit Medley
Start your day right with Peaches, Strawberries, Honeydew, Pineapple and Blueberries
5 lb. bag..... #4985.....\$13.39

"The Sliced Strawberry Fruit Topping (#3778) was very impressive when I served up a simply scrumptious strawberry dessert to company within minutes! I placed 6 shortcakes on a pretty plate, poured the strawberries over the top, then quickly mixed up some Spiffy-Whip (#1679) and put a dollop on top. I was able to enjoy unexpected company with no stress. I am going to keep my freezer stocked with all five flavors of fruit topping!"
— The Ferguson Family of Collbran, CO



Fruit Toppings (sugar added)

Strawberry, Sliced
Sliced Strawberry Topping is labor-free, easy to handle and store, and available when you need it year round.
2 lb. bag#3778.....\$5.59

Triple Berry
Strawberries, Marionberries & Raspberries: three great berries combined to create a distinctively delicious topping. 2 lb. bag#3779 \$6.09

Apples, Diced
Great as an ingredient for baked goods or on a breakfast bar. 2 lb. bag#4980 \$3.99

Peach
Peach topping is sensational on crepes, French Toast and warm with ice cream.
2 lb. bag#4981 \$5.59

Blueberry
Add to your pancakes, waffles, cheesecakes and muffins. Or, served warm as a topping for hot cereal.
2 lb. bag#4982 \$6.79



SPECIAL SALE PRICE!



Pasta Perfect®

Pasta & Vegetable Mixes
Run product under hot water to thaw.
2 lb bags

Rotini with Vegetables
White pasta spirals with broccoli, carrots, kidney beans, small white beans, garbanzo beans, Italian type green beans and red peppers.
#2740 \$3.99 **SALE \$3.59**

Bowties with Vegetables
A colorful blend of Bowtie white pasta with broccoli, Italian beans, kidney beans, garbanzo beans and red peppers.
#2558 \$3.99 **SALE \$3.59**

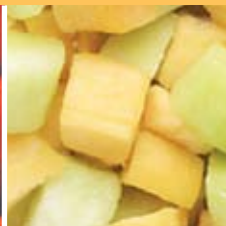
Gemelli with Vegetables
Long, twisted white pasta in a complementary blend of sliced carrots, sugar snap peas, broccoli and diced red peppers.
#2741 \$3.99.....**SALE \$3.59**

"I love all of the Flav-R-Pac Pasta Perfect pasta and vegetable blends: Rotini w/ Vegetables (#2740), Bowties w/ Vegetables (#2558) and Gemelli w/ Vegetables (#2741). They make quick and easy meals. I have even thrown some leftover cream-style soup on them for a very filling meal. For pasta salads just mix up a batch of Pronto Potato Salad Seasoning (#1820) and put it on the thawed pasta and veggie blend. Yum!"
— Judy Hale of Eureka, NV



Strawberries, Whole*

5 lb. pouch
#2028.....\$10.29
Hand picked & quick
frozen, to keep peak
season goodness.



Mixed Melons*

Cantaloupe &
Honeydew
5 lb. pouch
#2036.....\$13.59
Mix of the finest fresh
frozen melons.



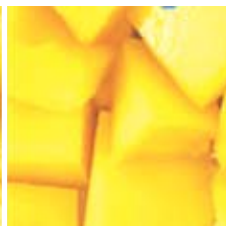
'Chef-Ready' All Natural Cut Fruit
Picked ripe, fancy grade, 100% real fruit,
washed and ready for your recipes! Pine-
apple and Peaches are cut to 3/8" cubes,
Mango and Strawberries cut to 1/2" cubes.
2 year shelf life and handy re-sealable bag.
All varieties are IQF. 5 lb.

- * Pineapple Cubes#4763...\$11.19
- * Diced Strawberries ...#4766...\$11.89
- * Diced Peaches#4765...\$12.69
- * Mango Cubes#4764...\$13.99



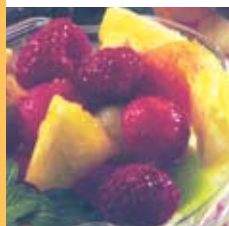
Pineapple Chunks*

5 lb. pouch
#3069.....\$9.59
Naturally sweeter
& juicier than
regular pineapple.



Mango Chunks*

5 lb. pouch
#2837.....\$11.59
Tropical flavor with
a host of nutrients to
make healthy eating a
delightful experience.



Mixed Fruit*

Peaches, strawberries,
pineapple, honeydew
melons and
red seedless grapes
5 lb. Pouch
#2032.....\$11.29



COMPARE:
Retail @ 50¢ per oz. vs
ours at 26¢ SAVE 48%!

Blueberries*

5 lb. pouch
#2030.....\$20.99
Packed w/antioxidants
and other nutrients.
You'll love their
"just picked" flavor!



Mango Salsa

8 cups Mango Cubes (#4764), partially thawed
1-1/4 cups red bell pepper, minced
3/4 cup green bell pepper, minced
2 tbsp. jalapeno pepper, minced
3 tbsp. green onions, minced
2 tbsp. cilantro, minced
2 tbsp. grated lime peel
1 tsp. salt (optional)

Combine all ingredients in non-reactive bowl.
Serve at room temperature or slightly chilled
over fish or poultry, as a dip or spooned over
quesadillas or tacos. Refrigerate leftovers.



Frozen Smoothie Starters™

Eat healthy the
easy way! Have
a delicious
Smoothie that
is equal to two
servings of fruit!
24/7 oz.
packets
\$31.59

- #3955 Strawberry/Banana
- #3957 Mixed Berry
- #3956 Mango/Peach/Banana

Just \$1.25
for a
smoothie!



Red Tart Cherries, Whole pitted*

5 lb. pouch
#2037.....\$16.39
Sour or tart flavor, ideal
for baked goods, topping
or mixes.

- *Re-sealable, no sugar added
- IQF = Individually quick frozen.

www.dole.com



Mixed Berries*

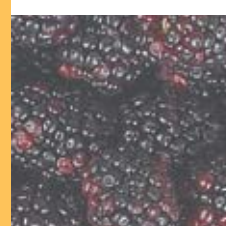
5 lb. pouch
#2034.....\$16.89
Strawberries,
Red Raspberries,
Blackberries, and
Blueberries.



COMPARE:
Retail @ 68¢ per oz. vs
ours at 35¢ SAVE 49%!

Raspberries, Whole*

5 lb. pouch
#2031.....\$27.99
Picked at the peak of
ripeness & quick frozen
for best quality.



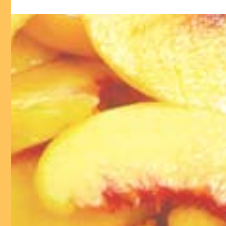
Blackberries, Whole*

5 lb. pouch
#2029.....\$12.69
Blackberries add superb
taste & color to a range
of dishes.



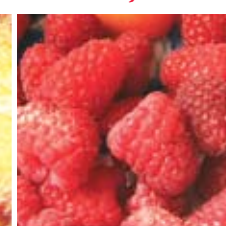
Strawberry Bits & Pieces IQF

2/5 lb. bags/10 lb
#2633.....\$17.99
A great way to save on
berries if you don't need
them to be whole!
Best Buy Item!



California Sliced Peaches*

5 lb. pouch
#2033.....\$10.99
Grown in prime peach
regions, ensuring the
highest quality.



Raspberry Crumbles

IQF
4/2.5 lb. bags/10 lb.
#2632.....\$45.59
Best Buy Item!



"I love using the Dole All Natural Cut Fruits. I made a beautiful trifle using the strawberries (#4766) and the peaches (#4765), along with a few Dole Mixed Berries (#2034). I partially defrosted the fruit and combined it with a little Clear Gel (#2888). I layered lemon cake cubes, Bavarian Cream Filling (#1638), the fruit mixture, and whipped topping. I took the trifle to a friend who was ill and got rave reviews!! — Kathy DeLeeuw, Storefront



Steamed Pork Potstickers



Pork & Vegetable Egg Rolls

Crab Rangoon, 31 ct/.65 oz. bag.....#4075.... \$10.99

Packed with minced crabmeat and a seafood blend, this also uses real cream cheese, crisp water chestnuts, bell peppers and mild spices.

Steamed Pork Potstickers, 18/1.5 oz. box#4076.... \$10.19

A specially seasoned blend of pork, cabbage, celery, ginger, onions and soy sauce enveloped in a tasty dumpling.

Steamed Vegetable Potstickers, 18/1.5 oz. box#4077..... \$9.29

Cabbage, carrots, bok choy, celery, chestnuts, bamboo shoots, ginger, roasted garlic and white rice packed into a dumpling.

Vegetable Egg Rolls, 12/3 oz. box.....#4078..... \$8.89

Shredded cabbage, bok choy, water chestnuts, carrots and celery mingle with a special blend of spices.

Chicken Egg Rolls, 12/3 oz. box#4079..... \$9.39

100% white-meat chicken, 100% tasty. Shredded chicken added to flavorful veggies and a savory combination of Asian spices.

Shrimp Egg Rolls, 12/3 oz. box.....#4080.... \$10.69

Big on taste. Unique spices meld with the flavors of shrimp and carrots, sliced celery, mild onions and shredded cabbage.

Pork & Shrimp Egg Rolls, 12/3 oz. box.....#4081..... \$9.79

Two worlds collide with a delicious result. Shrimp and lean pork mixed with carrots, celery, onions, cabbage and authentic spices.

Pork & Vegetable Egg Rolls (no MSG), 12/3 oz. box....#4082..... \$9.09

Lean pork, chopped carrots, celery, shredded cabbage and mild onions with authentic spices to create this great tasting offering.

Sweet & Sour Sauce Packets, 250 ct./40 oz.....#4084.... \$16.49

www.schwansfoodservice.com

PubHouse® Battered Halibut

www.tridentseafoods.com

Uncooked, bake or fry. Lightly battered. 2 lb./12 fillets.....#2813\$26.49

PubHouse® Battered Alaskan Pollock

Uncooked, bake or fry. Lightly battered. 2 lb./22 fillets.....#2811\$10.29

Panko Breaded Tilapia

Uncooked, bake or fry. 2.5–3.5 oz. portions, 3 lb.....#4760\$17.69

Premium Panko Breaded Alaskan Cod Fillets

Uncooked, bake or fry. Lightly breaded/seasoned. 2.5 lb.#2810\$20.19

Louis Kemp® Imitation Crab Meat (Flaked.)

Precooked. 2.5 lb. vacuum pack.....#2814..... \$6.89

Ultimate Fish Sticks—

More fish, less breading! (65% Alaskan Pollock, 35% Batter and Breading.)

Bake or fry. 4 lb. bag/1 oz. sticks#2809\$17.99

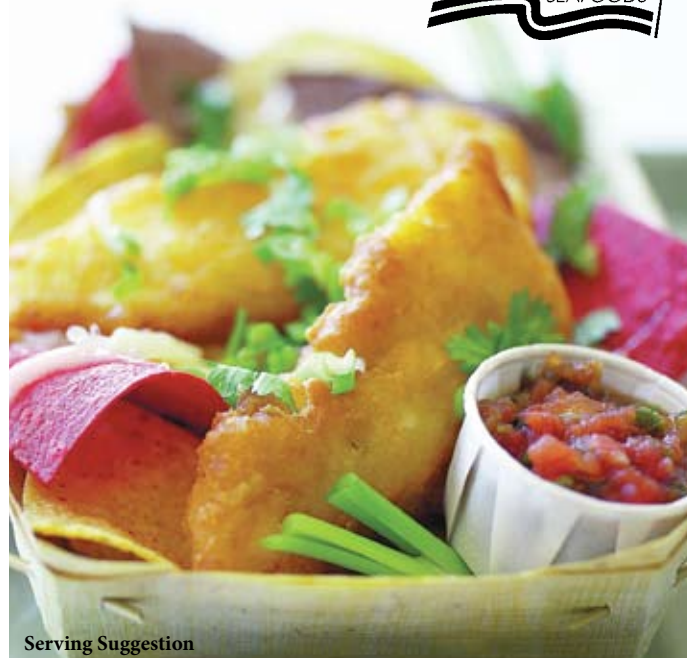
Premium Alaskan Salmon Burgers

Uncooked, grill, bake or fry. 3 lb. bag/12 patties#2808\$15.49



Panko Breaded Alaskan Cod Fillets

PubHouse® Battered Halibut



Serving Suggestion

"I have customers that order the Trident Pubhouse Battered Halibut (#2813 again and again. They say you can't beat the price for the quality of product you get."

— Cheryl Ferrero of Bayard, NE



"I love the Foster Farm All Meat Premium Corn Dogs (#1182). I can put however many I want in the oven, and when they are done, grab them and head out to my lawn. I eat them on the riding lawn mower as I mow until dark."

— Darcie Shannon of Ashley, ND



Foster Farms is 100% Natural!



44¢ each!

Premium Corn Dog

Foster Farms® Corn Dogs

are plump franks in exclusive honey crunch batters made with a Southern Dixie corn meal and high quality Pillsbury® Batter. And these franks are plump, with a generous 50/50 meat-to-batter ratio. They're fried in only 100% vegetable oil and contain ZERO grams trans fat per serving.

All Meat Premium Corn Dogs*, 60/2.67 oz. #1182 \$26.49

Chicken Mini Corn Dogs, Mini chicken franks wrapped in Honey Crunch batter. 5 lb. bag (Approx. 120/.67 oz. corn dogs) .. #1581 \$16.79

Chicken Corn Dogs, 60/2.67 oz. per case #3299 \$23.19

Cheese & Jalapeno Corn Dogs, Mild Jalapeno cheddar flavor. 36/4 oz. #1932 \$23.79

Turkey Franks, Grill 'em up for a great bite and healthy too! 6" franks, 80 per case. Naturally smoked for best flavor. 10 lb. case/8 per lb. #3300 \$16.29

Maple Pancake with Pork Sausage* Pancakes and Sausage, wrapped to go, on a stick for fun eating! 56/2.85 oz. #1406 \$28.59

Maple Blueberry Pancake with Pork Sausage 10 lb. case of delicious breakfast or snack pancake wraps. Just 57¢ each! 56/2.85 oz. #4926 \$31.99

Sliced Fully Cooked Lunch Meat Combo Pack

4 lb. of each: Hickory Smoked Turkey, Salami, and Bologna.
1/2 oz. slices. Each type of meat comes in 2/2 lb. packages.
12 lb. case #2673 \$31.39
Just \$2.47 per pound for healthy, top quality lunch meat.

Gold Coast Wings with Honey BBQ Sauce, Fully cooked. Sweet and tangy, these meaty wings are fully cooked and coated in delicious honey BBQ sauce. Just heat and serve. Great for parties! 5 lb. (50 ct.) #2119 \$22.79

Buffalo West Wings, Fully Cooked 100-140 count, 5 lb. #1933 \$22.79

Oven Roasted Fully Cooked Chicken Wings

Mild Italian flavor, bake in oven.
10-14 wings/lb.
10 lb. case
#4496 \$19.99

www.fosterfarms.com



HOT BUY!



Chicken Cordon Bleu

Chicken Kiev

www.rosepacking.com

8/6 oz. stuffed chicken breasts #3313 \$14.99
Breaded chicken breasts stuffed with creamy butter and savory herbs.

Chicken Cordon Bleu

8/6 oz. stuffed chicken breasts #3312 \$14.99
Breaded chicken breasts stuffed with creamy butter and savory herbs.

This is a great price for stuffed chicken breasts! Competitors charge \$2.83 each, so you save nearly \$1.00 on a 6 oz. portion.



Serving Suggestion

Italian Meatballs

Perfect for pasta or classic meatball subs - all the taste without all the work.
Approx. 32/1 oz. meatballs per 2 lb. bag #3311 \$7.89

Fully Cooked Meatballs

Fully cooked beef and pork. Save almost \$15.00 when you buy a 10 lb. case
160/1 oz. meatballs per 10 lb. box #4919 \$25.59



Bratwurst Links

Maple Sausage Links, raw

160/1 oz. links with skin on in 10 lb. box #4922 \$29.79

Apple Cinnamon Sausage Links, raw

160/1 oz. links with skin on in 10 lb. box #4923 \$29.79

Bratwurst Links, raw

4 oz. links in 3 lb. box #3310 \$9.39



72¢ each!

CinnaPretzel



\$2.23 each!

Tio Pepe Churros



42¢ each!



www.jjsnack.com

SuperPretzel Superstix® Stuffed Pretzel Sticks – Perfect for breakfast or snack.

- 60 ct./2.1 oz. IW.....\$28.99
 ♣ #4122 Cinnamon Bun Sticks
 ♣ #4123 Strawberry Cream Cheese Sticks

Superpretzel® Soft Baked Pretzels – Delicious plain, salted or topped with mustard. Comes with 1/2 lb. of Cinnamon Sugar.

- 20 ct. box.....#1472....\$14.39

CinnaPretzel® with Creamy Icing – A perfect treat for breakfast or lunch your kids will love! IW, each with 1.5 oz. icing.

- 12/6 oz.....#2222....\$27.99

"I love using the J&J Soft Pretzels (#1472). They come frozen and the kids can pull them out one at a time and warm them in the microwave. They come with salt and each person can choose for themselves if they want it on there or not. I love having them plain and then dipping them into a variety of dips, cream cheese, etc."

— Karen Esplin of St. George, UT

The Funnel Cake Factory® Frozen Funnel Cake – Excellent Breakfast or Dessert!

- 48/3 oz. (5")#2046....\$28.99

Minute Maid® Soft Frozen Lemonade

- 24/4 oz. tubes\$18.59

- ♣ #1786 Strawberry
 ♣ #5038 Lemon

Luigi's® Real Italian Ice – Made with Real Fruit Juice. Fat Free, 100% RDA of Vitamin C.

- 24/4 oz. tubes\$16.99

- ♣ #2631 Mango
 ♣ #5039 Cherry
 ♣ #5040 Strawberry
 ♣ #5041 Pomegranate

Barq's® Frozen Root Beer Floats

- 24/4 oz. tubes, **only \$.79 each!**

- #1787\$18.99

Tio Pepe's® Churros – Slightly crispy exterior and warm moist center. Enjoyed by children and adults alike.

- 10" churros come with 1/2 lb. of Cinnamon Sugar.

- 25 ct. box.....#1473....\$10.59



60¢ each!

Funnel Cake



71¢ each!



79¢ each!



Tornados — Soft, flour tortillas rolled in crispy seasoned batter and stuffed with savory meats and real cheeses melted to perfection. Microwave, bake or fry. Case comes with sleeves for each. Case of 24/3 oz.....\$18.09

- ♣ #3951 Steak, Egg & Cheese ♣ #3952 Shredded Beef
 ♣ #3953 Bacon, Egg & Cheese ♣ #2927 Apple Cinnamon
 ♣ #3104 Cheesy Pepper Jack ♣ #3106 Cheese & Pepperoni
 ♣ #3105 French Toast & Sausage ♣ #2925 Southwestern Chicken
 ♣ #2928 Ranchero Beef Steak & Cheese ♣ #2926 Sausage, Egg & Cheese



41¢ each!*

Beef & Bean Chimichangas,* 60/4 oz.#4365.....\$30.39

'Chimi' Rolls, 24/4 oz.....\$28.19

- ♣ #4864 Spicy Steak, Potato & Cheese
 ♣ #4865 Chicken, Green Chili & Cheese

Burritos, 64/4 oz.\$30.39

Packaged in 6 wrapped trays of 10 burritos per tray, not individually wrapped. Product is easy to divide in case. **Just 47¢ each!**

- ♣ #2918 Bean & Cheese ♣ #2919 Beef & Bean
 ♣ #2920 Beef & Bean Green Chili

www.elmonterey.com



44¢ svg!

French Toast Sticks

"Mrs. Butterworth's French Toast Sticks (#1501) are sooo good! You can bake or microwave them, and then drizzle with maple syrup or your choice of topping! They are a big hit with kids and adults! It is a nice change in the morning from cereal. They are fun, fast and easy!"

— Alisa Finlay of Eagle Mountain, UT

Original French Toast Sticks — **Just 44¢ per 4 oz. serving!**

- 2/5 lb. bulk (approx. 176 ct.)#1501.....\$17.49

Other brand of French Toast Sticks: \$2.88/lb.—Save 39%

Whole Grain French Toast Sticks

- 2/5 lb. bulk case.....#3364.....\$19.99

Buttermilk Pancakes, 144 count#1765.....\$19.29

Original Square Waffles, 12/12 ct. (1.27 oz. each) ...#1500.....\$16.69

www.pinnaclefoodscorp.com

Fabulous Frozen Foods



78¢ each!



84¢ each!

Tender 'n Juicy Pork Chops, Bone-in, Center Cut

10 lb box \$33.59

Unheard of pricing for #1 Pork Chops @ just \$3.36/lb.!

☛ #4268 'Petite size' 40/4 oz. **84¢ each***

☛ #4269 'Family size' 32/5 oz. **\$1.05 each**

☛ #4270 'Hungry man' 26/6 oz. **\$1.29 each**

Pulled BBQ Pork with Sauce in "Boil in Bag Pouch"

5 lb. bag #4286 \$22.19

USDA Approved Pork shoulders are hand pulled for traditional appearance, slow cooked for tender BBQ flavor and hardwood smoked for a hearty smoke flavor.

John Morrell® All Meat Franks

5 per pound. 7" length. 10 lb. case #4277 \$26.59

John Morrell® All Meat Polish Sausage

10 lb. case #4291 \$26.49

2/5 lb. bags (frozen), 5 Sausage per pound. **Just 46¢ each!**

Nathan's® 100% Beef Franks, 10 lb. case #4287 \$41.79

Famous for their flavor bite after bite! Packaged as 2/5 lb. bags (frozen), 7" size; 5 franks per pound. **Just 78¢ each!**

www.johnmorrell.com

Turkey Pot Roast, 6 lb. #1597 \$19.99 SALE \$18.29

This precooked Tender Pot Roast is just the answer. Seasoning packet included. Easy to cook in your crock pot on low or in your oven. Start it on Sunday morning and enjoy a delicious lunch. **Only \$3.05/lb. for a precooked Tender Pot Roast!**

Frozen Sliced Turkey Medallions

5 lb. bag #3769 \$25.99

Fully cooked, boneless, skinless, individually sliced turkey tenderloin medallions are full of roasted turkey flavor and whole muscle texture. Ready to serve and delicious for sandwiches, casseroles, salads and so much more.

Butterball Frozen Lean Turkey Burgers

30 ct./10 lb. case \$29.59 SALE \$28.59

Premium ground turkey patties seasoned for real burger lovers looking for a delicious, healthier alternative. Right from freezer to grill, skillet or broiler without thawing—ready-to-eat in just minutes.

☛ #3563 Savory Turkey Burgers (plain white turkey with salt/pepper)

☛ #3564 Southwest Turkey Burgers (plain white with Southwest flair)

☛ #3565 Mediterranean Turkey Burgers (plain white turkey with Mediterranean flavor)

White Turkey Diced Meat 3/8"

5 lb. case #3561 \$13.39 SALE \$12.59

Sliced Turkey Ham, Bologna and Salami Lunch meat

12 lb. case #3562 \$33.89 SALE \$30.99

Turkey Meatballs 1/2 oz. (Precooked and ready to use)

5 lb. bag #3566 \$15.79



Tortellini

Cheese Manicotti

Cheese Manicotti – Just add your favorite sauce and bake for 10 minutes for a delicious, old-world style dinner. 72/2.25 oz. filled tubes.

10.13 lb. #3948 \$38.19 SALE \$33.09

Breaded Square Ravioli – (25 pieces per lb. = 150 ct.) 6 lb. bulk box.

Precooked Medium Square Specialty Ravioli. Fry.

☛ Breaded Cheese Ravioli #4681 \$27.99

☛ Breaded Meat Ravioli #4682 \$31.99

☛ Breaded Spagnoli Ravioli #4683 \$31.99

Tortellini Six Cheese Pasta

(49 pieces per lb.) 6 lb. case #3486 \$36.19

Pre-cooked Medium Square Ravioli (25 pieces per lb.)* 8 lb. case

☛ Meat Ravioli #3484 \$28.89

☛ Spinach & Cheese Ravioli – Please note that these are NOT striped.

Spinach and Egg. .64 oz. Square, Ravioli filled with imported Ricotta Cheese... A true taste of Italy (25 pieces per lb.)*

8 lb. case #3947 \$31.49 SALE \$28.69

Cheese Ravioli, 8 lb case #3485 \$28.29

All items have a 7-10 day refrigerated life if using entire 'boil-in-bag'.

*Packaged 4-2 lb. for ease of freezing

www.carlaspasta.com

Turkey Ground Frozen #1 Meat 85% lean/15% fat

12/1 lb. chubs #3568 \$18.29

Frozen Turkey Mignons, (tender turkey breast wrapped in bacon)

Only **\$1.82 each** for a delicious, great tasting entrée!

24/5.5 oz. Vacuum Sealed, IW #3559 \$45.99 SALE \$43.79



Tender Bacon-Wrapped Turkey Mignon

"I have a customer who orders the Butterball Turkey Mignons (#3559) every time they are available. Her husband doesn't like red meat but he loves these. He says they are very tender and delicious."

— Cheryl Ferrero of Bayard, NE

Refrigerated Foods/Cheese

String Cheese Low Fat Mozzarella

WOW! Only 25 cents each! 4 for \$1.00 is the best deal you will ever find for String Cheese!

36 ct. IW.....#5050
\$8.99



25¢ each!

"Cheese lovers said the flavor and texture of the Cache Valley Mozzarella String Cheese was more like 'real' or 'expensive' cheese. My kids eat them up as fast as I can hand them out! I like the Cache Valley brand, plus I like to support a Utah company."

— Natasha Dansie of Nephi, UT



100% Natural Cheese
2 lb. re-sealable blocks

- #5042 Mild Cheddar
- #5043 Medium Cheddar
- #5044 Sharp Cheddar
- #5045 Monterey Jack
- #5046 Colby/Jack (Marbled)

\$7.69

Fancy Shredded
100% Natural Cheese
2 lb. re-sealable bags

- #5047 Mild Cheddar
- #5048 Mozzarella
- #5049 Cheddar & Monterey Jack

\$7.69



Processed American & Swiss Sliced Cheese

Variety case of 6 packages each of American and Swiss. Cost per package is only \$1.75!

12/8 oz. pkg/case.....#5051

\$20.99

NEW!

»NEW!« Cache Valley
Processed American Slices
120 ct/5 lb. block.....#5152
\$16.89



100% Natural Sliced Cheese

24 oz. pkg.

- #5052 Mild Cheddar
 - #5053 Provolone
- \$5.29**

www.cachevalleydairy.com



Serving Suggestion



REAL Kraft® Fresh Grated Parmesan

Very fine; what you find in the Green cans in the grocery store. Use as a pizza topping or as an ingredient when you don't want too much texture. Sprinkle on salads, casseroles and sandwiches. Shelf life is 5 months refrigerated.

1 lb. bulk bag

#1683.....\$7.99

www.kraftfoods.com

Kraft® Grated REAL Parmesan retail cost @ \$10.99 per lb. VS our cost @ \$7.99! SAVE 27% on our 1 lb. bulk bag!

The only pomegranate juice backed by \$25 million in medical research.



"I went on a colon cleanse as well as two other cleanses. POM Pomegranate Juice (#4733) juice made a lot of the herbs go down easier. They came in a really handy package of six. POM is our favorite juice because it is pure juice, no additives."

— Stephen and Robin Keith of St. George, UT

POM 100% Pomegranate Juice*

Pomegranate Juice, 8/8 oz. plastic bottles

Save 30% off retail!

#4733.....\$18.09

Pomegranate Juice and Blends

6/16 oz. plastic bottles.....\$23.99

- » #4734 Pomegranate Juice
- » #4736 Pomegranate Tangerine Juice
- » #4737 Pomegranate Blueberry Juice
- » #4738 Pomegranate Cherry Juice

*Product must be refrigerated. We ship refrigerated.



One pilot study on 19 patients with atherosclerosis (clogged arteries) at the Technion Institute in Israel demonstrated a reduction in arterial plaque growth. After one year, arterial plaque decreased 30% for those patients who consumed 8oz of POM Wonderful 100% Pomegranate Juice daily, compared to a 9% worsening for patients who drank a placebo.

www.pomwonderful.com

Alison's Pantry™ Gourmet Mixes

"I served the Scrumptious Raspberry Muffin Mix (#2309) in mini-loaf form to my customers at a recent open house, and they loved it! Many will be ordering the mix on their next order."

— Jolyn Hughes of Eckert, CO

Scrumptious Raspberry Muffins



SALE!
16¢
each!

Delectable Blueberry Muffins



SALE!
16¢
each!

"Please, PLEASE do not ever get rid of the Delectable Blueberry Muffin Mix (#2308). My kids and I love it! I often run out and we can hardly wait for the truck to come in."

— Toni Milburn of Billings, MT

Golden Cake Donut Mix

Tantalize your senses with this simple to prepare cake donut mix.

Yield per bag: approx. 46 donuts
#4912 \$6.99

Old Fashioned Raised Donut Mix

Making your own donuts is so simple. Just mix, raise, fry and serve!

Yield per bag: approx. 46 donuts
#4913 \$5.99

Donut Cutter, Cuts 3-1/2" donuts, 1-3/4" high, stainless steel.

#4915 \$3.49



MARVELOUS MUFFINS—

Scrumptious Raspberry Muffin Mix

For just 18¢ each you can make meals or snack time special.

Yield per bag: approx. 45/2 oz. muffins.

#2309 \$8.19

SPECIAL \$7.39

Delectable Blueberry Muffin Mix

These scrumptious muffins are sure to draw rave reviews from everyone in your family.

Yield per bag: approx. 45/2 oz. muffins

#2308 \$7.99

SPECIAL \$7.19

BREADS & BISCUITS—

Country Style White Bread Mix

Knead it by hand the traditional way, or use it in bread machine.

Yield per bag: approx. 3 loaves.

#2091 \$5.69

Wonderful Wheat Bread

Fragrant, delicious, and healthful loaves, either in a bread machine or by hand. Make easy rolls!

Yield per bag: 3 loaves.

#1964 \$5.69

Flaky Buttermilk Biscuit Mix

Golden brown, with a balanced flavor and a touch of sweetness.

Yield per bag: approx. 40 – 48/2" biscuits.

#2093 \$7.69

BREAKFAST FARE—

Old Fashioned Buttermilk Pancake Mix

Tasty, old fashioned, fluffy pancakes & wonderful waffles.

Yield per bag: approx. 96/4" pancakes

#1822 \$5.99

BULK (25 lb bag): Save \$9.51!

#2128 \$27.99

'Down Home' Cornbread Mix

Slightly sweet, with a fresh corn taste.

Yield per bag: approx. 43/2 oz. muffins or

3/9"x13" pans. #2094 \$7.99

Sweet Potato Pancake & Waffle Mix

Delicious in pancakes and waffles or can sweeten up your favorite recipes.

Yield per bag: approx. 48/4" pancakes.

#1967 \$10.99

SWEET SNACKS & DESSERTS—

Classic Crème Cake & Muffin Mix

One mix does it all! Makes multiple treats, from cakes to cookies. Add your favorite fillings, toppings, or stir-ins.

Yield per bag: approx. 48/2 oz. muffins.

#1823 \$7.69

Supreme Sweet Roll Mix

Simple, delicious and oh so yummy! This is a perfect addition to your pantry.

Yield per bag: approx. 40 rolls.

#1833 \$6.99

Richly Delicious Fudge Brownie Mix

Moist, chocolately—guaranteed to please even the pickiest!

Yield per bag: approx. 72/2" x 2" brownies.

#1824 \$7.69

Heavenly Angel Food Cake

Yield per bag: approx. 5/18 oz. cakes.

#2815 \$10.99

Chocolate Crème Cake & Muffin Mix

The chocolate counterpart to our Classic Crème Cake, and just as versatile. Out of this world!

Yield per bag: approx. 48/2 oz. muffins.

#1834 \$7.69

Soft 'n Chewy Pretzel Mix

The perfect after school snack. (Add yeast and water.)

Yield per bag: approx. 32 pretzels.

#1900 \$7.69

Chunky Pretzel Salt 1 lb. bag

#1901 \$1.99

GOURMET COOKIES—

Pumpkin Chocolate Chip Cookie Mix

An old-fashioned favorite with children. Just add oil and canned pumpkin.

Yield per bag: approx. 92 cookies.

#1966 \$7.69

Marvelous 'n Chewy Macaroon Mix

Dip them in melted chocolate or drizzle with chocolate for an elegant touch.

Yield per bag: approx. 60 cookies.

#1965 \$10.39

Alison's Chocolate Chip Cookie Mix

Yield per bag: approx. 96/2" cookies.

#2569 \$7.99

"The Luscious Éclair & Crème Puff Mix (#4914) is GREAT! I had a customer who ordered and made the Crème Puffs. They tasted just like from scratch! She filled them with Dawn Bavarian Cream (#1638) and whipped cream... yummy. I will be ordering some for myself and giving my customers a real treat when it comes in!"

— Robin Manning
of Bainville, MT

Luscious Éclair and Crème Puff Mix

Just add hot water! Scoop dough onto pan for crème puffs, or pipe dough into strips for éclairs. Simply let cool and fill with whipped cream, pudding, fruit filling, or even chicken salad.

4 lb. re-sealable bag.

Yield per bag: approx. 42 crème puffs.

#4914 \$16.99

Delisheries

NEW!



INTRODUCING OUR NEWEST LINE OF GOURMET BAKING MIXES

NEW Delisheries® Natural Gourmet Baking Mixes

- Enjoy fresh homemade cookies warm from the oven with our new gourmet mixes. Each 37 oz. re-usable tub yields 3 pounds of delicious cookies.

All cookie mixes yield 48 cookies

37 oz. tub.....\$6.49

»NEW!« ♣ #5092 Oatmeal Raisin Cookie Mix

Old-to-new-again favorite oatmeal cookie combining the natural sweetness of dark raisins with brown sugar and cinnamon.

»NEW!« ♣ #5093 Jezebels Cookie Mix (Triple

Chocolate Chip) - The ultimate chocolate chip cookie with three, count 'em, three kinds of chocolate chips in the mix.

»NEW!« ♣ #5094 Snickerdoodle Cookie Mix

Grandma's classic: a whimsical, simply delicious cinnamon-sugar cookie. Best by the fistful for the child in each of us.

»NEW!« ♣ #5095 Sugar Cookie Mix

A classic roll, cut, and decorate cookie that family members of all ages will enjoy. Red and green sprinkles are included for decorating your tasty creations.

»NEW!« ♣ #5096 Chocolate Charlies Cookie Mix

(Double Chocolate Chip) - This doubly delicious chocolate cookie is loaded with white and dark chocolate chips to satisfy your chocolate cravings.

»NEW!« ♣ #5097 Chocolate Chunk Cookie Mix

A taste-tingling chocolate chunk cookie, chewy with brown sugar and vanilla, chunked with semi-sweet chocolate... so incredibly delicious you'll want to have more and more.

»NEW!« ♣ #5098 Cranberry Chippers Cookie Mix

A unique white chocolate chip cookie with tart bites of tangy dried cranberries and chewy oatmeal.

»NEW!« ♣ #5099 Mississippi Muddles Brownie Mix

Moist, fudgy brownies, super dark from Dutch processed cocoa, with white and milk chocolate chips.

Yield: 2-9x9 pans.

Delisheries Cookie Dough Mixes are made with simple, wholesome ingredients. Each mix has an alternative lower fat preparation instruction.



Oatmeal Raisin



Jezebels



Snickerdoodles



Sugar Cookies



Chocolate Charlies



Chocolate Chunk Cookies



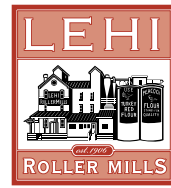
Cranberry Chippers



Mississippi Muddles Brownies



Serving Suggestion



Heart Healthy Mixes

- ♣ No Preservatives Added
- ♣ Low in Total Fat
- ♣ Excellent Source of Dietary Fiber
- ♣ 0g Trans Fat
- ♣ Excellent Source of Calcium
- ♣ Just add water!
- ♣ 900 mg Omega 3/serving



Made with Organic Whole Wheat Flour
www.lehirollermill.com

Whole Grain Heart Healthy Hotcakes

5 lb. box, Just add water #4160\$12.99

Heart Healthy Multigrain Muffin Mix

4-1/2 lb. box, Just add water #4966\$12.99

Heart Healthy Oatmeal Cookie Mix

4-1/2 lb. box, Just add water #4967\$12.99

Whole Grain Heart Healthy Hotcakes

20 oz. box, Just add water #4159\$3.29



Lehi Roller Mills Gourmet Pancake Variety Mixes

Single Flavors, 2 lb. cloth bags each.....\$6.99

♣ #4195 Cinnamon Spice

♣ #4196 Lehi Pride

♣ #4194 Blueberry Buttermilk



Barbara's Country White Bread Mix*

5 lb. bag #4450\$4.99

Barbara's Cracked Wheat Bread Mix*

5 lb. bag #4193\$4.99

*For use in bread machines or 'by hand'. Add water and yeast.

\$ Fundraiser Opportunity \$

These new Gourmet Cookie Mixes are a perfect fundraiser opportunity for your organization! Colorful brochures are available @ 15¢ each. The suggested sale price of tubs: \$15.00.

Please call your Distributor for more details.



Mrs. Wilson's® Funnel Cake Mix – Make your own funnel cakes just like at the State Fair!

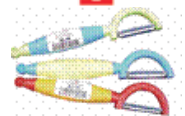
5 lb. box.....#5037.....\$8.29

Alison's Pantry™ Fresh Bulk Spices

FREE OFFER

Purchase \$25.00 worth of our AP Spices (any items on page 16-17) and receive **ABSOLUTELY FREE** a Swiss Kitchen Peeler with a Serrated, Stainless Steel Blade (assorted colors) - a \$6.00 value!
Use item code #5138

**KUHN
RIKON**
SWITZERLAND



All spices come in 1lb bags unless otherwise noted.

☛ Baking Basics ☛

| | | |
|----------------------------------|------------|---------|
| Allspice, Ground..... | #1000..... | \$8.59 |
| Allspice, Whole..... | #1431..... | \$7.89 |
| Apple Pie Spice..... | #1001..... | \$4.89 |
| Caraway Seeds, Whole..... | #1002..... | \$5.19 |
| Saigon Ground Cinnamon..... | #3626..... | \$6.99 |
| Cinnamon, Ground Korintji..... | #1005..... | \$3.79 |
| Cloves, Ground..... | #1006..... | \$10.69 |
| Cloves, Whole..... | #1007..... | \$9.19 |
| Cream of Tartar..... | #1008..... | \$8.39 |
| Ginger, Crystallized, ½ lb..... | #1434..... | \$4.99 |
| Ginger, Ground..... | #1420..... | \$5.49 |
| Nutmeg, Ground..... | #1010..... | \$11.89 |
| Nutmeg, Whole, ½ lb..... | #3441..... | \$13.89 |
| Orange Zest Granules, ¼ lb..... | #1669..... | \$5.89 |
| Poppy Seeds..... | #1011..... | \$8.39 |
| Pumpkin Pie Spice..... | #1012..... | \$6.19 |
| Sesame Seeds, White, Hulled..... | #1034..... | \$5.39 |
| Zesty Lemon Zest, 1/4 lb..... | #1433..... | \$5.89 |

☛ Canning Spices ☛

| | | |
|---------------------------------|------------|--------|
| Alum Powder..... | #1439..... | \$5.69 |
| Celery Seed, Whole..... | #1429..... | \$4.99 |
| Cumin, Ground..... | #1442..... | \$7.09 |
| Cumin Seed, Whole..... | #1855..... | \$6.59 |
| SPECIAL \$5.69 | | |
| Dill Seed, Whole..... | #1530..... | \$4.39 |
| SPECIAL \$3.79 | | |
| Dill Weed, ½ lb..... | #1856..... | \$9.79 |
| SPECIAL \$8.39 | | |
| Mustard Seed, Whole Yellow..... | #1857..... | \$3.69 |
| SPECIAL \$3.19 | | |
| Pickling Spice Blend..... | #1853..... | \$5.09 |
| SPECIAL \$4.39 | | |

☛ Dips & Dressings ☛

| | | |
|----------------------------------|------------|--------|
| Coleslaw Seasoning Blend..... | #1699..... | \$3.29 |
| Dilly Dill Dip Mix..... | #1421..... | \$6.09 |
| Guacamole Seasoning, ½ lb..... | #2588..... | \$3.89 |
| Hearty Vegetable Dip Mix..... | #1422..... | \$6.69 |
| Italian Salad Dressing Seas..... | #1698..... | \$5.29 |
| Lip Smackin' Chipotle Ranch Dip | | |
| ½ lb. bag..... | #2589..... | \$5.39 |
| Onion Soup & Dip Mix..... | #1025..... | \$4.49 |
| Popeye's Spinach Dip Mix..... | #1423..... | \$7.89 |
| Potato Salad Seasoning..... | #1820..... | \$5.79 |
| Rosie's Ranch Buttermilk | | |
| Dressing..... | #1032..... | \$6.49 |
| Salsa Seasoning..... | #1898..... | \$5.39 |
| Tasty Tomato Herb Dip, | | |
| ½ lb. bag..... | #2590..... | \$3.99 |
| Tuna Salad Seasoning..... | #1700..... | \$4.99 |

☛ Menu Essentials ☛

| | | |
|----------------------------------|------------|---------|
| Basil, Imported, Cut/sifted..... | #1443..... | \$5.09 |
| Bay Leaves, ½ lb..... | #1753..... | \$8.49 |
| Bell Peppers, Dried, 1/2 lb bag | | |
| Green..... | #2683..... | \$5.39 |
| Red..... | #2682..... | \$5.39 |
| Cayenne Pepper..... | #1418..... | \$4.89 |
| Celery, Diced, ½ lb..... | #3232..... | \$5.89 |
| Celery Salt..... | #1427..... | \$2.59 |
| Chili Powder, Mild..... | #1014..... | \$5.89 |
| Red Hot Chili's [dried]..... | #3539..... | \$5.49 |
| Chives, ½ lb. bag..... | #3436..... | \$9.29 |
| Curry Powder, Mild..... | #1419..... | \$4.49 |
| Garlic Granules..... | #1948..... | \$5.89 |
| Garlic, Minced..... | #1020..... | \$5.89 |
| Garlic Pepper..... | #1018..... | \$6.49 |
| Garlic Pepper, Coarse grind..... | #3629..... | \$6.69 |
| Garlic Powder..... | #1021..... | \$5.69 |
| Garlic Salt, Classic Blend..... | #1019..... | \$2.39 |
| Garlic Supreme..... | #2592..... | \$5.79 |
| Italian 'n' Pizza Seasoning..... | #1432..... | \$5.99 |
| Leah's Lemon Pepper..... | #1022..... | \$4.49 |
| Meat Tenderizer, | | |
| Unseasoned..... | #1438..... | \$3.09 |
| Mustard Seed Powder..... | #1428..... | \$4.89 |
| Onion, Chopped..... | #1026..... | \$5.29 |
| Onion Salt, Classic Blend..... | #1024..... | \$2.79 |
| Onion Powder..... | #1027..... | \$5.09 |
| Oregano, Mediterranean..... | #1445..... | \$12.89 |
| Paprika, Mild..... | #1697..... | \$5.49 |
| Parsley Flakes, ½ lb..... | #1426..... | \$5.99 |
| Pepper, Black..... | #1029..... | \$7.59 |
| Pepper, Black, Coarse Grind..... | #1028..... | \$7.59 |
| Pepper, White, Table Grind..... | #3437..... | \$9.29 |
| Peppercorns, Whole, Black..... | #1030..... | \$7.59 |
| Peppercorns, 5 Blend, ½ lb..... | #3438..... | \$9.19 |
| Poultry Seasoning, Ground..... | #1031..... | \$5.39 |
| Sage, Ground..... | #1752..... | \$8.29 |
| Thyme, ½ lb., Cut & sifted..... | #1444..... | \$4.79 |
| Turmeric, Ground..... | #1832..... | \$4.99 |

☛ Marinades & Rubs ☛

| | | |
|-------------------------------|------------|--------|
| Cracked Peppercorn Herb | | |
| Roasting Rub..... | #3627..... | \$6.49 |
| Roasted Garlic & Bell Pepper | | |
| Seasoning..... | #3628..... | \$6.59 |
| Barbecue Spice Blend..... | #1440..... | \$3.89 |
| Spicy Confetti BBQ..... | #1895..... | \$6.19 |
| Herbs d' Provence, ½ lb..... | #2750..... | \$4.69 |
| Honey Mustard Rub..... | #2747..... | \$4.89 |
| Lemon Rosemary Rub..... | #2748..... | \$4.89 |
| Montreal Herb Seasoning..... | #1437..... | \$4.89 |
| Montreal Steak Seasoning..... | #1023..... | \$4.79 |
| Pulled Pork Rub..... | #2749..... | \$4.69 |
| Roasted Garlic/Red Pepper | | |
| Bread Dip..... | #2751..... | \$6.29 |
| Seafood Blend..... | #2591..... | \$6.19 |
| Seasoning Salt..... | #1033..... | \$2.89 |
| Southwest Mesquite..... | #1897..... | \$5.39 |
| Teriyaki..... | #1896..... | \$4.79 |

☛ Meal Musts ☛

| | | |
|---------------------------------|------------|--------|
| Cajun Seasoning..... | #1417..... | \$4.69 |
| Chili Seasoning Mix..... | #1015..... | \$4.59 |
| Emma's Enchilada Seas. Mix..... | #1016..... | \$4.09 |
| Fabulous Fajita Seasoning..... | #1017..... | \$4.89 |
| Hearty Bean Seasoning..... | #1670..... | \$4.99 |
| Mom's Meatloaf Seasoning..... | #1535..... | \$6.29 |
| Mucho! Mexican Seasoning..... | #2816..... | \$4.69 |
| Mushroom Soup/Strog. Mix..... | #1672..... | \$7.39 |
| Olé Taco Seasoning..... | #1037..... | \$4.69 |
| Savory Stew Seasoning..... | #1540..... | \$3.79 |
| Sloppy Joe Seasoning Mix..... | #1035..... | \$3.49 |
| Spanish Rice Seasoning..... | #2105..... | \$5.69 |
| Superb Spaghetti Seas. Mix..... | #1036..... | \$3.89 |
| Tony's Pizza Top. Blend..... | #3234..... | \$6.69 |

☛ Sprinkles for Every Table ☛

| | | |
|------------------------------|------------|--------|
| Pronto Potato Topper..... | #3233..... | \$6.49 |
| Salad Sprinkles Supreme..... | #1701..... | \$5.39 |
| Bacon Bits, Imitation..... | #1013..... | \$4.79 |
| French Fry Seasoning..... | #1441..... | \$4.19 |
| Cinnamon/Vanilla French | | |
| Toast Sugar..... | #1536..... | \$3.09 |

"My children used to remove green peppers from any food I snuck them into. Recently one of my daughters started requesting them on her pizza, so I thought the pepper may be making a comeback. I wasted no time trying to find



recipes to incorporate the flavorful green veggie, but it seems I was out of the habit of buying green peppers. I always forgot to pick one up at the grocery store. Enter dried bell peppers! The photo above shows the Alison's Pantry Dried Green Bell Peppers (#2683) that I now keep at the ready. Life just got more flavor! I love these things! Not only are they always available for my recipes, but I love that these ones are in 3/8" dices. They are nice and small so my picky children don't notice what is making their food taste so good. And this saves me the time of washing, chopping. They are great for pasta salads, spaghetti sauces, and more. The shelf life is at least a year, but you can vacuum seal the unused dices in a mason jar or freeze them to extend the lifespan."

— Kim Henke of AllAboutFoodStorage.com

Alison's Pantry™ Fresh Bulk Spices

Thanks to Kathy Deleeuw for these and other delicious recipes. Find them online at www.alisonspantry.com; just click on Recipes.

SALE

Dill Seed Whole
1 lb. bag....#1530....\$4.39
SPECIAL \$3.79



Carrots in Dill Butter

"Everyone knows that Dill Seeds are a must for dill pickles but did you ever try it in potato salad? Or cole slaw? And how about fish? Dill seeds taste similar to dill leaves, but a little more bitter. During the Roman Empire, dill seeds were used to cure hiccups and stomach upset at banquets."

— 'Sassy Sister' Kathy Deleeuw

SALE

Cumin Seed Whole
1 lb. bag....#1855....\$6.59
SPECIAL \$5.69



Roasted Citrus Chicken with Cumin Seeds

"Cumin seeds pack a punch when it comes to adding a nutty and peppery flavor to chili and other Mexican and Tex-Mex dishes. To really bring out their flavor, lightly toast the cumin seeds in a dry skillet before using in a recipe."

— 'Sassy Sister' Kathy Deleeuw

SALE

Pickling Spice Blend
1 lb. bag....#1853....\$5.09
SPECIAL \$4.39



"Pickling spice not only makes great pickles, it also can be used to add flavor to braised meats, stews, beans, rice dishes, and corned beef. Place desired amount of pickling spice in cheesecloth, tying it tightly with a long piece of string. Leave a few inches of extra string to remove the spice bag after cooking. Use in slow cooker recipes, pot roasts and stews, braised meats, soups, and rice dishes. You will be surprised how much flavor is added!" — 'Sassy Sister' Kathy Deleeuw

SALE

Mustard Seed, Whole Yellow
1 lb. bag....#1857....\$3.69
SPECIAL \$3.19



Mustard Pork Tenderloin

"Yellow mustard seed is used in pickling, sausage-making, sauer kraut, and in spice rubs for meat, as shown above. Use as is, or lightly toast in a dry skillet before using to deepen the flavor."

— 'Sassy Sister' Kathy Deleeuw

SALE

Dill Weed
1/2 lb. bag....#1856....\$9.79
SPECIAL \$8.39



Imitation Crab Salad with Dill

"Dill Weed, with its delicate flavor, enhances fish, shellfish, vegetables, and dips. It's especially good in this Imitation Crab Salad. You can find the recipe at alisonspantry.com, then click on Recipes."

— 'Sassy Sister' Kathy Deleeuw

☛ Spices in Containers ☛

Bacon Bits, Imitation, 10 oz.#4228\$5.99
Chili Seasoning Mix, 1.25 lb....#3902\$7.69
Cinnamon, Ground, 1 lb.#1844\$6.19
Cinnamon Vanilla French Toast Sugar
28 oz.#3894\$6.49
French Fry Seas., 1.5 lb.#4229\$7.19
Garlic Salt, Classic, 2½ lb.#1851\$6.29
Italian 'n Pizza Seasoning
10 oz.#3904\$6.89

Mom's Meatloaf Seasoning
1.25 lb.#3903\$8.79
Montreal Steak Seas., 1.5 lb.#4227\$7.59
Olé Taco Seasoning, 1 lb.#1846\$5.89
Onion Soup & Dip, 1½ lb.#1845\$8.99
Onions, Chopped, 14 oz.#1847\$6.19
Onions, Minced, 1 lb.#1848\$6.49
Pepper, Black Table Grind ...#1843\$8.59
Poppy Seeds, 20 oz.#1852 .. \$11.59

Rosie's Ranch Buttermilk Dressing
24 oz.#3893\$9.99
Saigon Ground Cinnamon
14 oz.#3892\$8.79
Salad Sprinkles Supreme
1.25 lb.#4230\$6.49
Seasoning Salt, 1¼ lb.#1849\$5.99
Sesame Seeds, 1 lb.#4508\$6.99
Spaghetti Seas. Mix, 1¼ lb.#1850\$5.89
Whole Caraway Seeds, 1 lb.#4507\$6.29

Best Baking Products



Perfect release every time!

Serving Suggestion

"The Bak-klene No Stick Bread Pan Coating (#2127) is amazing. I like to make bread and rolls on occasion and find that sometimes they stick on the bottom. I started to use the Bak-klene spray and the bread just slips out of the pan easily! It makes life easier and the bread comes out beautifully!"
— Alisa Finlay of Eagle Mountain, UT

Vegalene® Pan and Grill Spray

✿ All natural, trans-fat free. 21 oz..... #1212\$7.19

Vegalene® Canola Pan Coating, 16.5 oz..... #1949\$6.39

Waffle Off®, 14 oz. #1575\$5.49

Bak-Klene® All Purpose Spray 13 oz..... #1213\$5.19

Bak-Klene® No Stick Bread Pan Coating, 14 oz..... #2127\$5.39

SPECIAL \$4.89

Buttery Delite®, 13 oz. #1576\$5.49

Garlic Mist®, 13 oz #1577\$5.49

Olive Mist®, 13 oz..... #1578\$6.09

Puricit® Citrus Air Freshener, 6 oz..... #1579\$4.29

www.parway.com



Stock up on our baking essentials; beginning with fresh product in your baking assures you of an excellent finish. Why not replenish your supplies with these terrific prices?

Clabber Girl® Baking Powder

5 lb. tub..... #2847\$8.89

Clabber Girl® Baking Soda

5 lb. tub #2848\$4.49

Clabber Girl® Cornstarch

3.5 lb. tub #2849\$3.99

Clabber Girl® Biscuit & Baking Mix

6 lb. pail #3151\$8.29

Mix up everything from pancakes to Apple Streusel Cake with one easy mix! All natural, no preservatives, 0g Trans Fat, cholesterol-free. For recipes from Clabber Girl, visit their web site.



Baking Powder [Aluminum Free]

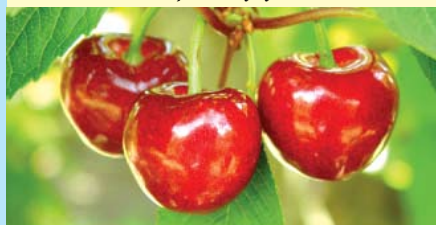
5 lb. tub #2850\$11.69

www.clabbergirl.com



Alison's Pantry™ Powdered Flavorings

Formerly available to bakeries only, these flavorings have NO Alcohol, NO Preservatives and won't bake out! Use in place of liquid flavorings. 1-year shelf life.



Cherry Chews

2 c flour
3 eggs beaten
¾ tsp baking powder (#2847)
1 tsp Sweet Vanilla Powder (#1534)
1-½ tsp Old Fashioned Almond Powder (#1829)
¾ c butter, melted and cooled
1 c chopped, drained Maraschino cherries
½ to 1 c chopped Almonds (#3958)

Mix dry ingredients. Make a well in center; add eggs and butter. Mix well. Add Almonds and Cherries. Pat dough into greased 9" x 13" pan. Bake at 350 for 25 minutes. They should be very soft/chewy.

✿ Sweet Vanilla Powder Artificial Flavoring
4 oz..... #1534\$4.99

✿ Old Fashioned Almond Powdered Natural Flavoring, 4 oz. #1829\$6.99

SPECIAL \$5.99

✿ Luscious Lemon Natural & Artificial Flavoring Powder, 4 oz. #3636\$5.99

✿ Sassy Strawberry Natural & Artificial Flavoring Powder, 4 oz. #3635\$5.99

✿ Sweet Vanilla Powder Artificial Flavoring 3-Pack, **Save \$1.98!**
3-4 oz. jars #1325\$12.99

✿ Fruity Powdered Flavoring Variety Pack
Contains: Sassy Strawberry, Luscious Lemon and Sweet Vanilla Powders. **Save \$2.00!** 3-4 oz. jars #4235\$14.99

✿ Powdered Flavoring Combination Pack
Contains: Sweet Vanilla, Old Fashioned Almond and Luscious Lemon Powders. **Save \$3.98!** 3-4 oz. jars #1831\$13.99

✿ AP Powdered Flavoring Recipe Booklet
Full of delicious recipes using our powdered flavorings #4357\$5.00

**FREE Recipe Booklet
included with each Variety Pack!**



Serving Suggestion

Baking Essentials—

Blueberry Flavored Bits

Add to muffins, pancake batter, cookies and breads. Designed specifically for baking. Store in dry place for up to one year.

1.5 lb. bag..... #2775\$4.99

Gerken's® Mini Cinnamon Drops

2 lb. bag..... #2776\$5.99

Home Brand® Light Corn Syrup,

1 gallon #1862\$10.79

Thompson Seedless Raisins

Add to breads and muffins for rich flavor.

10 lb. #1137\$17.89

Best Baking Products



Ready to use 2 lb. bagged fruit filling, perfect for topping your desserts, making them not only beautiful but incredibly delicious.

- ✦ Royal Apricot....#3821\$5.19
- ✦ Bavarian Cream#1638\$2.39
- ✦ Cream Cheese...#1639\$3.69
- ✦ Apple#1640\$3.59
- ✦ Blueberry#1641\$2.89
- ✦ Cherry#1642\$2.79
- ✦ Lemon#1643\$1.99
- ✦ Raspberry#1644\$3.79
- ✦ Strawberry.....#1645\$3.09

www.dawnfoods.com



Serving Suggestion

Decorating Sprinkles

- 8 oz. tub.....\$2.49
- ✦ Rainbow#4069
- ✦ Lavender#4070
- ✦ Chocolate.....#4071
- ✦ Pink.....#4073
- ✦ Spring Mix.....#4072

SAVE 66% or \$4.70 per 8 oz. tub compared to retail WOW!

"I have used SAF Instant Yeast (#2446) for my bread baking for many years now. I can add it to the other ingredients without having to "soften" the yeast ahead of time. Also, I like that I can depend on SAF yeast to give my whole wheat bread the light, fluffy texture my family loves! Bakers can't go wrong with SAF yeast."

— Sonya Abraham of St. George, UT



SAF® is the world's best selling yeast. It is the preferred yeast of professional bakers. Freeze for best freshness, and use right from freezer—no thawing necessary.

- SAF® Instant Yeast No proofing, mix directly with dry ingredients. 1 lb.....#2446.....\$3.49
- RED STAR** Active Dry Yeast (Must re-hydrate) 1 lb.....#2400.....\$3.29

- Double Acting Aluminum FREE Baking Powder 5 lb. Plastic E-Z Open Container.....#1205.....\$12.89

www.safyeast.com



»NEW!« Arrezzio Extra Virgin Olive Oil

Arrezzio Extra Virgin Olive Oil is good for you. High in monounsaturated fat, it can help lower LDL or 'bad' cholesterol levels. It is also a good source of antioxidants. This highly regarded oil lends a taste of the Mediterranean to your favorite dishes. Imported from Italy. 18 month shelf life if kept in cool, dark place.

- One Gallon Tin.....#5150
- \$26.09**



NEW!

"Bakery Bread Bags (#1647 or #4238) are perfect to have around for giving cookies to neighbors and storing all kinds of foods. They are so handy!"

— Ashley Bastian of Roosevelt, UT



6¢ each!

Bakery Bread Bags – For just 6¢ each, you can bag up your bread, muffins, and cookies just as professional bakeries do. Poly .001 mil bags. 15" length. 100 ct.....#1647.....\$5.59

COMPARE Catalog Sales at \$18.95/100 bags VS ours at \$6.49/100 - SAVE an amazing 71%!

Bakery Bags for Dinner Rolls – 8" x 4" x 18" length. Poly .001 mil bags, perfect size for dinner rolls and hoagies; a bit longer than our Bread bags and priced just right! What a deal @ just 5¢ per bag! 100 ct.....#4238.....\$4.99

COMPARE Catalog Sales at \$15.95/100 bags VS ours at \$4.99/100 - SAVE an amazing 69%!

Garlic Foil Bags, 25 per order.....#4910.....\$4.99
Just 25¢ each! These are just like the stores give when you buy a fresh loaf of garlic bread at the bakery or cash register. Enjoy fresh baked Garlic Bread at home the easy and more economical way.

Bread Bag Twist Ties – white, 3¾" long. 2000 ct...#2057.....\$4.99

Baking Cups, 2" bottom, 4½" circle, 1¼" side wall, for muffins or cupcakes. 500 ct. paper#1646.....\$4.89

Mini Baking Cups, 1½" bottom, 3½" circle, 1" side wall. For Mini Muffin Pan (#1556), candy, nut cups, etc. 500 ct.....#2058.....\$3.79

Most food storage calculations encourage families to store about 60 lbs. of sugar per person per year. This total can include honey, molasses, gelatin, jams and jellies, and corn syrup.

Pantry Pointer



Honey Butter

- 1 c Rocky Mountain Honey (#1307)
- 1 c butter, softened
- 1 tsp Sweet Vanilla Powder (#1534)
- Combine honey, softened butter and Vanilla Powder. Beat with an electric mixer on high speed for about 3 minutes until thickened. Put into jars and refrigerate. Keeps up to 4 weeks in refrigerator.

- Regular Honey, 4 lb. tub#1307.....\$12.69
- Regular Honey, 42 lb. pail.....#1309.....\$122.39
- Creamed Honey, 4 lb. tub#1308.....\$12.69

Bakery Bread Bags are great for freezing your garden's harvest; double bag for extra protection! 19

Pantry Basics



Whole Wheat Flour www.lehirollermill.com
Milled from the entire wheatberry. All natural, no preservatives. 25 lb.#2284\$13.99

Strong Baking Flour, Unbleached
25 lb., Reg.#2285\$13.99

Germade, 25 lb.
Plain#2281\$17.99
Strawberry & Cream#2282\$23.99
Maple Brown Sugar#2283\$23.99

Cracked Wheat Cereal 25 lb.#2280\$23.99

Turkey Brand® Wheat in Bucket
Ready for storage — What could be simpler and put your mind more at ease? Preparedness should be our #1 family goal in 2009. Let us help!
Triple cleaned wheat in a bucket with handle/lid ready for storage. Recommended storage life: 20 years. 45 lb.\$34.99
☛ #2248 Hard White Wheat
☛ #2249 Hard Red Wheat



Quick Cooking Oats
25 lb.#1067\$13.99
5 lb.#1882\$2.99

Old Fashioned Reg. Cooking Oats
25 lb.#1068\$13.99
5 lb.#1881\$2.99

Rolled 6-Grain Mix, 50 lb.#1065\$28.99
Contains: red wheat, white wheat, barley, oats, rye, sunflower seeds. Unbaked mix, perfect for delicious homemade granola.

9-Grain Mix, 50 lb.#1066\$28.99
Contains: spring wheat, red winter wheat, soft white wheat, flax, rye, corn, barley, oats, millet. Fine meal, not a flake.

Cornmeal, Yellow, 50 lb.#1637\$23.99

Instant Clear Jel, 2 lb.#2888\$4.99
Basic Freezer Jam: Mix 3 Tbsp. Clear Jel with 2 cups sugar and 5 cups frozen mashed fruit. Add 1/2 cup of corn syrup. Mix well, put in containers & freeze.

Vital Wheat Gluten, 2 lb.#4837\$4.99
Use 1/2 cup per 4 loaf batch of bread for lighter texture.

Whole Grain Rye, 2.5 lb.*#4246\$4.99

Whole Oat Groats, 2.5 lb.*#4247\$4.19

Hulled Millet, 2.5 lb.*#4248\$5.69

Whole Caraway Seeds
.8 lb.*#4249\$3.49

Brown Flax Seeds, 1 lb.*#4250\$3.99

*All Poly Bags come with zip lock seal.
honeyvillegrain.com



Microwaveable Macaroni & Cheese Dinner, ready in 3½ minutes! Perfect for emergency preparedness kits. Kids can easily add water & heat for snacks.

Easy Mac® Cups
10/2.05 oz.\$10.89

☛ #3197 Original Cups
There's a reason it's a classic.

☛ #4892 Bacon Cups
Sprinkled with Oscar Meyer® Bacon Bits.

☛ #4893 Cheesy Taco Cups
Delicious south of the border seasonings.

☛ #4894 Triple Cheese Cups
We added 3 massively cheesy flavors.

www.kraftfoods.com

Pantry Pointer

Heartland

Whole Wheat Pasta is quickly becoming America's favorite whole wheat pasta. Consumers who have been turned off of whole wheat pasta because of the strong flavor and gooey texture are always surprised when they taste Heartland's pastas, which are mild and firm and delicious! Replace regular pasta with Heartland pasta in your next dinner for a healthy variation!



Whole Wheat Rotini



Lasagna

Heartland® Whole Wheat Rotini
12/13.25 oz. pkgs.#4603\$17.29
Excellent source of Whole Grain; 56 grams/svg. 5 grams of fiber/svg

SPECIAL \$15.59

Heartland® Whole Wheat Spaghetti, 20 lb. case#4274\$32.29

Heartland® Whole Wheat Elbow Macaroni***
12/13.25 oz. packages#4106\$17.29

Heartland® Whole Wheat Penne Pasta***
12/13.25 oz. packages#4107\$17.29

R&F® Rainbow Bowties*, 10 lb. case#4098\$15.69

R&F® Acini Di Pepe, 10 lb. case#4099\$17.79

R&F® Medium Egg Noodles* 10 lb. case#4096\$15.69

R&F® Extra Wide Egg Noodles*, 10 lb. case#4097\$15.69

R&F® Orzo Pasta, 20 lb. case#4726\$27.49
Shaped like grains of rice, this cut has a variety of uses in soups or as a replacement for rice.

R&F® Cavatappi Pasta, 20 lb. case#4725\$25.09
Corkscrews; a great shape that both children and adults love; these hollow spirals are best used for meat and cheese sauces.

Montalcino® Elbow Macaroni**
20 lb. case#4103\$25.09

Montalcino® Spaghetti 10" length 20 lb. case#4100\$29.29**

Montalcino® Lasagna [pkg as 12/1 lb.] 12 lb. case#4105\$18.99

Montalcino® Fettuccine 10" length 20 lb. case#4101\$20.99**

Montalcino® Medium Shells, 20 lb. case#4104\$20.99**

*packaged as 2/5 lb. **packaged as 2/10 lb.
***Case weight is 9.94 lb. Cost is \$1.65 per lb.!

www.aipcfoodservice.com

www.waltonfeed.com

Rainy Day Foods

#10 Tin Dehydrated Foods

- Oxygen Absorber packet in each can to preserve freshness.
- Cans are enamel coated to prolong shelf life.
- Suggested shelf life: 5-7 years minimum in cool temperatures.

yield (svgs.) **item#** **price**

☞ Baking Ingredients—

| | | | | |
|---|----------------|-------|---------------|----------------|
| Powdered Whole Eggs, 3 lb. | 108(1Tbsp).. | #1111 | ...\$19.99... | \$18.69 |
| Margarine Powder, 44 oz..... | 176(1Tbsp).. | #1112 | | \$10.99 |
| Buttermilk Powder, 68 oz..... | 113(3Tbsp).. | #1105 | ...\$21.79... | \$14.99 |
| Spiff-E-Whip™ Topping, 71 oz... | 106(1Tbsp).. | #1679 | | \$17.59 |
| Sour Cream Powder, 48 oz.* | | #3818 | | \$26.99 |
| *This product is designed to be used in cooking and baking. | | | | |
| Shortening Powder, 44 oz..... | 176(1Tbsp).. | #1113 | | \$9.99 |
| Butter Powder, 44 oz..... | 176(1Tbsp).. | #1106 | | \$24.19 |
| Cheese Blend Powder (no MSG) | | | | |
| 65 oz. | 130(½ cup) .. | #1107 | | \$22.39 |
| 100% Egg White Solids, 3 lb. 360 egg whites.. | | #3235 | | \$40.99 |
| Dough Enhancer, 20 oz. can | | #1118 | | \$9.49 |
| Golden Flaxseed, 5 lb. bag | 50(½ cup) | #1117 | | \$8.99 |
| Nonfat Dry Milk (Instant), 60 oz. 19 qt..... | | #1108 | ...\$24.89... | \$15.59 |
| Nonfat Dry Milk (Reg.), 64 oz..... | 20 qt..... | #1109 | ...\$19.99... | \$13.09 |
| Lecithin Powder, 2 lb. bag..... | | #1119 | | \$10.99 |

☞ Vegetables—

| | | | | |
|----------------------------------|------------------|-------|-------|----------------|
| Dehydrated Celery | 40(½ oz.) | #4381 | | \$15.39 |
| Corn, Super Sweet, 38 oz. | 38(½ cup)..... | #1962 | | \$17.59 |
| Carrot Dices, 38 oz. | 51(½ cup)..... | #1961 | | \$14.99 |
| Mushroom Slices, 9 oz..... | 36(½ cup)..... | #2302 | | \$12.09 |
| Chopped Onions, 40 oz. | 300(1 tsp) | #2303 | | \$11.29 |
| Potato Slices, 20 oz..... | 14(½ cup)..... | #2304 | | \$6.09 |
| Tomato Powder, 68 oz. | 136(½ cup)..... | #1958 | | \$26.39 |
| Vegetable Stew Blend, 33 oz..... | 66(½ cup)..... | #2305 | | \$14.99 |
| Creamy Potato Soup, 56 oz. | 44(1 cup) | #2971 | | \$15.19 |

☞ Textured Soy Protein—

| | | | | |
|----------------------------------|-------------------|-------|-------|----------------|
| Bacon Flavored TVP, 36 oz..... | 171(1 Tbsp) | #2306 | | \$8.19 |
| Beef Flavored TVP, 40 oz. | 40(½ cup)..... | #2307 | | \$9.19 |
| Chicken Flavored TVP, 33 oz..... | 33(½ cup)..... | #1115 | | \$8.79 |
| Taco Flavored TVP, 56 oz..... | 56(½ cup)..... | #1116 | | \$13.19 |

☞ Fruit—

| | | | | |
|---------------------------|------------------|-------|-------|----------------|
| Apple Slices, 21 oz..... | 21(½ cup)..... | #1960 | | \$13.29 |
| Applesauce, 46 oz..... | 46(½ cup)..... | #2301 | | \$25.99 |
| Banana Slices, 36 oz..... | 36(½ cup dry) .. | #1959 | | \$7.59 |

☞ Dehydrated Milk Substitutes—

www.moosmilk.com

Morning Moo's™ Whey-Based Milk Substitute

| | | | |
|--|-------|-------|----------------|
| Regular Milk, #10 tin (4lb./22 quarts) | #1121 | | \$15.99 |
| Chocolate Milk, #10 tin (5.5 lb./20 quarts)..... | #1122 | | \$16.99 |

Liquid Lecithin

Comes in a 32 oz. Plastic Squeeze Container. Lecithin is a dough conditioner and helps with the ease of mixing and rising too. Liquid Lecithin is a product derived from soy and very good for the brain!

| | | | |
|-------------|-------|-------|---------------|
| 32 oz. | #4911 | | \$8.99 |
|-------------|-------|-------|---------------|

Reconstituting Your Instant Dry Milk

For an 8 oz glass: mix 3 Tbsp Instant Nonfat Dry Milk powder with 1 cup water. For 1 quart: mix 2/3 cup of Instant Nonfat Dry Milk powder with 1 quart water. For cream-like consistency mix 1 part powder to 2 parts water. Mixes instantly.

Reconstituting Your Nonfat Dry Milk

For the freshest flavor, chill overnight before drinking. For an 8 oz glass: mix 1/3 cup Nonfat Dry Milk with 1 cup warm water. For about 1 quart: mix 1-1/3 cup Nonfat Dry Milk with 3-3/4 cups warm water.



A new sweetener that is delicious and low-glycemic!

| | | | |
|--------------------|-------|-------|----------------|
| 18 oz. bottle..... | #5014 | | \$7.99 |
| 36 oz. bottle..... | #5015 | | \$13.49 |
| 1 gal. bottle..... | #5016 | | \$38.99 |
| Cookbook..... | #5017 | | \$21.99 |



www.xagave.com

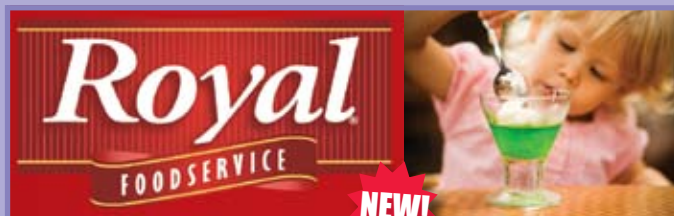
- **Premium Blend** - 100% pure blend of blue and white agave nectar
- **Sweeter than Sugar** - So you use less to achieve the same level of sweetness
- **Saves Calories** - You substitute 1/2 cup of Xagave for every cup of sugar called for, saving you between 25% - 40% in carbohydrate calories
- **Tastes Delicious** - Compared to artificial sweeteners, Xagave is great tasting and completely natural
- **Low Glycemic Index** - At approximately 30 on the glycemic index scale, making it diabetic friendly
- **Contains the Prebiotic Fiber Inulin** - Inulin promotes a healthy intestine, regularity, boosting the immune system, and increased calcium absorption
- **Easy to Cook With** - Xagave can be substituted in all your favorite recipes for sugar and is easy to work with. From cooking to baking to canning, Xagave truly is the Complete Sugar Replacement

"I am in LOVE with the new *Delicious Meets Nutritious Xagave* cookbook (#5017)!! It is EXACTLY what I hoped it would be. I love all of the info on Xagave at the front of the book, and the recipes are practical and delicious. We already love the banana bread and whole wheat waffles. This Xagave (#5016) is different from the other agaves I have tried, and I think better, since it is a blend of both the white and blue nectar. I love that Xagave puts their substitution chart right on the label too. Very handy! They have done a great job making a 'health food' product useful for everyone!"

— Kim Henke of AllAboutFoodStorage.com

Powdered Whole eggs (#1111) are an alternative to fresh eggs that are convenient to use and store. The powder is blended with water to produce liquid eggs, which can then be used just like fresh eggs. Powdered whole eggs can be used for most types of egg dishes or recipes requiring eggs. Powdered egg products are pasteurized and do not require refrigeration.





NEW!

Royal Gelatin & Puddings

We are offering unbelievable pricing on Royal® Gelatin and Puddings; this is a perfect time to stock up for summer salads and your pantry needs. Gelatin has a long shelf life and is an important part of your family's food storage.

»NEW!« **Citrus Gelatin Asst.** \$2.06/bag!

12/24 oz. bags.....#5100\$24.69
4 each: Lemon, Lime & Orange

»NEW!« **Red Gelatin Asst.** \$2.06/bag!

12/24 oz. bags.....#5101\$24.69
4 each: Strawberry, Cherry & Raspberry

»NEW!« **Royal® Strawberry Gelatin**

24 oz. bag.....#5102\$2.19

»NEW!« **Royal® Orange Gelatin**

24 oz. bag.....#5103\$2.19

Yield: 34/4 oz. servings per 24 oz. bag



BEST PRICING EVER!

Compare to Jell-O® Brand @ 2.89 per 24 oz. bulk bag!
When you buy a case of Royal® Gelatin; you save 9.99 per case!
Now that is HUGE savings!

Royal® Instant Pudding & Pie Filling

28 oz. bag\$2.99

»NEW!« #5104 Vanilla

»NEW!« #5105 Chocolate

»NEW!« #5106 Coconut Cream

»NEW!« #5107 Pistachio

»NEW!« #5108 Banana Cream

Yield: 36/4 oz. servings per 28 oz. bag



Compare to Jell-O® Brand @ 5.69 per bulk bag!
SAVE 49%; it's like receiving a bag FREE
with each bag you purchase!

Royal® Cooked Pudding & Pie Filling

4.5 lb. bag.....\$11.59

»NEW!« #5109 Chocolate

»NEW!« #5110 Vanilla

»NEW!« #5111 Lemon

Yield: 36/4 oz. servings per 4.5 lb. bag



Compare to Jell-O® Brand @ 14.19 per bulk bag! SAVE 18%

»NEW!« **Royal® Strawberry Mousse**

12.5 oz. bag.....#5112\$7.59
Yield: 3 quarts, 25 (1/2 cup) servings,
3 (10-inch) pies

»NEW!« **Royal® Chocolate Mousse**

16 oz. bag.....#5113\$7.59
Yield: 4 quarts, 32 (1/2 cup) servings,
4 (10-inch) pies

»NEW!« **Royal® Cheesecake Mix**

4 lb. bag.....#5114\$15.39
Yield: 23 cups Cheesecake Filling,
6 (9-inch) pies



Refried Beans

Potato Pearls

"I like to store dehydrated refried beans. It is the fast-track to restaurant-style beans perfect for burritos or chip-dipping. The thing I love about dehydrated beans is that you can easily alter their consistency. I love runny refried beans (especially served with spanish rice!). They make a fun, late-night nacho snack. The picture above shows some from Alison's Pantry that come in two varieties, one is smooth and the other includes some whole beans in the mix. The other benefits of dehydrated beans are that they are pre-seasoned, and they only require water. Super convenient!"

— Kim Henke of AllAboutFoodStorage.com

Potato Pearls® Golden Extra Rich Mashed Potatoes

3.7 lb. carton.....#4743.....\$10.69

Potato Pearls® EXCEL® Mashed Potatoes

28 oz. pouch.....#4744.....\$5.69

Potato Pearls® EXCEL® Mashed Potatoes Creamy Butter with Skins

28.2 oz. pouch.....#4745.....\$5.89

WHIPP® Complete Instant Mashed Potatoes with Vitamin C

85 oz./#10 Tin.....#4742.....\$10.39

Instant Potato Flakes, 5 lb. bag.....#4746.....\$13.39

Redi-Shred® Hashbrown Potatoes, 2.5 lb. crtn.....#4747.....\$8.09

Classic Casserole® Au Gratin Potatoes

2.25 lb. carton.....#4748.....\$10.49

Classic Casserole® Scalloped Potatoes

2.25 lb. carton.....#4749.....\$10.29

Quick-Start® Home Style Chili, 20.8 oz. pouch....#4753.....\$6.79

Santiago® Seasoned Vegetarian Refried Beans

30.9 oz. pouch.....#4754.....was \$6.89..... **SALE \$6.29**

Santiago® Vegetarian Refried Beans with Whole Beans

29.77 oz. pouch.....#4755.....was \$6.89..... **SALE \$6.29**

www.baf.com

Honeyville® Fruit Smoothie Mix

All you add is ice and water! 15 oz. can.

Yield: 15-8 oz. smoothies.....\$4.49

» #4382 Peaches and Cream

» #4384 Strawberry Kiwi

» #4385 Wild Berry

Honeyville® Freeze Dried Fruit

» Apples, 2.12 oz. can. Yield: 8 1/4 cup svgs.....#4376.....\$5.89

» Peaches, 4.58 oz. can. Yield: 10-1/4 cup svgs.....#4378.....\$12.49

» Raspberries, 3 oz. can. Yield: 12-1/4 cup svgs.....#4379.....\$12.29

» Blueberries, 2.82 oz. can. Yield: 11-1/4 cup svgs.....#4377.....\$10.59



Condiments and Canned Products



- NEW LINE!** **GEISHA** **CASE LOT SALE!**
- Tiny Shrimp**
- Crabmeat**
- »NEW!« **Crabmeat** [with leg meat]*
12/6 oz. cans, **\$2.45/can** #5115\$29.39
- »NEW!« **Tiny Shrimp** [wet pack]*
12/4.25 oz. cans, **\$2.45/can** #5116\$29.39
- »NEW!« **Smoked Oysters in E-Z Cans**, Geisha's #1 selling product for summer camping trips, and fishing. [fancy, packed in cottonseed oil]
12/3.75 oz cans, **\$1.75/can** #5117\$20.99
- »NEW!« **Mandarin Oranges** [premium whole segments in light syrup]
24/11 oz. cans, **72¢/can** #5118\$17.19
- »NEW!« **Pineapple** [in natural juice, no sugar added]
24/20 oz. cans, **\$1.37/can**\$32.89
 • #5119 Sliced • #5120 Chunks • #5121 Crushed
- »NEW!« **Mushrooms**, pieces and stems
24/4 oz. cans, **75¢/can** #5122\$17.99
- »NEW!« **Sliced Water Chestnuts**
12/8 oz. cans, **86¢/can** #5123\$10.29
- »NEW!« **Bamboo Shoots**, sliced
12/8 oz. cans, **86¢/can** #5124\$10.29
- »NEW!« **Bean Sprouts**, packed in water
12/8 oz. cans, **99¢/can** #5125\$11.99
- »NEW!« **Mixed Vegetable Stir Fry** Bean sprouts, celery, carrots and water chestnuts. 12/14.5 oz. cans, **\$1.43/can** #5126\$17.19
- »NEW!« **Sliced Peaches**, in light syrup
24/15 oz. cans, **99¢/can** #5147\$23.89
- »NEW!« **Pear Halves**, in light syrup
24/15 oz. cans, **99¢/can** #5148\$28.39

*Perfect for summer salads and dips.



Mandarin Oranges

Mushrooms



"My family prefers jams over preserves and I haven't found any store-bought jams that are as good as the Gourmet jams from Alison's Pantry. I love all the varieties and so does my family. They also make GREAT gifts."

— Irene Weber
of Rock Springs, WY

Alison's Pantry™ Gourmet Jams & Salsas

Our Gourmet Jam is hand made here in Utah; stirred in a big Stainless Steel pot and hand dipped to fill our jars... just like Grandma's!

Gourmet Jams: 20 oz. Jar.....\$5.29

- **Winter Berry** Strawberry, Raspberry, Cranberry #3794
- **Raspberry** #3789
- **Strawberry** #3790
- **4 Berry** Raspberry, Strawberry, Blackberry, Blueberry #3791
- **Cinnamon Peach** #3792
- **Marion Berry** #3793

Gourmet Salsas: 16 oz. Jar.....\$4.89

- **Black Bean and Olive** #4584
- **"This is the Salsa!"** #4585

Alison's Pantry 'Ready to Eat Granola'

All Natural

0g Trans Fat - High Fiber

Our granola contains no preservatives and keeps best refrigerated after opening. Store in a cool, dry place before opening.

3 pounds of All Natural Granola

- #4905 Orig. Crunchy \$6.99
- #4906 Vanilla Maple \$6.99
(Our best seller!)
- #4907 Fruit & Nut \$7.79
- #4908 Almond Nut \$7.79

SPECIAL \$6.99



SPECIAL SALE PRICE!

0 Trans Fat



"I just tried the Honey Roasted Peanut Butter (#4997) and I could eat the whole jar at one time! I have some plastic spoons and I am planning on letting all my customers taste it when they come to pick up their orders. I can't wait to try all the flavors!"

— Cheryl Ferrero of Bayard, NE

Alison's Pantry Freshly Roasted and Ground Nut Butters

13 oz. Jars - Freshly ground is what we mean; Western Nut of SLC will grind our order fresh each month! If you don't like the texture of nuts in cooking, this will give the flavor without the "nut."

- ♦ **Peanut Butter** 13 oz. #4996 \$4.89
- ♦ **Honey Roasted Peanut Butter** 13 oz. #4997 \$4.89
- ♦ **Almond Butter** 13 oz. #4998 \$6.79
- ♦ **Cashew Butter** 13 oz. #4999 \$6.79

Ingredients are simple: Nuts, peanut oil, corn syrup and salt.
[Honey Roasted has added honey and Xanthan gum.]

Containers, Cleaners and Emergency Items

a. Gamma Lids in Color (fit our Opaque White Plastic Buckets)
Easy to open and close; airtight, double gasket seal. Permanently transform your 12" diameter bucket into a convenient, airtight, leak-proof storage container. Fits 5 & 6 gallon buckets.....\$7.39.....**SALE \$6.49**

- #1232 White
- #2772 Red
- #2774 Blue
- #3923 Black
- #2773 Yellow
- #3922 Orange

Opaque White Plastic Buckets

2 gallon size with white Gamma lid.....#4779.....\$7.89
Comes as a set. 2 gallon bucket will hold approximately 15 lb. of dense product. The perfect size for campers and long term storage in cupboards; Gamma lid gives an airtight seal and easy opening.

b. 6 gallon White Opaque Plastic Bucket with Lid
(stores approx. 45 lbs.).....#1231.....\$8.49
5 gallon White Opaque Plastic Bucket with Lid
(stores approx. 37.5 lbs.).....#4574.....\$6.89

c. E-Z Store Bucket with Hinged Lid (handle not included) - Natural
buckets for your pantry shelves. Hinged lid allows easy access. Not for long term storage, but perfect for flour and sugar in the pantry!
Clear 5 Liter/Gallon + Size.....#4436.....\$5.39
Clear 1 Gallon Tall.....#4437.....\$4.69
White 2 gal. (9 3/4 H x 8 W x 9 3/4 D; stores ~ 15 lbs.).....#4130.....\$4.29
White 3 gal. (10 H x 10 1/2 W x 12 D; stores ~22.5 lbs.).....#4131.....\$7.49

Clear Square Plastic Jars with Lids - So many uses; storing small craft
items, sewing items and for gifts. Also best container for food, spices, etc.
12 per order/16 oz. size.....#4435.....\$9.99
d. 6 per order/half gallon size.....#4434.....\$10.99
e. 4 per order/1 gallon.....#1229.....\$10.99

Spray Bottle with Graduated Markings
24 oz. bottle.....#4499.....\$1.99

f. Measuring Cups Natural Plastic with Handle
Perfect for your Storage Containers; just leave inside bucket for easy use.
4 per order/8 oz. size.....#4433.....\$1.69

Plastic Pail Opener Green.....#1541.....\$1.99

g. Water Container Square with clear view stripe.
5 gallon, blue with spigot.....#1233.....\$11.79

h. »NEW!« Slim Line Water Container with Spigot - Perfect water
container to take camping and nice for summer days when kids want something cold to drink. It's so handy with the spigot; all ready to pour. Slim line makes this easy to store several in a tight space in your fridge. You can also freeze liquid to keep coolers frozen too.
1 gallon size.....#5127.....\$8.49

Clear Plastic Spice Jars with Shaker Flip Lid
'By the Case' jars! - Save when you purchase our 16 oz. and 32 oz. Spice Jars by the case! On our 16 oz. size you save \$5.50 and on our 32 oz. size you save \$3.09 per case!
»NEW!« 16 oz. Jars 12/16 oz.#5128.....\$12.39
i. »NEW!« 32 oz. Jars 12/32 oz......#5129.....\$15.99

Emergency Supplies

We suggest stocking your vehicles with our Emergency items.

150 Hour Emergency Candle - Burns efficiently for light, heat, cooking.
Heavy duty resealable can. For 72 Hour Kits, camping, or storage.
32 oz./150 hour.....#1678.....\$7.49

Emergency Ration Food Bar - 2400 calories, 100% vitamins and
minerals. *Delicious and nutritious! Tastes like shortbread!*
18 oz. bar.....#1756.....\$3.59

Emergency Thermal Blanket - Silver, 84" x 52".....#1757.....\$4.49
Lightsticks - 12 hour green, 4 per order.....#1758.....\$5.89

AM/FM Radio w/Lantern & Blinking Light - Four way power:
normal battery, solar, manual crank & AC/DC.....#1759.....\$24.99

**SPECIAL
SALE
PRICE!**



The double-seal construction makes a completely air-tight seal that keeps your long-term storage items fresh and dry. Use Gamma Lids for boating, camping, pet foods, paint, hardware, dry foods, or anything else you want a water-tight seal on.

"For years I have kept my sugar & flour in the large 5 gallon buckets (#4574). I have a lid opener (#1541) in a drawer and just pull it out whenever I need to open my buckets. One evening our friends' daughters baby sat our boys. The girls decided to make some kool-aid for all of them. After an hour's worth of effort they finally got my sugar bucket open. Needless to say, my next purchase was a Gamma Lid for the sugar bucket!"

— Lavonna Simmons of St. George, UT



SYSCO Multi-Purpose "Blue" Concentrate Cleaner
1/2 gallon container.....#5054.....\$14.29

Yields: 32 gallons of product after diluting. This is a wonderful multi-purpose Eco-Friendly cleaner used in restaurants, care facilities, hospitals and homes. Cleans aluminum, plastic, porcelain, tile, steel, fiberglass, vinyl, machinery, kitchen equipment, counter tops, wood floors, cars, restrooms, etc.



"I have used the Ultra Blue Laundry Detergent for the past 10 years and have been very happy with how well it cleans our clothes. I just tried the Clear N' Clean Liquid Laundry Detergent and it does a great job also. It is very convenient, so I have decided to update to the liquid detergent!"

— Betty Smith of Pleasant Grove, UT

Alison's Pantry Ultra Blue Total Laundry Detergent

10 lb.....#1060.....\$9.29
25 lb.....#1061.....\$22.09
Contains: Prespot, All Fabric Bleach and Softener.

Alison's Pantry Clear 'n Clean Liquid Laundry Detergent - One gallon
HE approved; just add 1/2 normal amount to your front loading washer for bright, clean clothes.#1056.....\$7.99

Canning and Supplies



NEW!

New Ball® Canning Jars and lids for your busy, upcoming season:

- »NEW!« Regular Mouth Quart Jars case* of 12 #5130\$11.29
- »NEW!« Wide Mouth Quart Jars case* of 12 #5131\$12.59
- »NEW!« Regular Mouth Pint Jars case* of 12..... #5132\$9.59
- »NEW!« Wide Mouth Pint Jars case* of 12 #5133\$10.89
- »NEW!« Regular Mouth ½ Pint Jars case* of 12 #5134\$8.69

*Note: Case of jars contains Jars, lids and bands.

Ball® Brand Canning Jar Lids, 36 lids per order

- ❖ Wide Mouth Lids.....#1761\$8.29
- ❖ Regular Lids.....#1760\$5.49



VICTORIO™ Kitchen Crop Sprouter

The easy way to produce fresh, high-quality sprouts in your own kitchen in just 2-4 days! The three trays make it possible to grow three crops at once. 8.25 inches high.

#4815.....\$9.99

Organic Alfalfa Seeds

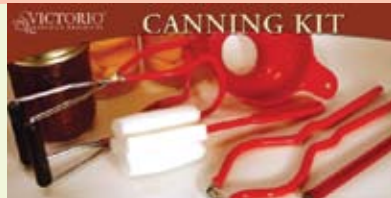
4 oz. bag.....#4440.....\$3.09

VICTORIO™

5-pc Home Canning Kit

#5006.....\$9.99

All the essential tools for the home canner. Handy tools for canning season. Burned fingers and messy preserves will be a thing of the past. No longer struggle with tough jar opening or dropped lids. Kit includes a canning funnel, jar lid wrench, jar lifter, jar brush and lid wand.



FOOD STRAINER



VICTORIO™

Food Strainer & Sauce Maker

#4026.....\$62.79

This multi-use strainer forces food through a stainless steel screen, automatically separating juice and pulp from the seeds, skins and stems. Perfect for purées, creamed soups, baby foods, pie fillings, juices, jams and more.

Food Strainer Accessories

- Berry Screen.....#4027 ..\$15.19
- Pumpkin Screen-Coarse.....#4028 ..\$15.19
- Grape Spiral Screen.....#4029\$8.49
- Salsa Screen-Extra Coarse.....#4030 ..\$15.19

VICTORIO™

Apple Peeler (Suction Base)

#4025.....\$21.69

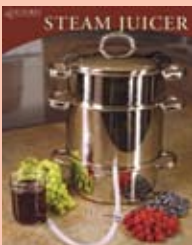
The Apple Peeler helps families enjoy preparing and preserving nature's harvest. The suction base can be set up on any smooth counter top or table.



VICTORIO™ Stainless Steel Steam Juicer

#5005.....\$134.99

This multi-functional set is great for steam juicing and steaming vegetables. Simply boil water in the bottom pan and place fruit in the top container. The fruit juice drips into the center pan where it is extracted through a heat-resistant tube.



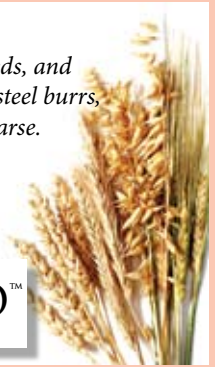
Hand Grain Grinder

Grind grains, non-oily seeds, and spices. Precision stainless steel burrs, adjustable from fine to coarse. 2-year warranty.

Sugg. retail: \$79.95

#1226.....\$66.19

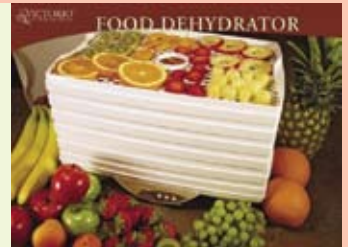
VICTORIO™



VICTORIO™ Digital Food Dehydrator

#4823.....\$149.99

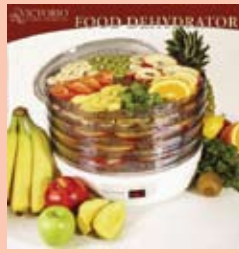
530 Watts. Digitally controlled temperature from 86°F - 176°F and a timer (up to 72 hours) that automatically shuts the dehydrator off. Includes 6 Drying Trays, expandable up to 20. Includes instruction / recipe booklet.



VICTORIO™ Electric Food Dehydrator

#4824.....\$53.89

250 watts. Apply the power of heat and air circulation to quickly dry fruits, vegetables, and meats. Includes 5 adjustable Drying Trays with room for 9 total, and instruction / recipe booklet.



»NEW!« Fruit & Vegetable Chopper

7 piece set

#5137.....\$28.99

Dishwasher safe; set includes measuring container, pusher lid, 3 blade options with side blades, cleaning tool, recipe booklet and storage box. Effortlessly cut, dice, slice or chop fruits and vegetables. Perfect tool for canning and everyday use in the kitchen. This is Amanda's favorite kitchen tool!



CHERRY STONER

NEW!



»NEW!« VICTORIO™ Cherry Stoner

#5136.....\$21.59

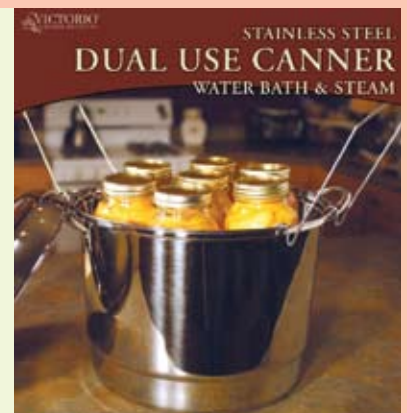
Feeds and separates pits from the fruit with no loss of juice. Suction base secures to any smooth surface. Sturdy, chromed plunger.

VICTORIO™ Stainless Steel Combo Canner

(combination steam or water bath canner) 4 gal. capacity

#5018.....\$74.99

Stainless steel with double sided wire rack allows this canner to be used as either a steam or water bath canner. Indicator on lid tells exactly when to start processing time. Can steam 9 pint, 8 quart, or 4 half gallon jars. Can water bath 8 pint, 7 quart, or 4 half gallon jars. Reg. Price: \$99.99



Beverages



Fruit Smoothies

64 oz. Aseptic box

\$11.69

- #2712 Extreme Peach
- #2714 Mango Mania
- #2715 Wildberry Blast

Give your taste buds the full flavored adventure they've been waiting for!

Why mess with chopping fruit or measuring out dry powders? Jet Smoothies all-in-one liquid mix is made with all natural, fresh ingredients.

These dairy-free, fat-free and preservative free mixes ensure you're getting a natural, flavorful beverage. 12 month shelf life, unopened. Just refrigerate after opening for up to 4 weeks. Yield per carton: 8 - 16 oz. Smoothies. Just \$1.46 each!

\$1.46
a smoothie!



Mott's for Tots® 100% Juices

These come in handy boxes with straws; can be frozen to keep lunch cool for your kids.

27/6.75 oz. juice boxes.....\$12.19



- #3074 100% Apple Juice
- #3026 100% Fruit Punch
- #3027 100% Apple White Grape Juice
- #3077 100% Strawberry Banana
- #3028 100% Apple Strawberry Juice

Mott's Beverages

- 100% Apple Juice 24/10 oz. plastic bottles.....#1288.....\$17.99
- 100% Tomato Juice 24/11.5 oz. cans.....#4315.....\$16.19
- Yoo-Ho Chocolate Flavored Drink
32/6.5 oz. drink boxes#2109.....\$11.99



Just add 8 oz. hot water.

Cappuccino, 2 lb. bag
(45/8 oz. svgs.).....\$5.39

SPECIAL \$4.89

- #1326 French Vanilla
- #2152 Almond Amaretto
- #1330 English Toffee
- #1327 Irish Creme
- #2151 Hazelnut
- #1328 Mocha
- #1329 White Chocolate Caramel



SPECIAL SALE PRICE!



French Vanilla Instant Cappuccino in Single Serve Packets

10/1 oz. packets.....#3932...\$3.89

Instant Chai in Single Serve Packets,

10/1 oz. packets.....\$4.19

- #3936 Vanilla Chai
- #3938 Spice Chai

Hot Apple Cider in Single Serve Packets

10/1 oz. packets.....#3939...\$3.09

Double Dutch Chocolate, 2 lb. (32/8 oz. svgs.).....#2153...\$4.99

Hot Choc. w/Marshmallows, 2 lb. (32/8 oz. svgs.).....#2154...\$5.39

No Sugar Added Hot Choc., 1 lb. (23/8 oz. svgs.).....#2155...\$4.49

Premium Spice Chai, 2 lb. (32/8 oz. svgs.).....#2157...\$7.59

Hot Apple Cider, 2 lb. (43/8 oz. svgs.).....#2159...\$5.09

V8 100% juices aren't just delicious—they are an excellent source of vegetable nutrition that's essential to your well-being. Make good nutrition a daily habit!

COULD'VE HAD A

V8 100% Vegetable Juice*

24/11.5 oz. cans
#4577.....\$22.59

V8 100% Spicy Hot

24/11.5 oz. cans
#4579.....\$24.39

Campbell's® Tomato Juice

24/11.5 oz. cans
#4580.....\$19.79

94c
each!



V8 Splash in 3 Luscious Varieties

24/11.5 oz. cans.....\$19.79

- #4581 Berry Blend
- #4583 Tropical Blend
- #4582 Strawberry Kiwi

Every variety of V8 Splash is a refreshing blend of delicious fruity flavors with a hint of carrot and includes a powerful combination of the antioxidant Vitamins A, C and E.

82c
each!



Sugar Free Soft Drink Mix

Just add to your 20 oz water bottle for instant refreshment! 30/.17 oz.....\$9.49

- #1488 Peach Tea
- #1489 Raspberry Ice
- #1487 Lemonade
- #2205 Sunrise Orange
- #3195 Raspberry Lemonade
- #3515 Raspberry Green Tea
- #3516 Cherry Pomegranate
- #4254 Wild Strawberry Energy 60mg caffeine per serving w/B vitamins

32c
a sug!



"I have a keen taste for chocolate. (My husband calls me a chocolate snob.) My favorite is Guittard. I like to combine the Real Milk Chocolate Chips (#4877) and the Semi Sweet Chocolate Chips (#4879) for the best chocolate flavor."

— Fern Goodwin of
St. George, UT



Premium Chocolate Chips, 2 1/2 lb bags www.guittard.com

Real Semi Sweet MINI Chocolate Chips

Perfect for moms who bake smaller sized cookies for their little ones!

4000 chips per lb.....#4880.....\$7.29

Real Milk Chocolate Chips

Smooth, European texture and silky taste!

1000 chips per lb./reg. size.....#4877.....\$8.99

Real Semi Sweet Chocolate Chips

A delightful base for fudge!

1000 chips per lb. (regular size chips)#4879.....\$7.29

Premium Flavored Butterscotch Chips — Delicious alternative to chocolate for cookies, brownies and so much more!

1000 chips per lb./reg. size#4881.....\$6.49

'Old Dutch' Unsweetened Medium Dutch Process Baking Cocoa

With 22–24% Cocoa Butter. 2-1/2 lb#4883.....\$7.29
SPECIAL \$6.59



Chocolate Crème Puff Ice Cream Treats

Make 1 recipe AP Éclair and Crème Puff Mix (#4914) adding 3 tablespoons Guittard Premium Baking Cocoa (#4883) to the dry mix before adding the water. Follow the baking directions and then cool the crème puffs. Fill with any flavor of ice cream (strawberry is delicious with chocolate). Drizzle hot fudge topping over the top of the crème puff. Add whipped cream and a cherry and indulge!!

Alison's Pantry Gourmet Chocolates & Candy

- Chocolate Covered Cinnamon Bears, 32 oz. bag #4011 ... \$7.19
- Chocolate Peanut Clusters – 24 oz. bag #4010 ... \$6.59
- Chocolate Bridge Mix, 16 oz. bag #4016 ... \$5.49
- Chocolate Covered Almonds, 16 oz. bag #4014 ... \$7.49
- Chocolate Coated Jumbo Malt Balls, 16 oz. bag #4015 ... \$5.19

— Choc. Covered Gummi Bears, 16 oz. bag #4253 \$6.99
SPECIAL \$6.29

- Chocolate Covered Raisins, 16 oz. bag #4007 ... \$4.29
- Choc. Double Dipped Peanuts, 16 oz. bag #4006 ... \$4.59
- Dark Chocolate Covered Coffee Beans 16 oz. bag ... #2099 ... \$7.39
- Jordan Almonds, Pastel coated, 16 oz. bag #3992 ... \$6.19
- Wasabi Fried Peas – 20 oz. bag #3977 ... \$5.69
- Yogurt Coated Almonds, 16 oz. bag #3994 ... \$6.69
- Yogurt Coated Raisins, 16 oz. bag #3993 ... \$3.89
- Yogurt Coated Pretzels, 16 oz. bag #3995 ... \$4.19



NEW J Morgan Confections

We are pleased to offer luscious caramels, heavenly Old Fashioned Fudge and Drizzled Popcorn for your summer munching pleasure! What an incredible product and we guarantee that you won't be able to stop at one bite or even 10! All the Caramels and Fudge are individually wrapped.

»NEW!« Soft 'n Chewy Caramels 36 count tub\$8.09

#5139 Heavenly Vanilla Cream

#5140 Heavenly Licorice

#5141 Heavenly Pecan

»NEW!« Old Fashioned Fudge Variety Pack

18 count tub, Individually Wrapped #5142\$10.29

Contains: 6 Milk Chocolate, 6 Chocolate Walnut, 3 Vanilla, 3 Maple Nut

»NEW!« Cashew Nut Brittle – soooo good and priced so well!

16 oz. tub #5143\$5.89

»NEW!« Chocolate Drizzle Caramel Popcorn

14 oz. tub #5144\$5.09

»NEW!« White Chocolate Drizzled Popcorn

8 oz. tub #5145\$5.09

»NEW!« Variety Case of all our Luscious Coated Popcorn

Case of 6 #5146\$14.19

contains 2 bags each: 7 oz. Cashew Nut Brittle, 4 oz. White Chocolate Drizzled, 8 oz. Chocolate Drizzle Caramel Corn

"The Chocolate Covered Gummy Bears (#4253) are way better than any store bought brand. They are so delicious I have to order two bags every month so my husband doesn't eat mine!"

— Ashley Bastian of
Roosevelt, UT



— Cowboy Mix, 16 oz bag #5000 ... \$3.29

A wonderful assortment of Burnt Peanuts, Boston Baked Beans, Assorted Flavor Jelly Beans, Licorice Pastels, Rainbow Peanuts and Candy Corn

— Licorice Allsorts, 16 oz bag #5001 ... \$2.99

— Pastel Licorice, 16 oz bag #5002 ... \$3.69

— Gummi Worms*, 40 oz bag #5003 ... \$8.19

— Gummi Bears*, 40 oz bag #4157 ... \$8.19

— Gummi Peach Rings, 40 oz bag #4154 ... \$8.19

* Assorted Colors and flavors.

Snacks, Munchies and Confections

'Traditional Style' Beef Jerky - made from solid slices of the finest steak available, marinated with the highest quality spices, and then slowly smoked with natural hardwood.

3.65 oz. bag..... \$3.99

- ⇒ #4692 BBQ Beef
- ⇒ #4690 Peppered
- ⇒ #4691 Teriyaki
- ⇒ #4689 Old Fashioned



Double Eagle Silver Dollar Jerky,
2 1/2" round jerky, Jar is 15 oz. of meat
80 ct. Jar\$13.49

- ⇒ #4696 Spicy
- ⇒ #4694 Peppered
- ⇒ #4695 Teriyaki
- ⇒ #4693 Old Fashioned

Beef Sticks,
20 ct./12" sticks, 1.3 oz. each \$14.99

- ⇒ #4698 Peppered
- ⇒ #4697 Old Fashioned
- ⇒ #4699 Teriyaki

Kippered Beef Steak
20 ct./1 oz. Individually Wrapped .. \$19.99

- ⇒ #4701 Peppered
- ⇒ #4700 Old Fashioned
- ⇒ #4702 Teriyaki



Curious George Fruit Snacks Soft,
chewy fruit snacks in fun shapes fortified
with Vitamin C! Colorful, easy-open
pouches featuring everyone's favorite
little monkey! 50/.9 oz. packets
#2486.....\$8.99

**18¢
each!**



Wow! — Buy in bulk and Save 33% compared to retail price!



Snacks you know your kids will eat!

Handi-Snacks® Cheese & Crackers

Just 37¢ each! 25/.95 oz. packages.....#3196\$9.39

Planter's® Cheese & Peanut Butter Filled Crackers

Just 26¢ each! 6 ct. per pkg.
30/1.4 oz. pkgs.....#4415\$7.69

Planter's® Peanut Butter Filled Crackers

Just 26¢ each! 6 ct. per pkg.
30/1.4 oz. pkgs.....#4416\$7.69



**Perfect summer snack
for camping, hiking
and fishin'!**

**23¢
each!**

HI-COUNTRY
Since 1976

Flavor Trail® Beef Jerky in Plastic Jar

60/.2 oz.....#1390\$13.99

60/.2 oz. IW#1391\$15.99

IW = Individually Wrapped



CornNuts® Salty Snacks, 12/4 oz. bags.....\$13.99

- ⇒ Ranch Flavor.....#3517
- ⇒ Original Flavor..#3518
- ⇒ BBQ Flavor.....#3519
- ⇒ Nacho Flavor.....#3520

**\$1.17
bag!**



Caramel Cob® is a delicious Soft n' Chewy
Caramel Popcorn that is a delight to your
senses. If Mother Nature made her own
Caramel Popcorn this would be it!
Now in 2 flavors - original Caramel
and Peanut Caramel!



Caramel Cob® 18/3.75 oz. Yummy Cobs! #4670 \$26.89

Peanut Caramel Cob® 18/3.75 oz. with Peanuts! #4941 \$26.89

*"I first tried the Caramel Corn Cobs (#4670) at the food show in
Lindon, UT and it was my favorite treat that I tasted that day! I
love them! I have already gotten two of my friends hooked on them
too. I also purchased these to sell at a craft fair and they were a big
hit. I even had people call me when the fair was over to see if I had
any left! They are so yummy that you can't just eat one. Good right
out of the bag or microwave for 15 seconds for a scrumptious warm
treat!"*
— Terrisa Berg of Soda Springs, ID

»NEW!« **OTTER*POPS**

Freezer Pops

36/5 oz. The only freezer bar brand
with six zippy flavors and characters
that you'll love! Which one is your
kids' favorite?

#2672.....\$11.29



Dirty Potato Chips are all natural with no MSG,
no preservatives, and no hydrogenated oils. Kettle
cooked in a peanut oil blend, only 8 grams of fat
per serving and no trans fat! We call them "Dirty"
because they come from potatoes with the healthy
peel still on!



**71¢
bag!**

'Dirty® All Natural Potato Chips Variety Pack

25/2 oz. bags.....#5062\$17.99

Variety of: 7- Lightly Salted, 6-Mesquite BBQ, 6-Jalapeno and 6-Sour
Cream and Onion. Only 71¢ per bag! www.dirtys.com

Some days it's only 2 or 3 hours from
the time our potatoes are picked and
then are cooked up in our little chip
plant. Talk about fresh!

California® Chips

Potato Chips Variety Pack

25/1.5 oz. bags

#5063\$11.99

Variety of: 6- Sea Salt, 6- Honey
BBQ, 6-Chipotle and 7-Earthquake
Chips. Only 40¢ per bag!



**40¢
bag!**

www.californiachips.com

Premium Pitted Dried Prunes

40 oz. bag.....\$9.39.....SALE \$8.49

Sweet with a deep taste and a sticky
chewy texture, prunes are not only fun
to eat but they are also highly nutritious.
They are high in vitamin A, potassium
and fiber. Their potassium is good for
heart health, while their soluble fiber
promotes a sense of satisfied fullness
after a meal by slowing the rate at which
food leaves the stomach, so prunes can
help prevent overeating and weight gain.





Premium Dried Fruits ... the name that stands for quality.

www.marianifruit.com

| | | |
|--|-------|--------|
| Mixed Fruit, 8 oz. Clear Tub | #4888 | \$3.29 |
| Contains: Pitted Dried Plums, California Apricots, Peaches, Pears, Apple Rings | | |
| Dried Plums (prunes), 12 oz. Clear Tub | #4889 | \$3.39 |
| Whole Dried Cranberries, 9 oz. Clear Tub | #4890 | \$4.49 |
| Whole Pitted Dates, 10 oz. Clear Tub | #4891 | \$2.39 |
| Dried Wild Blueberries, 9 oz. Clear Tub | #4809 | \$8.29 |
| Dried Cherries, 8 oz. Clear Tub | #4810 | \$4.49 |
| Tropical Pineapple Chunks, dried & sweetened | | |
| 10 oz. Clear Tub | #4973 | \$3.39 |
| Mango Slices, dried & sweetened | | |
| 10 oz. Clear Tub | #4974 | \$4.49 |
| Cranberries, dried & sweetened (craisins) | | |
| 8 oz. Clear Tub | #4975 | \$3.39 |

Our new Value Pack Bags offer BIG savings with convenient re-sealable bags. It's healthy eating at a greater value.

100% Natural Raisins

| | | |
|---|-------|--------|
| 40 oz. Value Pack Bag | #5057 | \$7.59 |
| Made from California-grown Thompson Seedless grapes, when these are on hand, it's always snack time. And, you can always count on our Raisins to be moist and tender. | | |

Premium Pitted Dried Prunes

| | | | |
|---|-------|--------|-------------|
| 40 oz. Value Pack Bag | #5058 | \$9.39 | SALE \$8.49 |
| You'll never question what true quality dried plums should taste like once you savor the tender, mellow flavor of our Pitted Dried Plums. | | | |

Ultimate Apricots

| | | |
|---|-------|---------|
| 48 oz. Value Pack Bag | #5059 | \$13.79 |
| The fragrant, apricot aroma is only one of the many tempting benefits of our Ultimate Apricots. Being bathed in natural apricot flavors making them moist and succulent is another. | | |

Sun Ripened Mixed Fruit

| | | |
|--|-------|---------|
| 36 oz. Value Pack Bag | #5060 | \$10.79 |
| Savory plums, sweet pears, distinctive peaches, tender apricots, and tasty apples - it's the perfect bounty of dried fruits. | | |

Sweetened Dried Cranberries

| | | | |
|--|-------|--------|-------------|
| 30 oz. Value Pack Bag | #5061 | \$9.99 | SALE \$8.99 |
| What gives our Cranberries their divine, titillating flavor? It's the perfect balance of sweetness and tanginess that makes them unparalleled to others. | | | |

Church Delight

| | |
|------------------------------------|--------------------------------|
| 1 1/2 cups Mariani Raisins (#5057) | 2 1/2 cups water |
| 1 1/2 cups sugar | 1/2 cup butter, softened |
| 2 eggs | liquid leftover from raisins |
| 2 1/2 cups flour | 1/2 tsp. salt |
| 2 tsp. baking soda | 1 tsp. Ground Cinnamon (#3626) |
| 1/4 tsp. Mace or Nutmeg | |

Cook raisins and water until there is 1 1/2 cups liquid left. Drain raisins, reserve liquid and allow both to cool. Mix together sugar, butter, eggs and reserved liquid. Sift together and add flour, salt, baking soda, cinnamon and mace to mixture. Stir in raisins. Bake at 350 degrees in greased cookie sheet for 25-30 minutes.

Frost immediately with the following:

| | |
|--|----------------------------------|
| 2 Tbsp. melted butter | 1/4 cup milk |
| 1 tsp. AP Sweet Vanilla Powder (#1534) | 1/2 tsp. AP Lemon Powder (#3636) |
| 2-3 cups powdered sugar | |

Mix the first 4 ingredients together and add enough sugar to make a thick icing that will flow on the warm cake; but then set up as it cools. This recipe is called Church Delight because it was taken to church functions in Denmark many years ago.



'Z Bar™ Just for Kids'

18 ct/1.27 oz. each.....\$13.19
SALE \$10.49

The organic Z Bar is low-fat, made with whole oats, and contains 12 essential vitamins and minerals kids need every day. What you won't find is all the junk. No high fructose corn syrup, no preservatives, no hydrogenated oils.

- ⌘ #4799 Apple Cinnamon
- ⌘ #4516 Chocolate Chip
- ⌘ #4518 Blueberry
- ⌘ #4517 Chocolate Brownie



www.clifbar.com

MOJO Bars

12 ct./1.59 oz. each\$14.59

SALE \$11.99

- ⌘ #4802 Mountain Mix
- ⌘ #4801 Honey Roasted Peanut
- ⌘ #4803 Peanut Butter Pretzel

Clif® Bars

12 ct./2.4 oz. each\$14.59

SALE \$11.99

- ⌘ #4798 Chocolate Chip Peanut Crunch
- ⌘ #4513 Chocolate Chip
- ⌘ #4514 Crunchy Peanut Butter
- ⌘ #4515 Oatmeal Raisin Walnut



Luna® Bars for Women

15 ct/1.69 oz. each\$18.19

SALE \$15.89

High in calcium and folic acid. Rich in antioxidants. NO Trans Fat, NO artificial flavors or sweeteners, 70% Organic, entirely natural.

- ⌘ #4519 Vanilla Almond
- ⌘ #4520 Blueberry Bliss
- ⌘ #4522 Nutz Over Chocolate
- ⌘ #4521 Lemon Zest
- ⌘ #4523 Peanut Butter Cookie
- ⌘ #4524 S'mores

Clif® Kid Organic Twisted Fruit Real Fruit Rope

18 ct./1.7 oz. each.....\$13.19

SALE \$10.49

Each piece equals one serving of organic fruit. No added sugars, preservatives, artificial flavors or colors.

- ⌘ #4800 Pineapple
- ⌘ #4525 Strawberry
- ⌘ #4526 Sour Apple
- ⌘ #4527 Grape



Sweetened Dried Cranberries

30 oz. bag.....\$5061.....\$9.99.....SALE \$8.99

Research at the University of Western Ontario cites increased ingestion of cranberries as a factor in inhibiting the development of breast cancer cells in animals. Add more cranberries to your diet and take advantage of the health benefits associated with this colorful fruit.



Snacks, Munchies and Confections



Alison's Pantry Basic Nuts

Cashews, Whole Raw, 16 oz. bag #3967\$7.29

**Whole Raw Almonds, 32 oz. bag#3958\$11.39
SPECIAL \$10.29**

Almonds, Slivered Raw, 16 oz. bag..... #3965.....\$6.19

Almonds, Sliced Natural, 16 oz. bag#3966.....\$6.29

Pecan Halves, Raw, 20 oz. bag#3972.....\$9.49

Macadamia Nuts, Whole Dry Roasted & Salted
16 oz. bag#4198.....\$8.79

Sunflower Seeds, Raw, 32 oz. bag#3959.....\$2.99

Sunflower Seeds, Roasted & Salted, 32 oz. bag.....#3960.....\$3.99

Dried Date Nuggets, dusted with flour, 32 oz. bag .. #3961.....\$6.29

Walnuts, Halves & Pieces Raw, 24 oz. bag.....#3973.. \$14.69

"My husband and I are trying to make some healthy changes. We are using the Whole Almonds (#3958) to replace unhealthy snacks. When we need a little something before dinner or after breakfast they are very satisfying and good for us. We even take them with us to ball games instead of buying high fat items from the concession stand."
— Stacey Izatt of Nephi, UT

**Whole Raw Almonds, 32 oz. bag#3958\$11.39
SPECIAL \$10.29**



One teeny ounce of almonds contains 12 percent of your daily allowance of protein. And absolutely no cholesterol, of course. You'll also get 35 percent of your daily allowance of vitamin E, that valuable antioxidant with so many cancer-fighting qualities. And most of the fat in almonds is monounsaturated, also known as the "good" fat.

This little nut is also loaded with minerals like magnesium, phosphorus and zinc, as well as lots of healthy fiber. And don't forget calcium and folic acid - they're in there too!

When you get right down to the details, it's no wonder so many people go nuts for almonds!

"My specialty is baking & candy making so naturally I'm partial to anything that would fall into those categories. I just tried a new experiment with the Oatmeal Cookie Mix (#4967) where I chopped up some candied Dried Cantaloupe (#4591) & put it in the cookies. I was pleasantly surprised! I also like to add the candied dried fruit to the sugar cookies. With one mix & numerous types of candied fruit you can have endless possibilities! It's fun to see what new combinations taste like! I'm open to anything be it sweet or savory. I just like to play!"
— Chef Beth of Zortman, MT



Alison's Pantry Dried Fruit

Cranberries, dried & sweetened,
sunflower oil added 16 oz. bag #3981 .. \$5.49

Angel Flake Coconut, sweetened, 16 oz. bag.....#4662 ...\$3.99

Apple Rings,
unsweetened, sulfur added, 16 oz. bag#3979 ...\$5.79

Banana Chips,
sugar & coconut oil added, 16 oz. bag#3980 ...\$3.09

**Cantaloupe, sugar & sulfur added, 16 oz. bag#4591 \$5.89
SPECIAL \$5.39**

Peaches, sulfur dioxide added, 16 oz. bag.....#4593 ...\$6.99

Nectarines, sulfur added, 16 oz. bag.....#4592 ...\$6.99

Pears, sulfur added, 16 oz. bag.....#4594 ...\$6.99

Papaya Spears, sulfur dioxide added, 16 oz. bag#3984 ...\$3.89

Pineapple Cubes,
sulfur, sugar & citric acid added, 16 oz. bag.....#3985 ...\$3.59

Pineapple Rings,
sulfur, sugar & citric acid added, 16 oz. bag.....#3986 ...\$3.59

Turkish Apricots, sulfur added, 16 oz. bag.....#3978 ...\$4.99





Alison's Pantry Roasted Nuts

| | | |
|---|-------|---------|
| Honey Roasted Cashews 16 oz. bag..... | #4595 | \$7.79 |
| Almonds, Whole Roasted & Salted, 16 oz. bag..... | #3963 | \$6.89 |
| Almonds, Whole Smokehouse® Variety, 16 oz. bag..... | #3964 | \$6.19 |
| Almonds, Yogurt Coated, 16 oz. bag..... | #3994 | \$6.69 |
| Cashews, Splits Roasted & Salted, 32 oz. bag..... | #3969 | \$13.09 |
| Cashews, Whole, Roasted & Salted, 16 oz. bag... | #3968 | \$7.79 |
| Deluxe Mix Nuts, Roasted & Salted – Almonds, Cashews, Filberts, Brazils, Pecans, 16 oz. bag..... | #3971 | \$7.59 |

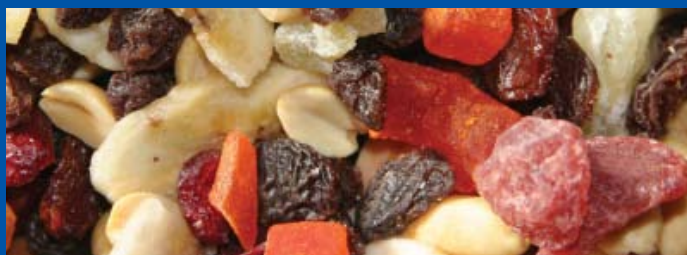
Pumpkin Seeds R&S, 16 oz. bag.....#3974 \$3.99
SPECIAL \$3.59

| | | |
|---|-------|---------|
| Peanuts, Butter Toffee, 16 oz. bag..... | #3997 | \$2.99 |
| Peanuts, French Burnt, 16 oz. bag..... | #3998 | \$2.99 |
| Peanuts, Honey Roasted, 16 oz. bag..... | #3976 | \$2.99 |
| Peanuts, Roasted & Salted, 16 oz. bag..... | #3975 | \$3.19 |
| Pistachios, Natural, Roasted & Salted, 32 oz. bag..... | #3962 | \$10.69 |
| Sesame Sticks with Honey, 24 oz. bag..... | #3987 | \$4.59 |

Pumpkin Seeds R&S, 16 oz. bag.....#3974 \$3.99
SPECIAL \$3.59



"Give an ordinary bowl of Campbell's E-Z Open Tomato Soup (#3086) or Soup Supreme Creamy Tomato Basil Soup (#1973) some pizzazz by topping it with a few Pumpkin Seeds (#3974). These tasty little seeds turn ordinary soup into a gourmet dish and add a nice little snap!" — Chef Beth Casebolt of Zortman, MT



Alison's Pantry Snack Mixes & Nuts

Fruit & Nut Mix, 32 oz. bag.....#3988 \$5.19
SPECIAL \$4.69

Raisins, Banana Chips, Diced Pineapple, Apricots, Raw Almonds, Pecan Halves, Walnut 1/2s & pieces, Chopped Dates, Diced Pineapple, Wide Ribbon Coconut, Raw Filberts

New England Blend, 16 oz. bag.....#4901 \$8.99
Dried Cherries, Craisins, Raisins, Roasted Almonds, Roasted Pistachio Kernels

For Pistachio Lovers Only!

16 oz. bag.....#4900 \$12.19
R/S Pistachio Kernels, R/S Almonds, R/S Cashews

Energy Mix, 16 oz. bag.....#3990 \$5.09
Raw Splits, Raisins, Raw Sunflower Seeds, Raw Pepitas, Raw Almonds, Raw Filberts

Fruit Nibbles Blend, 16 oz. bag.....#4902 \$3.89
Dried Craisins, Golden Raisins, Raisins, Bananas, Apricots, Apples, Papaya, Pineapple

Nutritious Nut Blend, 16 oz. bag.....#4903 \$10.19
R/S Cashews, Dried R/S Macadamias, R/S Almonds

Chocolate Goodie Blend, 16 oz. bag.....#4904 \$4.99
R/S Cashew Pieces, Honey Roasted Sticks, R/S Blanched Peanuts, R/S Almonds, Chocolate Pieces

New Orleans Mix, 16 oz. bag.....#4597 \$3.49
Honey Roasted Peanuts, Honey Roasted Sesame Sticks, Cajun Pepitas, Cajun Sticks, Nacho Sticks

Sunshine Mix, 16 oz. bag.....#3991 \$4.59
Roasted & Salted Almonds, Blanched Roasted & Salted Peanuts, Chopped Dates, Diced Papaya, Diced Pineapple, Apricots, Raisins

Swiss Mix, 16 oz. bag.....#3989 \$4.09
Roasted & Salted Almonds, Blanched Roasted & Salted Peanuts, Raisins, Copycats

Fruit & Nut Mix, 32 oz. bag.....#3988 \$5.19
SPECIAL \$4.69

Raisins, Banana Chips, Diced Pineapple, Apricots, Raw Almonds, Pecan Halves, Walnut 1/2s & pieces, Chopped Dates, Diced Pineapple, Wide Ribbon Coconut, Raw Filberts



"The only nut mix I buy is the Fruit and Nut Mix (#3988). It is the perfect blend of the dried fruits and nuts my family likes. It's a great snack for my husband on the road when he has to travel for his job."
 — Emily Young of Vernal, UT

Alison's Pantry™ Doughs - Every Batch Scratch!

Sixty years of scratch baking experience is behind our new Alison's Pantry dough products! The Porter family is well known for their freshly baked products since the days they owned the renowned Provo Bakery just off Center Street in Provo, Utah. We are pleased to pass along their years of experience in our new products. As always, 'Every Batch Scratch'!

»NEW!« Alison's Pantry™ Best Cinnamon Roll Dough

96/2.5 oz. #5083 \$28.99

Proof 'n Bake product; glaze when warm from oven with simple icing or to make Caramel Nut Rolls; please refer to our website under Caramel Nut Rolls.

»NEW!« Alison's Pantry™ Incredible Bagel Dough Variety

Pack 72/4.5 oz. #5085 \$24.99

Variety of 24 each: Plain, Cinnamon Raisin, Blueberry. Proof 'n bake or place bagels in large pan with hot tap water until they float; then transfer to cookie sheet and bake. These are authentic bagels that your family will love.

»NEW!« Alison's Pantry™ Butter Flake Rolls Variety Pack

100 count #5086 \$27.99

30-2 oz. Orange Rolls

30-2 oz. Raspberry Rolls

40-1.6 oz. Butter Flake rolls

Proof 'n bake plain Butterflake; place rolls on end in greased muffin tin. Allow to rise in warm area till double in size. Danish style orange or raspberry Butterflake rolls are made with fruit smeared over Danish dough and rolled into rolls. Place in muffin tin. Proof and bake; glaze or eat without icing.

»NEW!« Alison's Pantry™ Gourmet All Natural Cookie Dough

1.5 oz. each/120 ct. \$23.99

Our cookies are all made from old family recipes with all vegetable shortening; no animal fat; using all natural ingredients; no preservatives and happily, all our chocolate is real milk chocolate.

☛ #5087 Chocolate Chunk

☛ #5088 Raisin Oatmeal

☛ #5089 Double Chocolate Chunk

☛ #5090 Snicker Doodle

☛ #5091 M&M Chocolate Chip Cookies

1.5 oz. each/120 ct. \$26.99

The M&M cookies are made with real miniature M&M's!!

Cinnamon Roll Dough



Lazone, Kayden (grandson) and Troy Porter of Provo Bakery



NEW!

Incredible Bagel Dough



Chocolate Chip Cookie Dough



Bridgford
The Fresh Baked Idea Company™

Bridgford products are produced from the finest, naturally good ingredients and without preservatives. Bake your family some fresh bread the Bridgford way. All our Bread Doughs are "Proof & Bake" products.

Demi-loaf size is 5 1/2" x 3"

White Demi-loaf Bread Dough 60-6 oz. loaves #4549 \$28.99

Honey Wheat Demi-loaf Bread Dough 60-6 oz. loaves #4550 \$29.99

www.bridgford.com

