



# Alison's Pantry™

Catalog No. 6, June 2009

Order by:

Distributor:



**\$2.40**  
per lb.

Serving Suggestion

## Breaded Chicken Tender Breast Strips

*This is our #1 Selling chicken item. Uncooked, perfect to bake or fry! Strips range from 1-3 oz. Dip in ranch or BBQ sauce.*  
**10 lb. case**  
**#1662.....\$23.99**



## #1 Precooked Hickory Smoked Bacon Slices

*High quality 'center cut' bacon. Microwave, heat and serve.*  
**300 slice case**  
**#4835.....\$34.39**



**11¢**  
slice!

Serving Suggestion

## Boneless, Skinless Breast Fillets

**Just \$1.08 each!**

5 lb. IQF\* (Approx. 6 oz. each)  
**#4487.....\$13.99**  
*Uncooked, bake or grill.*

## Teriyaki Seasoned Boneless, Skinless Breast Fillets

**Just \$1.39 each!**

5 lb. (Approx. 7-8 oz. each) IQF  
**#1755.....\$13.99**  
*Uncooked, bake or grill.*



Serving Suggestion



**\$3.87**  
each!

Serving Suggestion



## Rib Eye Steaks Tenderized

*Cut from USDA Beef, Marinated for consistent flavor and juiciness.*  
8/10 oz.  
cryo-vac'd.  
**#4943.....\$30.99**

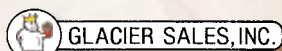


**73¢**  
per lb!

**NEW!**

## Alison's Pantry

**>NEW!< IQF Peeled Shredded Hash Browns**  
6/2.5 lb bags/15 lb case  
**# 5024.....\$10.99**



**Zesty Seasoned Waffle Cut French Fries**  
*Oven Ready or can be deep fried. All Grade A Product. Exciting flavors that you will love!*  
6/4.5 lb. case  
**#4961.....\$30.99**



**25¢**  
each!

**>NEW!< String Cheese Low Fat Mozzarella**  
*WOW! Only 25 cents each! 4/\$1 is the best deal you will ever find for String Cheese! 36 ct. IW*  
**#5050.....\$8.99**



**44¢**  
each!

**Armour® All Meat Hot Dogs**  
6"/15 hot dogs per pound. Beef & Pork,  
50 hot dogs per case @ .44 each.  
*Hot Dogs! Armour Hot Dogs! The dogs kids love to bite!*  
10 lb. case  
**#2746.....\$21.99**



# Fabulous Frozen Foods



*When life gives you lemons...  
make lemonade*

*"This plaque sits in a prominent spot in my home office. Each time I glance up, this timely message brings back a rush of memories from my early days of marriage and motherhood. At one point nearly 30 years ago, I remember telling a dear friend that I felt overly burdened and unhappy in my current life state. She willingly listened and wisely offered an understanding ear. When I opened my door the*

*next morning, a beautiful gift lay there addressed to 'My Dear Friend, Ali.' It was this timely message on a lovely plaque that helped change my attitude and is a constant reminder that I can make lemonade by focusing on squeezing those lemons and adding lots of sugar!"*

*Alison*

Spot our hidden spoon in the **ONLINE** catalog during the first 2 weeks it's posted for a chance to win one of 20 Alison's Pantry \$25.00 Gift Certificates. Send your name, address, and the spoon's location to: Alison's Pantry, 6925 82<sup>nd</sup> Ave SW, Mott, ND 58646. One per household, please. **Entry must be postmarked by 3/28/09.** Congrats to our latest winners who found the spoon on page 11 in the TORNADOS ad: Heidi Hoff, Richardton, ND; Ramona Chamberlain, Monticello, UT; Brandi Hanson, Hettinger, ND; Amy Lords, Fallon, NV; Donald Hintz, Dickinson, ND; Leslie Willden, Scipio, UT; Misty Bomba, Rock Springs, WY; Cheryl Roshau, South Heart, ND; Ramona Lewis, Redmond, UT; Marlene Taylor, Glendive, MT; Christine Anderson, Cedar City, UT; Darlas Rogers, Bainville, MT; Kris Graff, St. George, UT; Brooke Heaton, Lyman, WY; Brittony Shean, Delta, CO; Marzene Bustos, Billings, MT; Sherry Wolff, Golden Valley, ND; Stacey Izatt, Nephi, UT; Anita Temple-Thomas, Mott, ND; Terri Smith, Livingston, MT

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NOTE: TAX INCREASE! Please add 3% Sales Tax for all food items and 6.75% Sales Tax for non-food items, or specific rate for your state. Add 10% shipping to your order. We reserve the right to substitute items of equal value and quality.

Office Hours: M - F 8:00 - 5:00  
'Store' Hours: M - F 10:00 - 6:00  
Closed Saturday & Sunday

580 W. State Street, P.O. Box 1019,  
Pleasant Grove, UT 84062.  
Local: 1-801-796-6411  
Toll Free: 1-866-5-Pantry  
Fax: 801-796-9309  
www.alisonspantry.com



## Golden Breaded Whole Muscle Chicken

**Breast Fillets**  
Uncooked, bake  
or fry.  
Approx. 20/4 oz.  
per bag. 5 lb.

#1237.....\$13.49



**67¢  
each!**

Breaded Chicken Breast Fillets

**HOT  
BUY!**

**50¢  
a avg.!**



*"Those Mac & Cheese Nuggets (#4486) are YUMMY! We love them!"*

— Mandie Melton of Glendive, MT

## Breaded Macaroni & Cheese Nuggets

**Hot Deal Item!**

Oven, Microwave or Deep Fat Fry. Delicious meal for your family! Unique product—this is sure to please even the pickiest of eaters.

4/3 lb. bags case.....#4610.....\$15.99

## Tiramisu Just 32¢ / 2 oz slice!

2-9"x11" trays, un-sliced  
Light Italian custard with  
mascarpone cheese and whipped  
cream over espresso-soaked lady fingers  
and dusted with cocoa powder.  
Just thaw and serve!

2/3.88 lb. trays/case

#4838.....\$25.99.... **SALE! \$19.99**

**HOT  
BUY!**



*"I love the Tiramisu (#4838). When my order came last week I hugged it and couldn't wait to go home and eat some. It should have lasted longer - it was like it had a hole in the container! I shared with the people at the Vet office and everyone just loved it. It is a lot better than other tiramisu I've had."*

— Annette Haas of Elgin, ND

**HOT  
BUY!**



## »NEW!« Breaded

**Mozzarella Cheese Sticks**

Bake or Fry!

Regular cost per pound @

\$5.99 vs. ours @ \$2.99.

4 lb. bag

#5068.....\$11.99

**Hot Deal Item! YOU SAVE 50%**

## Our Vision and Mission:

Alison's Pantry—Our name is our guarantee. Our mission is to provide restaurant quality food products with quality service and a personal touch. Let us fill your Pantry!





Big Buy Bulk Bacon



'Bone In' Ham Steak

**\$1.60**  
per steak!



'Center Cut' Bacon,  
Honey Cured

**\$3.80**  
per lb.!



Pork Sausage Links

**15¢**  
a link!

"The Big Buy Bulk Bacon (#3297) is awesome! All full slices and very thick too. Slices were neatly packed in layers separated by parchment paper. With the heavy smoke flavor, the resulting bacon grease is just wonderful! You modern cooks might not use bacon grease any more, but it is something to be appreciated; and us old cowboy cooks can't hardly imagine being without some on hand for certain things like frying up liver & onions, wild game and stew."

— Holly Waddell of Bison, SD

www.dailysmeats.com

### Daily's® #1 Precooked Hickory Smoked Bacon Slices

High quality 'center cut' bacon. Microwave, heat and serve. Frozen shelf life: 6-9 months. Packaged as 2/150 ct. bags, layered on parchment. 300 slices per box.....#4835.....\$34.39

### 'Big Buy' Bulk Bacon

Irregular slices, slab, raw full slices of bacon. Layered/shingled between wax paper sheets. Shipping frozen.

15 lb. bulk.....#3297.....\$27.59

### 'Center Cut' Bacon, Honey Cured

Restaurant #1 Quality. Shipping frozen. Shelf life: 90 days.

5 lb.....#3298.....\$18.99

### Sugar Cured Bacon Bulk Ends & Pieces

Random ends and pieces of bacon, perfect for soups, Dutch oven cooking, and eggs—this is a camper's dream!

Frozen shelf life: 90 days.

15 lb. bulk.....#2899.....\$18.99

### Pork Sausage Links (raw) 1 oz. size

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

12 lb. case.....#3386.....\$31.39

### Daily's Pork Sausage Links, pre-cooked\*

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

Just microwave and they're ready to eat in minutes. 240 ct., 0.8 oz. size

12 lb. case.....#4062.....\$36.79

### Daily's Pork Sausage Patties, pre-cooked\*\*

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

Just microwave and they're ready to eat in minutes. 96 ct., 2 oz. size

12 lb. case.....#4063.....\$34.09

### Pork Sausage Patties (raw), 2 oz. size

The finest quality seasonings and USDA-inspected cuts of pork combine to make these delicious sausages.

12 lb. case.....#3387.....\$30.99

### 'Bone In' Ham Steaks

Average weight of each Ham Steak is 6 oz. 10/6oz. Steaks per package.....#4441.....\$15.99



GLACIER SALES, INC.



Sweet Potato French Fries

### Glacier Gold Sweet Potato French Fries

6/2.5 lb. bags/15 lb. case ... #4979 .....\$32.99

Nutritious and Delicious; coated Sweet Potato Fries, Grade A. Oven Bake or Deep Fry. **Best Buy!** Regular price @ 38.99 SAVE 6.00 per case!

### French Fries, 30 lb. case ..... #4074.....\$22.39

3/8" straight cut Grade A Fries. 6/5 lb. case. **Just 69¢ per pound!** Deep fry.

### Hash Brown Patties (pre-formed)

240 count case/33.7 lb. .... #4963 .....\$38.99

Pre-browned and ready to cook up for a hearty breakfast! Comes packaged in 24/10 count trays for ease of frozen storage and use. Only 16 cents each. Unbelievable price!

### Potato Rounds, 6/5 lb. case ... #4962.....\$23.99

Bake or Fry. One quarter the size of our Tator Tots; easy to use in casseroles, soups, etc.

### Tator Tots, 6/5 lb. case.....#3476.....\$20.39

Bake or Fry. Pre-browned; bakeable Tator Tots for a quick meal anytime!



Zesty Waffle Cut Fries

### Zesty Seasoned Waffle Cut French Fries

6/4.5 lb. case ..... #4961 .....\$30.99

Wedges and Waffle Fries are Oven Ready or can be deep fried. All Grade A Product. Exciting flavors that you will love!

### Batter Coated Seasoned Zesty Potato Wedges

6/5 lb. case ..... #4960 .....\$29.99

### Twice Baked Potatoes Microwave or Bake

24/5 oz. IW.....\$21.69.....**SALE! \$19.59**

☛ #3333 Gourmet Style w/Cheddar Cheese

☛ #3334 Broccoli & Cheddar Cheese

**Just 82¢ each for a beautiful side dish!**



Twice Baked Potatoes

**SALE!**  
**82¢**  
each!

"My family had to find out what all the hoop-la was about these Sweet Potato French Fries (#4979). We purchased them and had them for dinner one night. After explaining to my children that they were French fries, everyone started eating. I baked some in the oven and deep fried another pan. I actually preferred the baked ones, they are just as crispy and sweet to eat. We dipped them in the usual fry sauce. They were yummy and a nice change from the standard French fry."

— Stacey Izatt of Nephi, UT



## Golden Breaded Chicken Breast Patties

Mild & perfect for kids. Chopped & formed. **Just 51¢ each!**

60/3 oz. patties (11.25 lb.).....#3065...\$30.69

**Golden Breast Chicken Nuggets**—Mild Breading, oven bake or deep fry. 100% Breast nuggets. 184 ct./1.87 oz. case. Super great pricing on these nuggets; we normally sell @ \$28.99 per case.

**You save \$2.20 a case, or 8%! 10 lb. case.....#2867...\$26.79**

**Par-Fried Breaded Chicken Gizzards**—Bake or Fry.

90/2.5 oz., 2-5 lb. bags per case.....#4757...\$23.19

**Tempura Battered Chicken Chunks**—Ready-to-cook chicken breast chunks, **all you add is veggies & sauce.** Bag Yield: 20 – 4 oz. servings. **Just \$1.14 per serving! 5 lb. bag .....#4276...\$22.79**

**Chicken Ring Nuggets**—Fully Cooked, Shaped like a ring!

Kids love them! 5 lb. bag.....#3943...\$16.09

**Chicken Dinosaur Nuggets**—(Shaped for kids!) Ready-to-cook.

Formed from Breast and Thigh Meat. Par-fried. Oven Bake or fry.

5 lb. bag .....#3018...\$13.09

**Marinated Basic Breast Fillets, IF\***—Marinated with a mild saline solution for added moisture and tenderness.

48/4 oz. case, 12 lb.....#2467.....\$45.99.... **SALE! \$41.99**

**Basic Breast Fillets, IF\***—**Just \$1.24 each!**

16/5 oz. Bag/5 lb.....#2466.....\$19.89.... **SALE! \$17.99**

\*IF=individually frozen and Ice Glazed [www.piercechicken.com](http://www.piercechicken.com)



"I have to tell you that the Pilgrim's Pride Chicken Nuggets (#2867) are wonderful! I always felt that chicken nuggets were a "junk food" UNTIL I tried these! I can feel free to give them to my children for lunch or even a snack. Nice, thick, meaty chunks! I like that they're a breeze to cook. I just throw them in the toaster oven for a bit and they are ready to go! I have 5 small children at home so foods like this are a lifesaver sometimes!"

— Lisa Foley of Aberdeen, SD



New York Strip

"I just love the New York Strip Steaks (#4618). I really like the flavor and they cook up really well."  
— Teri Fauber of Sheridan, WY



Top Sirloin Coulotte Steaks

**USDA Choice Top Sirloin Coulotte Steaks\***

12/8 oz. cryo-vac'd.....#4617 .....\$47.79

These steaks are cut from USDA Choice top sirloin beef. Seasoned for your grill.

\*All Holten® Steaks come cryo-vac'd and individually packaged for ease of use and longer frozen life. [www.holtenmeat.com](http://www.holtenmeat.com)



Country Fried Steak

**Country Fried Steak, Raw/Breaded SPECIAL!.....\$41.99**

Bake or fry, 4 to the pound/10 lb. case.....#4613 ....\$44.79

Top quality USDA approved grain-fed beef. Battered, breaded and IQF to guarantee freshness and flavor.

**NY Strip Steaks, Tenderized\***

10/8 oz. cryo-vac'd.....#4618 ....\$29.99

Cut from USDA Beef. Marinated with a subtle seasoning solution to enhance and provide consistent flavor and juiciness. (This is Jesse's favorite steak!)

**Rib Eye Steaks, Tenderized\***

8/10 oz. cryo-vac'd, only \$3.87 each!.....#4943 ...\$30.99

Cut from USDA Beef, Marinated for consistent flavor and juiciness.

**Hamburger Patties.....SPECIAL!.....\$25.99**

8 lb., 4 per lb./32 patties per case.....#4758 ...\$30.69

Holten Meat Restaurant Quality Beef Patties provide delicious hamburgers in a convenient 8 lb box that is perfect for large gatherings and parties. 75%/25%

**Beef Strips – from Flat Iron USDA Choice Beef**

5 lb. vacuum-packed bag .....#4918 ....\$29.99

Beef strips are great for stir fry, fajitas, stroganoff, omelets and sandwiches.

**Boneless Pork Loin Fritters, Raw, Breaded**

4 to the pound/10 lb. case.....#4615 ....\$46.49

Top quality, whole muscle, boneless pork loins, these tasty pork cutlets are shaped, sliced, cubed and individually quick frozen to guarantee freshness and flavor. Lightly floured with our homestyle breading to make pork loin fritters.





Serving suggestion

### Oriental Breaded Dinner Shrimp

Deep fry only.  
3 lb. (16-20 shrimp per lb.)  
#1813.....\$22.09  
**OUR BEST SELLING SHRIMP!**

*"The Oriental Breaded Dinner Shrimp (#1813) are a favorite with our family. We use them for special occasions because they are the best, just like you get in a restaurant!"*

— JoAnn Merkle of Tridell, UT



Serving suggestion

### Beer n' Batter Dip't Butterfly Shrimp

[Tail On] 2 lb.

(42-48 shrimp per lb.)

#3857.....\$19.19

*Premium shrimp dipped in a light batter made with real beer. Tavern-style look & flavor!*



Butterfly Shrimp

### »NEW« Oven Ready Butterfly Shrimp, 2 lb.

31-40 shrimp/lb .....#5029 .....\$18.89

### Bake 'R Fry Shrimp Fries

3 lb. box.....#4678.....\$12.99

### BIG! Butterfly Shrimp Gold Pack

2.5 lb. ....#4181 .....\$25.99

15 Shrimp per pound! Lightly breaded and fries to a golden brown.

### Italian Breaded Calamari Rings

IQF 2 lb. ....#4179 .....\$12.59

*Our delightful Calamari Rings you've come to love with an Italian flair!*

### Coconut Shrimp, Round Breaded [Tail On]

2.5 lb., 16/20 shrimp/lb. ....#3859 .....\$30.19

### Breaded Scallops

30/40 per lb., 3 lb. ....#3856 .....\$30.49

### Shrimp Poppers 2 lb.....#4180 .....\$8.39

*Tender baby shrimp, carefully breaded and ready to fry. Serve with your favorite dipping sauce.*

### Jalapeño & Cheese Shrimp Jammers

3 lb. 16/18 per lb. ....#3858 .....\$21.69

*Try them with salsa. 40¢ EACH!*

[www.tampamaid.com](http://www.tampamaid.com)

## 3 lb. tray packs .....\$10.29

### »NEW!« Maple Sage Sausage Links .....#5030

*Traditional country style sausage with a sage foundation. We added the maple flavor to save you the trouble.*

Intro offer: 3 lb. 12 oz. for same cost as our 3 lb. tray.

**You get ¼ lb. for FREE!**

### »NEW!« American Style Breakfast Sausage Links.....#5027

*This is a traditional country style sausage with a sage foundation.*

Intro offer: 3 lb. 12 oz. for same cost as our 3 lb. tray.

**You get ¼ lb. for FREE!**

### »NEW!« Bratwurst Sausage.....#5031

*Traditional German style sausage with nutmeg and coriander. This is a mild but flavorful sausage.*

### »NEW!« Cheddar Bratwurst Sausage.....#5032

*Same as bratwurst, but with cheddar cheese!*

### »NEW!« Mild Italian Sausage .....#5033

*This is our foundation sausage. The one grandpa brought with him from Calabria. It is a mix of cayenne, salt and the sweet flavor of fennel.*

### »NEW!« Hot Italian Sausage [for the brave only!] .....#5034

*The hot is the same sweet fennel with the heat of cayenne and crushed chili peppers.*

Note: All our products come frozen and raw; links are skinless; Bratwurst Sausage is made with natural casing.

*"We tried Colosimo's American Style Breakfast Sausage (#5027). It was really good. My 16 year old son loves sausage and kept asking for more. My 19 year old son who usually prefers bacon over sausage even asked for more."*

— Shari Thurlow of Lindon, UT



A Colosimo has been making sausage in this country for over eighty years. How many years before that in Italy no one knows for sure. Ralph Colosimo came to America in 1921 with little in his pocket, but in his head was the recipe for delicious, authentic Italian sausage. In the summer of 1923 he opened a store in Magna, UT, and Colosimo's was born. Ralph's sons, Gale and Ernie, watched their dad make sausage and finally asked if they could learn. They came up with more flavors and grew their business and reputation. Eventually Gale and Ernie taught their sons their sausage-making secrets and the legend lives on, now in Sandy, UT.

[www.colosimosausage.com](http://www.colosimosausage.com)



**NEW  
ITEMS**







**SPECIAL  
SALE  
PRICE!**

**Price Reduction!**  
**Asparagus Spears**  
Medium IQF  
2.5 lb  
#3127.....\$11.29  
**SPECIAL \$10.19**

*"I love the Flav-R-Pac Asparagus Spears (#3127). It is just like having fresh picked asparagus year round! I put some in the microwave for 5-7 minutes with butter, salt and pepper. Voilà! You have a nice side dish that is fast, easy, and healthy!"*

— Joetta Pearcy of  
Glendive, MT



## Pantry Pointer

Asparagus is one of the most nutritionally well-balanced vegetables in existence. It leads nearly all produce items in the wide array of nutrients it supplies in significant amounts for a healthy diet.

*Connoisseur*  
COLLECTION  
**Connoisseur Collection.....2 lb.....\$5.99**

**#4674 Carrots and Sweet  
Potatoes with Glaze**

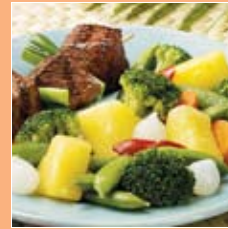
*Sweet Potatoes, Carrots and Brown Sugar Glaze.*

**#4676 Vegetables with  
Lemon Dill Butter Sauce**

*Green Beans, Broccoli & Carrots w/Lemon Dill Sauce.*

**#4675 Vegetables with Asiago Cream**

*Broccoli Florets, Large Diced Orange and Yellow Carrots with a creamy, spiced Asiago cheese sauce.*

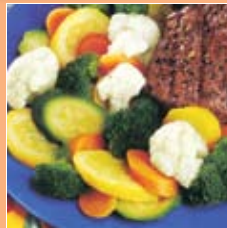


**Grande Classics®  
Maui Blend**

*Broccoli, Pineapple,  
Sugar Snap Peas, Carrots,  
Onions, Red Peppers*  
4 lb.....#2959.....\$9.49

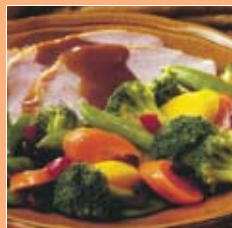


**Grande Classics®  
Key West Blend**  
*Whole Green Beans,  
Bias Sliced Carrots,  
Bias Sliced Yellow Carrots,  
Red Pepper Strips*  
4 lb.....#2556.....\$6.29

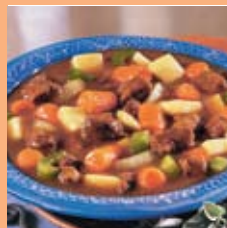


**Grande Classics®  
Normandy Blend**  
*Broccoli, Cauliflower,  
Sliced Carrots,  
Zucchini, Yellow Squash*  
4 lb.....#1266.....\$6.99

**Grande Classics®  
Riviera Blend**  
*Whole Green Beans,  
Whole Wax Beans,  
Whole Baby Carrots*  
4 lb.....#2557.....\$6.99



**Grande Classics®  
Nantucket Blend**  
*Broccoli, Carrots,  
Sugar Snap Peas,  
Red Peppers, Cranberries*  
4 lb.....#2958.....\$9.09



**Soup 'n Stew  
Vegetable Blend**  
*IQF Diced Potatoes, Sliced  
Carrots, Small Whole  
Onions, 1/2" Sliced Celery*  
5 lb.....#3219.....\$6.09

**Omelette Blend**  
*Add the sweet  
taste of home to your  
breakfast table.*  
2 lb.....#3216.....\$3.19

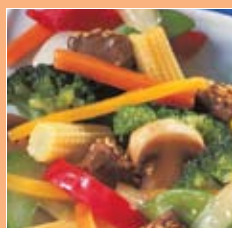
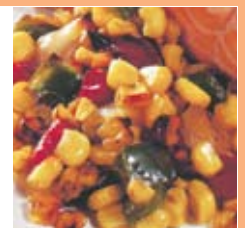


**Grande Classics®  
Gourmet  
Caribbean Blend**  
*Whole Broccoli, Yellow  
Carrots, Green Beans,  
Bright Red Peppers*  
4 lb.....#3782.....\$7.19



**Fajita Blend**  
*Onion Strips, Red, Green  
and Yellow Pepper Strips.  
Simple and delicious!*  
2 lb.....#2069.....\$3.49

**Flame Roasted  
Sweet Corn,  
Peppers & Onions**  
*Lightly seasoned— it's  
"Supergood!"*  
2.5 lb.  
#2742.....\$6.89



**Deluxe Stir Fry  
Vegetable Blend**  
*As rich in flavor as it is  
easy to prepare!*  
4 lb.....#1175.....\$8.09



**Green Peas  
with Buttery  
Flavored Sauce**  
*Serve as a sweet,  
delicious side.*  
2 lb.....#3217.....\$3.29

**Grande Classics®  
Gourmet Whole  
Green Beans**  
*Beautiful whole beans  
to add a wholesome  
touch to your meals.*  
4 lb.....#3781.....\$5.99



**Grande Classics®  
Cozumel Blend**  
*Sugar Snap Peas,  
Mango, Red Peppers,  
Asparagus, Onions*  
4 lb.....#2960.....\$9.29



**Whole Kernel  
Corn with Sauce**  
*Whole Kernel Corn  
with a delicious, rich  
buttery flavored sauce.*  
2 lb.....#4664.....\$3.29

**Glazed Whole Baby  
Carrots in Maple  
Flavored Sauce**  
*Beautiful, delicious,  
and good for you too!*  
2 lb...#3218...\$3.29







**Heartland Chicken Noodle Soup**  
Thick home-style noodles with chicken. Very hearty.  
42 oz./106 oz. yield  
#3302.....\$12.19



**Cream of Potato**  
Premium potatoes, onions, celery, carrots and a bit of bacon for flavor.  
52 oz./116 oz. yield  
#1179.....\$13.59



**New England Clam Chowder**  
Made in a traditional creamy base. A superb chowder!  
52 oz./116 oz. yield  
#1180.....\$15.19



**Baked Potato Chowder w/Bacon**  
A great tasting chowder with pork and bacon flavors  
64 oz./128 oz. yield  
#1974.....\$16.69



**Cream of Broccoli with Cheese**  
A touch of Parmesan cheese gives this soup a rich flavor.  
54 oz./106 oz. yield  
#1178.....\$14.19



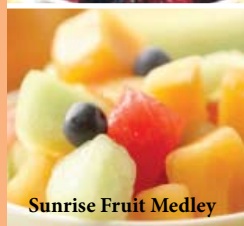
**Fiesta Tortilla Soup with Chicken**  
Made with corn tortillas. A celebration of lively flavors.  
58 oz./122 oz. yield  
#2204.....\$14.99



Fiesta Blend



Oregon Berry Mix



Sunrise Fruit Medley



### Delicious Fruit Mixes

#### Fiesta Blend

A tropical party for your taste buds!  
Mango, Papaya, Pineapple and Strawberries

5 lb. bag.....#4983.....\$11.49

#### Oregon Berry Mix

IQF berry favorites from the great North West: Strawberries, Marion Blackberries, Blueberries and Raspberries

10 lb. case ....#4984.....\$37.99

#### Sunrise Fruit Medley

Start your day right with Peaches, Strawberries, Honeydew, Pineapple and Blueberries

5 lb. bag.....#4985.....\$13.39



### GLACIER SALES, INC. Vegetables by the case! Grade A, IQF, nothing added.



#### Carrots, Diced

20 lb. case .....#4986.....\$14.99

#### Corn, Super Sweet Cut IQF

20 lb. case .....#4987.....\$20.99



#### Mixed Vegetables 5-way IQF

Carrots, peas, corn, lima beans and green beans

20 lb. case .....#4988.....\$19.99

#### Peas IQF

20 lb. case .....#4989.....\$21.99

#### Whole Green Beans

15 lb. case .....#4990.....\$24.99

IQF = individually quick frozen

Before grilling your Pork Chops, top them with our Triple Berry Topping (#3779). Try it with grilled chicken breast or turkey,

### Pantry Pointer



#### Pasta Perfect®

##### Pasta & Vegetable Mixes

Run product under hot water to thaw.  
2 lb bags

##### Rotini with Vegetables

White pasta spirals with broccoli, carrots, kidney beans, small white beans, garbanzo beans, Italian type green beans and red peppers.

#2740.....\$3.99

##### Bowties with Vegetables

A colorful blend of Bowtie white pasta with broccoli, Italian beans, kidney beans, garbanzo beans and red peppers.

#2558.....\$3.99

##### Gemelli with Vegetables

Long, twisted white pasta in a complementary blend of sliced carrots, sugar snap peas, broccoli and diced red peppers.

#2741.....\$3.99



#### Fruit Toppings (sugar added)

##### Strawberry, Sliced

Sliced Strawberry Topping is labor-free, easy to handle and store, and available when you need it year round.

2 lb. bag .....#3778.....\$5.59

##### Triple Berry

Strawberries, Marionberries & Raspberries: three great berries combined to create a distinctively delicious topping.

2 lb. bag .....#3779.....\$6.09

##### Apples, Diced

Great as an ingredient for baked goods or on a breakfast bar.

2 lb. bag .....#4980.....\$3.99

##### Peach

Peach topping is sensational on crepes, French Toast and warm with ice cream.

2 lb. bag .....#4981.....\$5.59

##### Blueberry

Add to your pancakes, waffles, cheesecakes and muffins. Or, served warm as a topping for hot cereal.

2 lb. bag .....#4982.....\$6.79



# Fabulous Frozen Foods



www.alisonspantry.com



## Strawberries, Whole\*

5 lb. pouch  
#2028.....\$10.29  
Hand picked & quick frozen, to keep peak season goodness.



## Mixed Melons\*

Cantaloupe & Honeydew  
5 lb. pouch  
#2036.....\$13.59  
Mix of the finest fresh frozen melons.



**Strawberry Bits & Pieces IQF**  
2/5 lb. bags/10 lb. ....#2633.....\$17.99  
**Best Buy Item!**



## Mixed Berries\*

5 lb. pouch  
#2034.....\$16.89  
Strawberries, Red Raspberries, Blackberries, and Blueberries.



**COMPARE:**  
Retail @ 68¢ per oz. vs ours at 35¢ SAVE 49%!

## Raspberries, Whole\*

5 lb. pouch  
#2031.....\$27.99  
Picked at the peak of ripeness & quick frozen for best quality.



## Pineapple Chunks\*

5 lb. pouch  
#3069.....\$9.59  
Naturally sweeter & juicier than regular pineapple.



## Mango Chunks\*

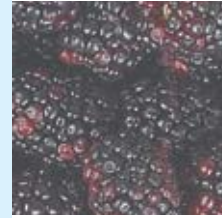
5 lb. pouch  
#2837.....\$11.59  
Tropical flavor with a host of nutrients to make healthy eating a delightful experience.



## Strawberry Freezer Jam

5 cups Strawberry Bits & Pieces (#2633), mashed  
2 cups sugar  
3 Tbsp Clear Jel (#2888)  
1/2 cup corn syrup

Mix Clear Jel with the sugar. Stir into Strawberry Crumbles. Add 1/2 cup corn syrup. Mix well, put in containers and freeze.



## Blackberries, Whole\*

5 lb. pouch  
#2029.....\$12.69  
Blackberries add superb taste & color to a range of dishes.



## Strawberry Bits & Pieces IQF

2/5 lb. bags/10 lb  
#2633.....\$17.99  
A great way to save on berries if you don't need them to be whole!



## Mixed Fruit\*

Peaches, strawberries, pineapple, honeydew melons and red seedless grapes  
5 lb. Pouch  
#2032.....\$11.29



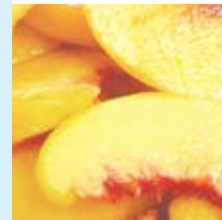
**COMPARE:**  
Retail @ 50¢ per oz. vs ours at 26¢ SAVE 48%!

## Blueberries\*

5 lb. pouch  
#2030.....\$20.99  
Packed w/antioxidants and other nutrients. You'll love their "just picked" flavor!

## Pantry Pointer

Serve Dole® Frozen Fruit this summer straight out of the bag! Kids love the taste of frozen berries and other fruits, and it makes a nutritious dessert.



## California Sliced Peaches\*

5 lb. pouch  
#2033.....\$10.99  
Grown in prime peach regions, ensuring the highest quality.



## Raspberry Crumbles

IQF  
4/2.5 lb. bags/10 lb.  
#2632.....\$45.59  
**Best Buy Item!**



## Frozen Smoothie Starters™

Eat healthy the easy way! Have a delicious Smoothie that is equal to two servings of fruit!

24/7 oz. packets  
\$31.59  
**SALE \$29.99**

#3955 Strawberry/Banana  
#3957 Mixed Berry  
#3956 Mango/Peach/Banana

**Just \$1.25 for a smoothie!**



**Red Tart Cherries, Whole pitted\***  
Sour or tart flavor, ideal for baked goods, topping or mixes. Packed with antioxidants that fight free radicals in the body and may help prevent cancer and heart disease as well as slow the aging process. 5 lb. pouch  
#2037.....\$16.39 ..... SALE \$14.79

\*Re-sealable, no sugar added  
• IQF = Individually quick frozen.  
[www.dole.com](http://www.dole.com)



## 'Chef Ready' All Natural Cut Fruit

Perfectly diced and cubed! What could be simpler? Perfect for salsas, sauces, toppings, fruit salads, pastries, and beverages. 2 year shelf life and handy re-sealable bag. All varieties are IQF. 5 lb.

∞Pineapple Cubes ..... #4763.....\$11.19  
∞Diced Strawberries... #4766.....\$11.89  
∞Diced Peaches..... #4765.....\$12.69  
∞Mango Cubes..... #4764.....\$13.99





Apple Cinnamon Whole Grain Cinnamon Bake

**Healthy Choice® Cinnamon Bakes™ Whole Grain Pies**  
Whole Grain Cinnamon Bakes™ from Healthy Choice®  
are great for breakfast or snack. Bake able. 72/3 oz. pies.....\$27.19  
#4859 Strawberry Cinnamon Whole Grain Pies  
#4860 Apple Cinnamon Whole Grain Pies [www.healthychoice.com](http://www.healthychoice.com)



Tasty Cherry Turnover

**Holly Ridge® Bakery Sweet Pastries**  
Our bubbly pastries are made with the sweetest, mouth-watering fruit and dessert fillings. Sweet and satisfying for your whole family. \*Deep fry @ 360°  
**Sweet Apple Turnovers,\*** Sweet and tart apple chunks smothered in a cinnamon sauce. 72/2.5 oz. case.....#4057.....\$20.09  
**Tasty Cherry Turnovers,\*** Tasty tart cherries in a sweet cherry sauce. 72/2.5 oz. case.....#4058.....\$23.89  
**Sweet Peach Turnovers,\*** Fresh peaches in a sweet sauce; crescent shape. 72/2.5 oz. case.....#4060.....\$22.89

"I would never be able to pick my favorite AP Cookie Dough. I love every one of them! I have to have at least one of each in my freezer at all times! I do have to buy the twin pack of Chocolate Chip though, because when my family robs the cookie dough when I am not around...that is the one they go for. Thank you for such a great product at such a great price!"

— Charise Strand of Cedar City, UT



Serving suggestion

### Alison's Pantry Gourmet Cookie Dough

- Wonderful White Chocolate Macadamia Nut.....#3136.....\$7.29
- Soft Oatmeal Raisin.....#3135.....\$5.99
- Fantastic Pumpkin Chocolate Chip.....#3137.....\$5.99
- Scrumptious Chocolate Chip.....#3134.....\$5.99
- Marvelous Macaroon w/Milk Chocolate Chips.....#3138.....\$7.29
- Pumpkin Chocolate Cookie Dough 2/3 lb.....#3368.....\$11.49
- Chocolate Chip Cookie Dough 2/3 lb.\*.....#3367.....\$11.49

3 lb. tubs Yield: approx. 48 – 1 oz. cookies per tub.

**America's #1 Snack Pie Manufacturer brings you Cutie Pies!**  
Whole wheat crust, zero trans fat, and nice size for kids' lunches and for anytime snacks.

60/2 oz. Pies .....\$16.99

- #4945 Apple
- #4946 Berry
- #4947 Lemon
- #4948 Cherry
- #4949 Chocolate



**Ne Mo's® Fine Bakery Products**  
Homemade goodness... away from Home®  
Store in freezer until ready to use; thaws in 1 hour. Shelf life: 9 months frozen, 21 days at room temperature or refrigerated. Wholesome ingredients! All individually wrapped.

#### Specialty Bundt Cakes

12/4 oz. ....\$13.99

- #4950 Chocolate
- #4952 Orange Dream Swirl

#### Cake Slices

12/4 oz. ....\$12.99

- #4956 Lemon Pound Cake
- #4957 Carrot Cake
- #4959 All Butter Pound Cake

[www.nemosbakery.com](http://www.nemosbakery.com)



**Tornados** — Soft, flour tortillas rolled in crispy seasoned batter and stuffed with savory meats and real cheeses melted to perfection. Microwave, bake or fry. Case comes with sleeves for each. Case of 24/3 oz.....\$18.09

- #3951 Steak, Egg & Cheese
- #3953 Bacon, Egg & Cheese
- #3104 Cheesy Pepper Jack
- #3105 French Toast & Sausage
- #2928 Ranchero Beef Steak & Cheese
- #3952 Shredded Beef
- #2927 Apple Cinnamon
- #3106 Cheese & Pepperoni
- #2925 Southwestern Chicken
- #2926 Sausage, Egg & Cheese

"The Tornados are a hit with my customers! This is one of my most requested items when they order, especially the breakfast tornados."

— Cheryl Ferrero of Bayard, NE



Chimichangas

**Beef & Bean Chimichangas,\*** 60/4 oz. ....#4365.....\$24.69

**'Chimi' Rolls,** 24/4 oz. ....\$28.19

- #4864 Spicy Steak, Potato & Cheese
- #4865 Chicken, Green Chili & Cheese

**Burritos,** 64/4 oz. ....\$30.39

Packaged in 6 wrapped trays of 10 burritos per tray, not individually wrapped. Product is easy to divide in case. **Just 47¢ each!**

- #2918 Bean & Cheese
- #2919 Beef & Bean
- #2920 Beef & Bean Green Chili

[www.elmonterey.com](http://www.elmonterey.com)



# Fabulous Frozen Foods

www.alisonspantry.com



## Foster Farms® Corn Dogs

are plump franks in exclusive honey crunch batters made with a Southern Dixie corn meal and high quality Pillsbury® Batter. And these franks are plump, with a generous 50/50 meat-to-batter ratio. They're fried in only 100% vegetable oil and contain ZERO grams trans fat per serving.

All Meat Premium Corn Dogs\*, 60/2.67 oz. .... **#1182** ..... \$26.49

Chicken Mini Corn Dogs, Mini chicken franks wrapped in Honey Crunch batter. 5 lb. bag (Approx. 120/.67 oz. corn dogs) .. **#1581** ..... \$16.79

Chicken Corn Dogs, 60/2.67 oz. per case ..... **#3299** ..... \$23.19

Cheese & Jalapeno Corn Dogs, Mild Jalapeno cheddar flavor.  
36/4 oz. .... **#1932** ..... \$23.79

Turkey Franks, Grill 'em up for a great bite and healthy too! 6" franks, 80 per case. Naturally smoked for best flavor.  
10 lb. case/8 per lb. .... **#3300** ..... \$16.29

Maple Pancake with Pork Sausage\* Pancakes and Sausage, wrapped to go, on a stick for fun eating! 56/2.85 oz. .... **#1406** ..... \$28.59

Maple Blueberry Pancake with Pork Sausage  
10 lb. case of delicious breakfast or snack pancake wraps. Just 57¢ each!  
56/2.85 oz. .... **#4926** ..... \$31.99

Sliced Fully Cooked Lunch Meat Combo Pack  
4 lb. of each: Hickory Smoked Turkey, Salami, and Bologna.  
1/2 oz. slices. Each type of meat comes in 2/2 lb. packages.  
12 lb. case ..... **#2673** ..... \$31.39  
**Just \$2.47 per pound for healthy, top quality lunch meat.**

[www.fosterfarms.com](http://www.fosterfarms.com)



Gold Coast Wings



Premium Corn Dog

**Gold Coast Wings with Honey BBQ Sauce**, Fully cooked.  
Sweet and tangy, these meaty wings are fully cooked and coated in delicious honey BBQ sauce. Just heat and serve. Great for parties!  
5 lb. (50 ct.) ..... **#2119** ..... ~~\$22.79~~ ..... **SALE! \$20.59**

**Buffalo West Wings**, Fully Cooked  
100-140 count, 5 lb. .... **#1933** ..... ~~\$22.79~~ ..... **SALE! \$20.59**

**>NEW!< Chicken Tenderloin Fritters**, 9 lb. .... \$33.79  
Tenderloins are 100% tenderloin loin which is the tenderest part of the bird.  
Tender fry time is 2 ½ to 3 minutes; 12 minutes in oven.  
❖ **#5035 Buffalo Chicken Tenderloin Fritters**  
❖ **#5036 High Sierra Chicken Tenderloin Fritters**

**NEW ITEMS**

**Margherita® Sliced Pepperoni**  
3 lb. (14-18 slices per oz.) ..... **#1596** ..... \$14.29

**Margherita® Superior Italian Meatballs**  
5 lb. bag (160-½ oz.) ..... **#1598** ..... \$16.89

**Real Bacon Bits** (fully cooked)  
2 lb. foil pouch ..... **#1593** ..... \$12.69

**Armour® All Meat Hot Dogs**  
6"/5 hot dogs per pound. Beef & Pork, 50 hot dogs per case @ .44 each.  
Armour Hot Dogs; the dogs kids love to bite!  
10 lb. case ..... **#2746** ..... \$21.99



## Tasty Bake Pizza Crusts

Our crusts come Par-baked; all you have to do is spread with sauce, add some Cache Valley® Mozzarella Shredded Cheese and Margherita® Pepperoni, and bake for a quick and delicious homemade pizza taste!

**>NEW!< 'Original' 8" Thin Crusts**  
48/8" Crusts ..... **#5069** ..... \$21.59

**>NEW!< 'Original' 8" Thick Crusts**  
30/8" Crusts ..... **#5070** ..... \$18.99

**>NEW!< 'Original' 12" Thick Crusts**  
14/12" Crusts ..... **#5071** ..... \$17.99

**>NEW!< 'Italia' Hand Stretched 8" Crusts**  
16/8" Crusts ..... **#5072** ..... \$24.19  
This crust is made with seasoned dough containing garlic, parmesan cheese, and olive oil. It is a hand stretched product and is not uniform in size and thickness. It is topped with a coating of olive oil and a sprinkle of shredded mozzarella cheese.

**>NEW!< Garlic Bread Sticks**  
176 Bread sticks ..... **#5073** ..... \$20.99  
Mildly seasoned dough with a sprinkle of spices and mozzarella cheese. Just heat and serve. SIZE: 1x8"  
[www.tastybake.com](http://www.tastybake.com)



Hot dogs,  
Armour Hot Dogs!

What kinds of kids  
eat Armour Hot Dogs?

Big kids, little kids,  
kids who climb on rocks.

Fat kids, skinny kids,  
even kids with chicken  
pox love hot dogs,  
Armour Hot Dogs.

The dogs kids  
love to bite!

[www.armour-eckrich.com](http://www.armour-eckrich.com)

**10 When summer activities keep you too busy to cook, make a 'homemade' Tasty Bake pizza!**





Battered Mozzarella Sticks



Potato Breaded Stuffed Jalapeno



French Toast Sticks

- Battered Mozzarella Cheese Sticks**  
Bake or Fry, 3 lb. ....#3460....\$17.69... **\$15.99**
- Breaded Italian Mozzarella Cheese Sticks**  
Fry, 3 lb. ....#3459....\$17.29... **\$15.49**
- Buffalo Mozzarella Cheese Sticks**  
Fry, 3 lb. ....#4208....\$21.39... **\$19.29**
- Battered Golden Fried™ Cauliflower Florets**  
Bake or Fry, 3 lb. ....#3469..... \$9.99
- Battered Cheddar Cheese Curds**  
Fry, 3 lb. ....#3461..... \$17.89
- Beer Battered Whole Button Mushrooms**  
Bake or Fry, 3 lb. ....#3467..... \$13.39

- Potato Breaded Jalapeno Stuffed with Cheddar Cheese**  
Fry, 3 lb. ....#3463.....\$19.79 ..... **\$17.89**
- Potato Breaded Jalapeno Stuffed with Cream Cheese**  
Fry, 3 lb. ....#3462.....\$19.79 ..... **\$17.89**
- Pub Style Beer Battered Steak Cut 5/8" Onion Rings**  
Bake or Fry, 2.5 lb .....#3466..... \$8.69
- Battered Colossal Onion Rings**  
Bake or Fry 2.5 lb. ....#3465..... \$8.09

[www.appetizer.com](http://www.appetizer.com)

- Breaded 3/4" Onion Rings**  
Bake or Fry, 2.5 lb. ....#3464..... \$8.79
- Beer Battered Zucchini Slices – Crinkle Cut**  
Bake or Fry, 3 lb. ....#3468..... \$10.09
- Wahoo!™ Cinnamon Flavored French Toast Sticks** - Microwaveable. 5/2 lb. bags for easy storage in freezer. 4 ounce serving size.  
10 lb. case .....#3473..... \$16.99
- Bacon & Cheddar Stuffed Potato Shells**  
Bake or Microwave, 2 lb.  
12–14 ct./bag .....#4358..... \$13.49



## Back Again for Summer Fun!



- SuperPretzel Superstix® Stuffed Pretzel Sticks** – Perfect for breakfast or snack.  
60 ct./2.1 oz. IW .....\$31.69  
**NOW ONLY \$28.99!**
- #4122 Cinnamon Bun Sticks  
• #4123 Strawberry Cream Cheese Sticks

- Superpretzel® Soft Baked Pretzels** – Delicious plain, salted or topped with mustard. Comes with 1/2 lb. of Cinnamon Sugar.  
20 ct. box .....#1472....\$14.39

- CinnaPretzel® with Creamy Icing** – A perfect treat for breakfast or lunch your kids will love! IW, each with 1.5 oz. icing.  
12/6 oz. ....#2222....\$28.69  
**NOW ONLY \$27.99!**

- Tio Pepe's® Churros** – Slightly crispy exterior and warm moist center. Enjoyed by children and adults alike. 10" churros come with 1/2 lb. of Cinnamon Sugar.  
20-ct. box .....#1473....\$10.59  
**NOW in a 25 ct. box!**

- The Funnel Cake Factory® Frozen Funnel Cake** – Excellent Breakfast or Dessert!  
48/3 oz. (5") .....#2046....\$31.19  
**NOW ONLY \$28.99!**

- **NEW!** Mrs. Wilson's® Funnel Cake Mix – Make your own funnel cakes just like at the State Fair! 5 lb. box .....#5037....\$8.29

- Minute Maid® Soft Frozen Lemonade**  
24/4 oz. tubes.....\$18.59...\$16.99  
• #1786 Strawberry  
• **NEW!** #5038 Lemon

- Luigi's® Real Italian Ice** – Made with Real Fruit Juice. Fat Free, 100% RDA of Vitamin C.  
24/4 oz. tubes.....\$18.59...\$16.99  
• #2631 Mango  
• **NEW!** #5039 Cherry  
• **NEW!** #5040 Strawberry  
• **NEW!** #5041 Pomegranate

- Barq's® Frozen Root Beer Floats**  
24/4 oz. tubes, only \$.79 each!  
#1787 .....\$20.39..... \$18.99





## Fabulous Frozen Foods

Give your choosy Cheese Eaters a Cheese Lover's Delight with our Cheesiest Pizzas Ever! All come individually wrapped.

### Cheese Pizza Slices

15/5.43 oz

#4861.....\$16.99

**\$1.13 each!**

### Pepperoni & Cheese Pizza Slices

**OUR BEST SELLER!**

15/5.49 oz

#4862.....\$16.99

**\$1.13 each!**

### 100% Mozzarella Pizza Sticks

21/3.86 oz

#4863.....\$19.99

**95¢ each!**

2 Pizza Sticks per package = 42 sticks. Baked not fried. Cooks in 10 minutes.



### Mini Egg Rolls

200/.44 oz. Case,

Just bake & serve!

#2997 Shrimp

#2998 Pizza

#2999 Chicken

\$22.49

**11¢ Each!**



[www.lachoy.com](http://www.lachoy.com)

"My family loves the Angela Mia Chicken & Broccoli Alfredo (#3115). It is a quick and easy meal. I make the alfredo and stir up some Minute Rice and we have a complete meal. I really like to make this on delivery day as that is usually a busier than normal day and we need a nutritious and quick meal."

— Janal Hoff  
of Richardton, ND



**\$2.35 per 8oz. Svc.!**

Chicken & Broccoli Alfredo

**Chicken & Broccoli Alfredo**, 32 oz. IQF pouch Sliced chicken breasts with broccoli, carrots, red pepper strips, and peas in a creamy Alfredo Sauce Just heat & serve over pasta! ..... #3115.....\$9.39

**Meat Lasagna**, 96 oz. tray \$1.65 a serving!..... #3113.....\$19.79

**Salisbury Steak in Gravy**, 69 oz. tray (12 per tray) ... #3112.....\$16.29



**\$1.95 each!**

**Marie Callender's Pot Pies** Microwave in 7 minutes!

• **Chicken Pot Pie** 8 pies/10 oz. ea.\* ..... #2393.....\$15.59

• **Turkey Pot Pie** 12 pies/10 oz. ea..... #2171.....\$32.89

[www.mariecallenders.com](http://www.mariecallenders.com)

"My children devour the Top Picks Ham & Cheese Pockets (#2275). They always need a quick snack after school and before sports. I love that they are easy, inexpensive and fast to make and don't make a mess. Just like potato chips, you can't eat just one."

— Stacey Izatt of  
Nephi, UT



**Top Picks** — Perfect Pockets for quick and nutritious meals on the go!

• **Ham & Cheese Pockets**, 24/4 oz. IW ..... #2275.....\$23.29

• **Pepperoni Pizza Pockets**, 24/4 oz. IW ..... #2276.....\$23.29

• **Pepperoni Pizza Sticks**, 48/3 oz. .... #2277.....\$27.69

**Hand Fulls Stuffed Sandwiches** — Made with Ultragrain® crust, 0 trans fat, 6 grams of fiber and has less than 300 calories! All individually wrapped.

• **Cheeseburger Hand Fulls**, 25/4.60 oz. .... #3210.....\$24.49

• **Pepperoni Pizza Hand Fulls**, 25/4.60 oz. .... #3211.....\$24.49

• **Bacon, Egg & Cheese Hand Fulls**, 32/3.5 oz..... #2278.....\$23.99

• **Sausage, Egg & Cheese Hand Fulls**, 32/3.5 oz. ... #2279.....\$23.99

[www.conagrafoods.com](http://www.conagrafoods.com)



### Variety Pack –

Individually wrapped. Thaw 'n eat!  
6 each of: Peanut Butter & Grape Jelly,  
Peanut Butter & Strawberry Jam, and  
Peanut Butter & Honey Spread on  
Wheat. 18 ct. /2.8 oz.

#3306.....\$13.49

[www.smuckers.com](http://www.smuckers.com)



### PB & Grape Jelly on 100% Whole Wheat Bread

18/2.8 oz.....#4604 ..\$13.39

**Grillable Cheese Sandwich Uncrustables®**, 18/2 oz....#3122 ..\$14.79

**Smucker's® Snack'n Waffles™ Variety Pack** - Now made with Whole Grain! Pre-sweetened and fully baked with gourmet flavor. Ready to eat—at home, school, work or on-the-go! Contains no Trans Fat. 6 each of flavor: Maple, Cinnamon and Blueberry.

18 ct. /2.2 oz. IW ..... #4216 ....\$9.99



**25¢ each!**

### Jubilee

**Cut Corn on the Cob**  
Supersweet Variety - more  
sugar than standard corn!

96/3 oz. cobs

#4978.....\$23.99



# Fabulous Frozen & Refrigerated Foods/Cheese

## Introducing Cache Valley Cheese! Taste the Legacy since 1937

**NEW  
ITEMS**



"I am happy to see we will be offering Cache Valley Cheese because this has been our family favorite for the past few years! It is quality cheese and we especially love the Sharp Cheddar Cheese (#5044) with salami and Ritz crackers!"

— Betty Smith of Pleasant Grove, UT

### ►NEW!◀ 100% Natural Cheese

2 lb. re-sealable blocks

#5042 Mild Cheddar

#5043 Medium Cheddar

#5044 Sharp Cheddar

#5045 Monterey Jack

#5046 Colby/Jack (Marbled)

\$7.69



### ►NEW!◀ Fancy Shredded

100% Natural Cheese

2 lb. re-sealable bags

#5047 Mild Cheddar

#5048 Mozzarella

#5049 Cheddar &  
Monterey Jack

\$7.69

### ►NEW!◀ String Cheese

Low Fat Mozzarella

WOW! Only 25 cents each! 4 for \$1.00 is the best deal you will ever find for String Cheese!

36 ct. IW.....#5050

\$8.99



**25¢  
each!**

**NEW  
ITEM**



►NEW!◀ Processed American & Swiss Sliced Cheese Variety case of 6 packages each of American and Swiss. Cost per package is only \$1.75! 12/8 oz. Packages per case.....#5051

\$20.99

### ►NEW!◀ 100% Natural Sliced Cheese

24 oz. pkg.

#5052 Mild Cheddar

#5053 Provolone

\$5.29

[www.cachevalleydairy.com](http://www.cachevalleydairy.com)



Serving Suggestion

### REAL Kraft® Fresh Grated Parmesan

[www.kraftfoods.com](http://www.kraftfoods.com)

Very fine; what you find in the Green cans in the grocery store. Use as a pizza topping or as an ingredient when you don't want too much texture. Sprinkle on salads, casseroles and sandwiches. Shelf life is 5 months refrigerated.

1 lb. bulk bag .....#1683.....\$7.99

Kraft® Grated REAL Parmesan retail cost @ \$10.99 per lb. VS our cost @ \$7.99! SAVE 27% on our 1 lb. bulk bag!



The only pomegranate juice backed by \$25 million in medical research.



### POM 100% Pomegranate Juice\*

#### Pomegranate Juice

8/8 oz. plastic bottles..... Save 30% off retail! .....#4733.... \$18.09

Pomegranate Juice and Blends, 6/16 oz. plastic bottles..... \$23.99

☛ #4734 Pomegranate Juice

☛ #4736 Pomegranate Tangerine Juice

☛ #4737 Pomegranate Blueberry Juice

☛ #4738 Pomegranate Cherry Juice

POM® Teas, 6/16 oz. plastic bottles (save 17% off of retail)..... \$14.99

☛ #4740 Pomegranate Lychee Green Tea

☛ #4741 Pomegranate Peach Passion White Tea

\*Product must be refrigerated. We ship refrigerated.

Numerous independent laboratory tests have shown that POM Wonderful 100% Pomegranate Juice has superior antioxidant content, ounce-for-ounce, compared to other juices and beverages. For example, when compared to red wine, pomegranate juice has 17% more polyphenol antioxidants and neutralizes 54% more free radicals. With incredibly high levels of very potent, naturally occurring polyphenol antioxidants, POM Wonderful Pomegranate Juice is truly the antioxidant superpower.

[www.pomwonderful.com](http://www.pomwonderful.com)

We are proud to introduce Cache Valley Cheese - excellent quality at an amazing price!



# Alison's Pantry™ Gourmet Mixes



Scrumptious Raspberry Muffin Mix

**18¢ each!**



Old Fashioned Buttermilk Pancake Mix

**6¢ each!**



Flaky Buttermilk Biscuit Mix

**19¢ each!**

## SWEET SNACKS & DESSERTS—

### Classic Crème Cake & Muffin Mix

One mix does it all! Makes multiple treats, from cakes to cookies. Add your favorite fillings, toppings, or stir-ins.

Yield per bag: approx. 48/2 oz. muffins.  
#1823 ..... \$7.69

### Supreme Sweet Roll Mix

Simple, delicious and oh so yummy! This is a perfect addition to your pantry.

Yield per bag: approx. 40 rolls.  
#1833 ..... \$6.99

### Richly Delicious Fudge Brownie Mix

Moist, chocolatey—guaranteed to please even the pickiest!

Yield per bag: approx. 72/2" x 2" brownies.  
#1824 ..... \$7.69

### Heavenly Angel Food Cake

Yield per bag: approx. 5/18 oz. cakes.  
#2815 ..... \$10.99

### Chocolate Crème Cake & Muffin Mix

The chocolate counterpart to our Classic Crème Cake, and just as versatile. Out of this world!

Yield per bag: approx. 48/2 oz. muffins.  
#1834 ..... \$7.69

### Soft 'n Chewy Pretzel Mix

The perfect after school snack. (Add yeast and water.)

Yield per bag: approx. 32 pretzels.  
#1900 ..... \$7.69

### Chunky Pretzel Salt 1 lb. bag

#1901 ..... \$1.99

## GOURMET COOKIES—

### Marvelous 'n Chewy Macaroon Mix

Dip them in melted chocolate or drizzle with chocolate for an elegant touch.

Yield per bag: approx. 60 cookies.  
#1965 ..... \$10.39

### Alison's Chocolate Chip Cookie Mix

Yield per bag: approx. 96/2" cookies.  
#2569 ..... \$7.99

## BREADS & BISCUITS—

### Country Style White Bread Mix

Knead it by hand the traditional way, or use it in bread machine.

Yield per bag: approx. 3 loaves.  
#2091 ..... \$5.69

### Wonderful Wheat Bread

Fragrant, delicious, and healthful loaves, either in a bread machine or by hand. Make easy rolls!

Yield per bag: 3 loaves.  
#1964 ..... \$5.69

### Flaky Buttermilk Biscuit Mix

Golden brown, with a balanced flavor and a touch of sweetness.

Yield per bag: approx. 40 – 48/2" biscuits.  
#2093 ..... \$7.69

## MARVELOUS MUFFINS—

### Scrumptious Raspberry Muffin Mix

For just 18¢ each you can make meals or snack time special.

Yield per bag: approx. 45/2 oz. muffins.  
#2309 ..... \$8.19

### Delectable Blueberry Muffin Mix

These scrumptious muffins are sure to draw rave reviews from everyone in your family.

Yield per bag: approx. 45/2 oz. muffins  
#2308 ..... \$7.99

## BREAKFAST FARE—

### Old Fashioned Buttermilk Pancake Mix

Tasty, old fashioned, fluffy pancakes & wonderful waffles.

Yield per bag: approx. 96/4" pancakes  
#1822 ..... \$5.99

**BULK (25 lb bag:) Save \$9.51!**

#2128 ..... \$27.99

### 'Down Home' Cornbread Mix

Slightly sweet, with a fresh corn taste.

Yield per bag: approx. 43/2 oz. muffins or 3/9"x13" pans..... #2094.....\$7.99

### Sweet Potato Pancake & Waffle Mix

Delicious in pancakes and waffles or can sweeten up your favorite recipes.

Yield per bag: approx. 48/4" pancakes.  
#1967 ..... \$10.99

## DONUTS—

### Golden Cake Donut Mix

Tantalize your senses with this simple to prepare cake donut mix. Add cinnamon to the mix to give a delicious variation.

Yield per bag: approx. 46 donuts  
#4912 ..... \$6.99

### Old Fashioned Raised Donut Mix

Bring the taste of a bakery home with this delightful mix. It's simple to use. Just prepare, raise, fry and serve.

Delicious!

Yield per bag: approx. 46 donuts  
#4913 ..... \$5.99

**15¢ each!**



"Donut-making is just plain fun! Everyone can customize their treat to their own liking. You can roll them in Cinnamon Vanilla French Toast Sugar (#1536) or powdered sugar if you don't want to mess with the glazing and filling. The Alison's Pantry mixes make this a really easy activity for a fun family night. I think mixes make a nice addition to food storage. If the power goes out this summer, you might find us frying donuts over a Dutch oven in the backyard!"

— Kim Henke of [www.AllAboutFoodStorage.com](http://www.AllAboutFoodStorage.com)

### Donut Cutter

Cuts 3-1/2" donuts, 1-3/4" high, Stainless Steel.  
#4915 ..... \$3.49





# Alison's Pantry™ Gourmet Mixes



**SALE!**  
**8¢**  
**each!**

## Pumpkin Chocolate Chip Cookie Mix

*An old-fashioned favorite with children. Just add oil and canned pumpkin.*

Yield per bag:  
approx. 92 cookies.

#1966.....\$7.69

**SALE \$6.99**

*"Alison's Pantry has a new Luscious Éclair and Crème Puff Mix (#4914) that is fantastic for luncheons or tea parties. You only have to add hot water. It is so simple and gives you bakery results at home. You can fill with pudding, whipped cream or custard and they look impressive for very minimal effort. Love these!"*

— Kim Henke of [www.AllAboutFoodStorage.com](http://www.AllAboutFoodStorage.com)

## Luscious Éclair and Crème Puff Mix

*Just add hot water! Scoop dough onto pan for crème puffs, or pipe dough into strips for éclairs. Simply let cool and fill with whipped cream, pudding, fruit filling, or even chicken salad.*

4 lb. re-sealable bag.  
Yield per bag: approx.  
42 crème puffs.

#4914.....\$16.99

**SALE \$15.29**



**SALE!**  
**36¢**  
**each!**

Serving Suggestion

Please go to [www.alisonspantry.com](http://www.alisonspantry.com) for a delicious recipe using our Luscious Éclair and Crème Puff Mix.

*Chocolate Crème Puffs & Éclairs from Chef Beth Casebolt of Zortman, Montana*



*Recipe from Chef Beth Casebolt of Zortman, MT*

## Pumpkin Chocolate Chip Tea Bread

1-1/4 c Pumpkin Chocolate Chip Cookie Mix (#1966)

1/2 c Canned Pumpkin

1/6 c Vegetable Oil

2 eggs

Mix all ingredients in mixing bowl & mix until all are well incorporated & smooth. Divide into two sections of prepared mini loaf sections. (Do not fill more than 1/2 way as this bread rises quite a bit!) Bake at 375° F for 30 - 35 minutes. Loaves are done when a toothpick comes out clean. Cool 5 - 10 minutes in pans, then remove from pans & cool on rack. Also delicious warm! Serve with pumpkin butter or topping of your choice! Yield: 2 mini loaves

Preparation: Preheat oven to 375° F. Spray 2 sections of Mini Loaf pan (#4874) with Vegalene Pan & Grill Spray (#1212).



Serving Suggestion

## Heart Healthy Mixes

- ♣ No Preservatives Added
- ♣ Low in Total Fat
- ♣ Excellent Source of Dietary Fiber
- ♣ 0g Trans Fat
- ♣ Excellent Source of Calcium
- ♣ Just add water!
- ♣ 900 mg Omega 3/serving



Made with Organic Whole Wheat Flour  
[www.lehirollermill.com](http://www.lehirollermill.com)

## Whole Grain Heart Healthy Hotcakes

5 lb. box, Just add water ..... #4160 ..... \$12.99

## Heart Healthy Multigrain Muffin Mix

4-1/2 lb. box, Just add water ..... #4966 ..... \$12.99

## Heart Healthy Oatmeal Cookie Mix

4-1/2 lb. box, Just add water ..... #4967 ..... \$12.99

## Whole Grain Heart Healthy Hotcakes

20 oz. box, Just add water ..... #4159 ..... \$3.29



## Lehi Roller Mills Gourmet Pancake Variety Mixes

Single Flavors, 2 lb. cloth bags each..... \$6.99

♣ #4195 Cinnamon Spice

♣ #4196 Lehi Pride

♣ #4194 Blueberry Buttermilk



## Barbara's Country White Bread Mix\*

5 lb. bag ..... #4450 ..... \$4.99

## Barbara's Cracked Wheat Bread Mix\*

5 lb. bag ..... #4193 ..... \$4.99

\*For use in bread machines or 'by hand'. Add water and yeast.

**Homemade éclairs will wow your friends — nobody will guess how easy they were! 15**



# Alison's Pantry™ Fresh Bulk Spices

**SALE**

**Italian**  
**Salad Dressing Seasoning**  
1 lb. bag....#1698.....\$5.29  
**SPECIAL \$4.79**



*All spices come in 1lb bags unless otherwise noted.*

## ☛ Baking Basics ☛

Allspice, Ground.....	#1000.....	\$8.59
Allspice, Whole.....	#1431.....	\$7.89
Apple Pie Spice.....	#1001.....	\$4.89
Caraway Seeds, Whole.....	#1002.....	\$5.19
Saigon Ground Cinnamon.....	#3626.....	\$6.99
Cinnamon, Ground Korintji.....	#1005.....	\$3.79
Cloves, Ground.....	#1006.....	\$10.69
Cloves, Whole.....	#1007.....	\$9.19
Cream of Tartar.....	#1008.....	\$8.39
Ginger, Crystallized, ½ lb.....	#1434.....	\$4.99
Ginger, Ground.....	#1420.....	\$5.49
Nutmeg, Ground.....	#1010.....	\$11.89
Nutmeg, Whole, ½ lb.....	#3441.....	\$13.89
Orange Zest Granules, ¼ lb.....	#1669.....	\$5.89
<b>SPECIAL \$5.09</b>		
Poppy Seeds.....	#1011.....	\$8.39
Pumpkin Pie Spice.....	#1012.....	\$6.19
Sesame Seeds, White, Hulled.....	#1034.....	\$5.39
Zesty Lemon Zest, 1/4 lb.....	#1433.....	\$5.89
<b>SPECIAL \$5.09</b>		

## ☛ Dips & Dressings ☛

Coleslaw Seasoning Blend.....	#1699.....	\$3.29
Dilly Dill Dip Mix.....	#1421.....	\$6.09
Guacamole Seasoning, ½ lb.....	#2588.....	\$3.89
Hearty Vegetable Dip Mix.....	#1422.....	\$6.69
Italian Salad Dressing Seas.....	#1698.....	\$5.29
<b>SPECIAL \$4.79</b>		
Lip Smackin' Chipotle Ranch Dip		
½ lb. bag.....	#2589.....	\$5.39
Onion Soup & Dip Mix.....	#1025.....	\$4.49
Popeye's Spinach Dip Mix.....	#1423.....	\$7.89
Potato Salad Seasoning.....	#1820.....	\$5.79
<b>SPECIAL \$4.99</b>		
Rosie's Ranch Buttermilk		
Dressing.....	#1032.....	\$6.49
Salsa Seasoning.....	#1898.....	\$5.39
Tasty Tomato Herb Dip,		
½ lb. bag.....	#2590.....	\$3.99
Tuna Salad Seasoning.....	#1700.....	\$4.99
<b>SPECIAL \$4.29</b>		

## ☛ Canning Spices ☛

Alum Powder.....	#1439.....	\$5.69
Celery Seed, Whole.....	#1429.....	\$4.99
Cumin, Ground.....	#1442.....	\$7.09
Cumin Seed, Whole.....	#1855.....	\$6.59

Dill Seed, Whole.....	#1530.....	\$4.39
Dill Weed, ½ lb.....	#1856.....	\$9.79
Mustard Seed, Whole Yellow.....	#1857.....	\$3.69
Pickling Spice Blend.....	#1853.....	\$5.09

## ☛ Menu Essentials ☛

Basil, Imported, Cut/sifted.....	#1443.....	\$5.09
Bay Leaves, ½ lb.....	#1753.....	\$8.49
Bell Peppers, Dried, 1/2 lb bag		
Green.....	#2683.....	\$5.39
Red.....	#2682.....	\$5.39
Cayenne Pepper.....	#1418.....	\$4.89
Celery, Diced, ½ lb.....	#3232.....	\$5.89
Celery Salt.....	#1427.....	\$2.59
Chili Powder, Mild.....	#1014.....	\$5.89
Red Hot Chili's [dried].....	#3539.....	\$5.49
Chives, ½ lb. bag.....	#3436.....	\$9.29
Curry Powder, Mild.....	#1419.....	\$4.49
Garlic Granules.....	#1948.....	\$5.89
Garlic, Minced.....	#1020.....	\$5.89
Garlic Pepper.....	#1018.....	\$6.49
Garlic Pepper, Coarse grind.....	#3629.....	\$6.69
Garlic Powder.....	#1021.....	\$5.69
Garlic Salt, Classic Blend.....	#1019.....	\$2.39
Garlic Supreme.....	#2592.....	\$5.79
Italian 'n' Pizza Seasoning.....	#1432.....	\$5.99
Leah's Lemon Pepper.....	#1022.....	\$4.49
Meat Tenderizer,		
Unseasoned.....	#1438.....	\$3.09
Mustard Seed Powder.....	#1428.....	\$4.89
Onion, Chopped.....	#1026.....	\$5.29
Onion Salt, Classic Blend.....	#1024.....	\$2.79
Onion Powder.....	#1027.....	\$5.09
Oregano, Mediterranean.....	#1445.....	\$12.89
Paprika, Mild.....	#1697.....	\$5.49
Parsley Flakes, ½ lb.....	#1426.....	\$5.99
Pepper, Black.....	#1029.....	\$7.59
Pepper, Black, Coarse Grind.....	#1028.....	\$7.59
Pepper, White, Table Grind.....	#3437.....	\$9.29
Peppercorns, Whole, Black.....	#1030.....	\$7.59
Peppercorns, 5 Blend, ½ lb.....	#3438.....	\$9.19
Poultry Seasoning, Ground.....	#1031.....	\$5.39
Sage, Ground.....	#1752.....	\$8.29
Thyme, ½ lb., Cut & sifted.....	#1444.....	\$4.79
Turmeric, Ground.....	#1832.....	\$4.99

## ☛ Marinades & Rubs ☛

Cracked Peppercorn Herb		
Roasting Rub.....	#3627.....	\$6.49
Roasted Garlic & Bell Pepper		
Seasoning.....	#3628.....	\$6.59
Barbecue Spice Blend.....	#1440.....	\$3.89
Spicy Confetti BBQ.....	#1895.....	\$6.19
Herbs d' Provence, ½ lb.....	#2750.....	\$4.69
Honey Mustard Rub.....	#2747.....	\$4.89
Lemon Rosemary Rub.....	#2748.....	\$4.89
Montreal Herb Seasoning.....	#1437.....	\$4.89
Montreal Steak Seasoning.....	#1023.....	\$4.79
Pulled Pork Rub.....	#2749.....	\$4.69
Roasted Garlic/Red Pepper		
Bread Dip.....	#2751.....	\$6.29

Seafood Blend.....	#2591.....	\$6.19
Seasoning Salt.....	#1033.....	\$2.89
Southwest Mesquite.....	#1897.....	\$5.39
Teriyaki.....	#1896.....	\$4.79

## ☛ Meal Musts ☛

Cajun Seasoning.....	#1417.....	\$4.69
Chili Seasoning Mix.....	#1015.....	\$4.59
Emma's Enchilada Seas. Mix.....	#1016.....	\$4.09
Fabulous Fajita Seasoning.....	#1017.....	\$4.89
Hearty Bean Seasoning.....	#1670.....	\$4.99
Mom's Meatloaf Seasoning.....	#1535.....	\$6.29
Mucho! Mexican Seasoning.....	#2816.....	\$4.69
Mushroom Soup/Strog. Mix.....	#1672.....	\$7.39
Olé Taco Seasoning.....	#1037.....	\$4.69
Savory Stew Seasoning.....	#1540.....	\$3.79
Sloppy Joe Seasoning Mix.....	#1035.....	\$3.49
Spanish Rice Seasoning.....	#2105.....	\$5.69
Superb Spaghetti Seas. Mix.....	#1036.....	\$3.89
Tony's Pizza Top. Blend.....	#3234.....	\$6.69

## ☛ Sprinkles for Every Table ☛

Pronto Potato Topper.....	#3233.....	\$6.49
Salad Sprinkles Supreme.....	#1701.....	\$5.39
Bacon Bits, Imitation.....	#1013.....	\$4.79
French Fry Seasoning.....	#1441.....	\$4.19
Cinnamon/Vanilla French		
Toast Sugar.....	#1536.....	\$3.09

## ☛ Miscellaneous ☛

Cinnamon, 10" Sticks.....	#1003.....	\$5.99
Cinnamon, 2¾" Sticks.....	#1004.....	\$4.19
Cozy Mulling Spice.....	#1009.....	\$6.09
Orange Peel, Dried.....	#2424.....	\$5.39
Tropical Seasoning.....	#2818.....	\$6.49
Royal Mulling Spice.....	#3716.....	\$8.19

**SALE**

**Zesty Lemon Zest**  
1/4 lb. bag....#1433.....\$5.89  
**SPECIAL \$5.09**

**Orange Zest Granules**  
1/4 lb. bag....#1669.....\$5.89  
**SPECIAL \$5.09**



## Pantry Pointer

When citrus prices are high, or if you just don't want to mess with grating zest, Alison's Pantry Lemon Zest and Orange Zest are heaven-sent. I used to grate and freeze citrus rind, but now I save myself the time and just use these. With little ones underfoot, I sometimes feel like I don't have time to cook the "fancy" recipes I enjoy because they have too many steps. These zests save me the step of grating. The flavor is the same fresh, potent citrus zing without the work. — Kim Henke of AllAboutFoodStorage.com



**SALE**

## Zesty Lemon Zest

1/4 lb. bag....#1433....\$5.89

**SPECIAL \$5.09**

## Soft Gingersnaps

(I've tried a lot of gingersnap recipes, and I still haven't found one that compares to this one. The Lemon Zest is what makes them special.)

2 1/2 c flour	2 tsp ginger (#1420)	1 tsp cinnamon (#3626)
1 tsp baking powder	1/2 tsp ground cloves (#1006)	1 tsp baking soda
1/2 tsp salt	1/2 c unsalted butter, softened	1/4 c veg. shortening
1 c sugar	1/2 tsp Vanilla Powder (#1534)	1/3 c molasses (#1194)
1 lg. egg	1 tsp AP Zesty Lemon Zest (#1433)	Sugar to roll the cookies in

Heat oven to 375° and lightly grease baking sheets (the light shiny aluminum ones work best). Sift dry ingredients (except zest) together in a large mixing bowl. In a separate bowl, combine the butter, shortening, sugar, egg, and molasses. Beat the ingredients for about 2 minutes until fluffy. Stir in the zest. Stir the dry ingredients into the wet about 1/3 at a time. The dough should hold together well but still be soft. Use a cookie scoop, or roll dough into rounded tablespoons, and then roll in sugar. Place on greased cookie sheets about 2" apart. Bake for 9-10 minutes for soft cookies, 12-13 minutes for crunchy cookies.

— Kim Henke of AllAboutFoodStorage.com



**SALE**

## Orange Zest Granules

1/4 lb. bag....#1669....\$5.89

**SPECIAL \$5.09**



## Goey Cinnamon Sticky Buns

This recipe from a 2006 O Magazine is my favorite cinnamon roll recipe. I don't even try to make this one healthy. The best thing about the recipe is that it goes in the refrigerator overnight so you can have warm, fresh rolls in the morning. I replace the grated orange zest with the AP Orange Zest (#1669) granules to save time. I have also converted this recipe into orange rolls by making the dough as the recipe directs, then sprinkling in white sugar and more orange zest for the filling. Then I frost it with a basic buttercream frosting that is dressed up with some cream cheese, a little bit of orange juice and a shake of orange zest. Here's a link to the recipe, where it is easier to print:

[www.oprah.com/recipe/omagazine/recipes/food\\_200602\\_buns](http://www.oprah.com/recipe/omagazine/recipes/food_200602_buns)

— Kim Henke of AllAboutFoodStorage.com

**SALE**

## Tuna Salad Seasoning

1 lb. bag....#1700....\$4.99

**SPECIAL \$4.29**



"The Tuna Salad Seasoning (#1700) has a really good flavor and makes the tuna taste so much better. I used to struggle with getting my tuna sandwiches to taste good but with this they are awesome! I shared some with my friend and she loved it. I think people should try it even if they don't think they like tuna very much because I've tried other tuna sandwiches and they just weren't as good."

— Lenore Hoopes of Sheridan, Wy

**SALE**

## Potato Salad Seasoning

1 lb. bag....#1820....\$5.79

**SPECIAL \$4.99**



"I make a pretty good potato salad, so I didn't think I needed the Potato Salad Seasoning (#1820). But when it went on sale one time I decided to try it. I LOVE IT! It gave my potato salad just what it needed to make it excellent! And excellent is way better than pretty good."

— Angie Holt of Tridell UT

## Spices in Containers

Bacon Bits, Imitation, 10 oz. ....#4228 ....\$5.99  
 Chili Seasoning Mix, 1.25 lb. ....#3902 ....\$7.69  
 Cinnamon, Ground, 1 lb. ....#1844 ....\$6.19  
 Cinnamon Vanilla French Toast Sugar  
 28 oz. ....#3894 ....\$6.49  
 French Fry Seas., 1.5 lb. ....#4229 ....\$7.19  
 Garlic Salt, Classic, 2 1/2 lb. ....#1851 ....\$6.29  
 Italian 'n Pizza Seasoning  
 10 oz. ....#3904 ....\$6.89

Mom's Meatloaf Seasoning  
 1.25 lb. ....#3903 ....\$8.79  
 Montreal Steak Seas., 1.5 lb. ....#4227 ....\$7.59  
 Olé Taco Seasoning, 1 lb. ....#1846 ....\$5.89  
 Onion Soup & Dip, 1 1/2 lb. ....#1845 ....\$8.99  
 Onions, Chopped, 14 oz. ....#1847 ....\$6.19  
 Onions, Minced, 1 lb. ....#1848 ....\$6.49  
 Pepper, Black Table Grind ...#1843 ....\$8.59  
 Poppy Seeds, 20 oz. ....#1852 .. \$11.59

## Rosie's Ranch Buttermilk Dressing

24 oz. ....#3893 ....\$9.99  
 Saigon Ground Cinnamon  
 14 oz. ....#3892 ....\$8.79  
 Salad Sprinkles Supreme  
 1.25 lb. ....#4230 ....\$6.49  
 Seasoning Salt, 1 1/4 lb. ....#1849 ....\$5.99  
 Sesame Seeds, 1 lb. ....#4508 ....\$6.99  
 Spaghetti Seas. Mix, 1 1/4 lb. ....#1850 ....\$5.89  
 Whole Caraway Seeds, 1 lb. ....#4507 ....\$6.29



# Best Baking Products



Perfect release every time!

**SPECIAL SALE PRICE!**

Serving Suggestion

"I really do love these sprays. I have the plain Vegalene (#1212) spray and use it all the time. My cakes and cookies come off the pans "slick as a whistle". The same goes for the Bak-Klene (#2127) for bread. My bread doesn't stick any more when I use this. They are GREAT!!!!"

— Irene Weber from Rock Springs, WY

## Vegalene® Pan and Grill Spray

☞ All natural, trans-fat free. 21 oz..... #1212..... \$7.19  
**SPECIAL \$6.49**

Vegalene® Canola Pan Coating, 16.5 oz..... #1949..... \$6.39  
Waffle Off®, 14 oz..... #1575..... \$5.49  
Bak-Klene® All Purpose Spray 13 oz..... #1213..... \$5.19  
Bak-Klene® No Stick Bread Pan Coating, 14 oz..... #2127..... \$5.39  
Buttery Delite®, 13 oz..... #1576..... \$5.49  
Garlic Mist®, 13 oz..... #1577..... \$5.49  
Olive Mist®, 13 oz..... #1578..... \$6.09  
Puricit® Citrus Air Freshener, 6 oz..... #1579..... \$4.29

[www.parway.com](http://www.parway.com)

## Baking Essentials —

### Blueberry Flavored Bits

Add to muffins, pancake batter, cookies and breads. Designed specifically for baking. Store in dry place for up to one year.

1.5 lb. bag.... #2775.... \$4.99

### Gerken's® Mini

#### Cinnamon Drops

2 lb. bag..... #2776... \$5.99



Serving Suggestion

Home Brand® Light Corn Syrup, 1 gallon..... #1862..... \$10.79

Thompson Seedless Raisins – Add to breads and muffins for rich flavor. 10 lb. .... #1137..... \$17.89

## Over-the-Top Toppings—



Serving Suggestion

### Crystal Glaze and Icing Sugar

Formulated to remain dry and firm, our Glaze and Icing Sugar is similar to confectioner's sugar without the starch. Use for beautiful icing.

2 lb. bag..... #1817..... \$2.99

**Decorative Sanding Sugar, Bright, crystal sugar for decorating** – Confectioner's-type sugar that won't disappear or melt on your cookies 1/2 lb. .... \$1.99

• #2680 Yellow • #2681 Blue • #1816 Clear

### Golden Streusel Mix Topping

1 lb. bag..... #1818..... \$2.89



## Strawberry Vanilla Chai Tea

1 packet Victorian Inn Vanilla Chai (#3936)  
1/8 tsp Sassy Strawberry Flavoring Powder (#3635)  
Hot Water  
Milk (optional)  
Whipped Cream (optional)

Mix the Victorian Inn Vanilla Chai Tea Mix with the Sassy Strawberry Flavoring powder. Add hot water & stir until dissolved. Add a small amount of milk to taste & top with whipped cream if desired.

— Chef Beth Casebolt of Zortman, MT



## Alison's Pantry™ Powdered Flavorings

Formerly available to bakeries only, these flavorings have NO Alcohol, NO Preservatives and won't bake out! Use in place of liquid flavorings. 1-year shelf life.



Serving suggestion

- ☞ Sweet Vanilla Powder Artificial Flavoring 4 oz..... #1534..... \$4.99
- ☞ Old Fashioned Almond Powdered Natural Flavoring, 4 oz. .... #1829..... \$6.99
- ☞ Luscious Lemon Natural & Artificial Flavoring Powder, 4 oz. .... #3636..... \$5.99
- ☞ Sassy Strawberry Natural & Artificial Flavoring Powder, 4 oz. .... #3635..... \$5.99
- ☞ Sweet Vanilla Powder Artificial Flavoring 3-Pack, **Save \$1.98!** 3-4 oz. jars ..... #1325..... \$12.99
- ☞ Fruity Powdered Flavoring Variety Pack Contains: Sassy Strawberry, Luscious Lemon and Sweet Vanilla Powders. **Save \$2.00!** 3-4 oz. jars ..... #4235..... \$14.99  
**SPECIAL \$12.99**
- ☞ Powdered Flavoring Combination Pack Contains: Sweet Vanilla, Old Fashioned Almond and Luscious Lemon Powders. **Save \$3.98!** 3-4 oz. jars..... #1831..... \$13.99
- ☞ AP Powdered Flavoring Recipe Booklet Full of delicious recipes using our powdered flavorings ..... #4357..... \$.50

**FREE Recipe Booklet included with each Variety Pack!**



"My husband makes homemade bread in our bread machine several times a week and up until I discovered the Bakery Bread Bags (#1647) we could never find a bag that would fit the whole loaf in, or that could actually keep the air out. With these bags, it's a perfect fit and the bread stays fresh much longer!"  
— Kelly Walker of Spanish Fork, UT



**Bakery Bread Bags** – For just 6¢ each, you can bag up your bread, muffins, and cookies just as professional bakeries do. Poly .001 mil bags. 15" length. 100 ct. ....#1647.....\$6.49

**COMPARE Catalog Sales at \$18.95/100 bags**  
VS ours at \$6.49/100 - SAVE an amazing 71%!

**Bakery Bags for Dinner Rolls** – 8" x 4" x 18" length. Poly .001 mil bags, perfect size for dinner rolls and hoagies; a bit longer than our Bread bags and priced just right! What a deal @ just 5¢ per bag! 100 ct. ....#4238.....\$4.99

**COMPARE Catalog Sales at \$15.95/100 bags**  
VS ours at \$4.99/100 - SAVE an amazing 69%!

**Garlic Foil Bags**, 25 per order.....#4910.....\$4.99  
Just 25¢ each! These are just like the stores give when you buy a fresh loaf of garlic bread at the bakery or cash register. Enjoy fresh baked Garlic Bread at home the easy and more economical way.

**Bread Bag Twist Ties** – white, 3 3/4" long. 2000 ct. ...#2057.....\$4.99

**Baking Cups**, 2" bottom, 4 1/2" circle, 1 1/4" side wall, for muffins or cupcakes. 500 ct. paper .....#1646.....\$4.89

**Mini Baking Cups**, 1 1/2" bottom, 3 1/2" circle, 1" side wall. For Mini Muffin Pan (#1556), candy, nut cups, etc. 500 ct.....#2058.....\$3.79



Ready to use 2 lb. bagged fruit filling, perfect for topping your desserts, making them not only beautiful but incredibly delicious.

♣ Royal Apricot....#3821.....\$5.19

♣ Bavarian

Cream .....#1638.....\$2.39

♣ Cream Cheese...#1639.....\$3.69

♣ Apple .....#1640.....\$3.59

♣ Blueberry .....#1641.....\$2.89

♣ Cherry .....#1642.....\$2.79

♣ Lemon .....#1643.....\$1.99

♣ Raspberry .....#1644.....\$3.79

♣ Strawberry.....#1645.....\$3.09

[www.dawnfoods.com](http://www.dawnfoods.com)



**Decorating Sprinkles**

8 oz. tub.....\$2.49

♣ Rainbow .....#4069

♣ Lavender .....#4070

♣ Chocolate .....#4071

♣ Pink .....#4073

♣ Spring Mix .....#4072

**SAVE 66% or \$4.70 per 8 oz. tub compared to retail WOW!**

## Honey Popcorn

1 C. honey (#1307)

1 1/2 C. sugar

1 C. milk (2% works well, but 1% and skim don't work as well)

1 Tbsp. margarine

1/2 tsp. vanilla extract

Cook and stir all ingredients to soft ball stage. Pour mixture over large bowl of popcorn. This recipe stays sticky and chewy like soft caramel popcorn.

— Kim Henke of

[www.allaboutfoodstorage.com](http://www.allaboutfoodstorage.com)

Rocky Mountain

Honey

Regular Honey, 4 lb. tub

#1307 ..... \$12.69

Regular Honey, 42 lb. pail

#1309 ..... \$122.39

Creamed Honey, 4 lb. tub

#1308 ..... \$12.69

"I have been using the Red Star Active Dry Yeast (#2400) for 12 years now and never buy the teeny packets in the stores. They are so expensive. I keep my dry yeast in the refrigerator and it keeps for a very long time. This makes the best fluffy dough ever."

— Irene Praus of Dickinson, ND



SAF® is the world's best selling yeast. It is the preferred yeast of professional bakers. Freeze for best freshness, and use right from freezer—no thawing necessary.

**SAF® Instant Yeast** No proofing, mix directly with dry ingredients. 1 lb.....#2446.....\$3.49



**Active Dry Yeast** (Must re-hydrate)

1 lb.....#2400.....\$3.29

**Double Acting Aluminum FREE Baking Powder**

5 lb. Plastic E-Z Open Container.....#1205.....\$12.89

[www.safyeast.com](http://www.safyeast.com)



## Molasses

Unsulphured, mild, 1 gal

#1194.....\$15.79

**COMPARE: \$20.99 at retail market VS our cost @ \$15.79!**  
**SAVE 25%**



Serving Suggestion

[www.grandmasmolasses.com](http://www.grandmasmolasses.com)

## Molasses Taffy

1-1/2 c Grandma's Molasses (#1194)

2 tsp vinegar

1/4 tsp salt

3/4 c sugar

1-1/2 Tbs. butter

Cornstarch

In a heavy saucepan, combine all ingredients except cornstarch. Stir over medium heat until mixture boils. Continue stirring and boiling until candy reaches the hard-ball stage (244°); remove from heat. Pour onto greased platter or baking sheet. When cool enough to handle, divide into pieces. Pull between greased fingertips until light colored and stiff. Cut into pieces. Roll in cornstarch so it won't be sticky. Always use caution when heating and working with candy. Eat right away!



# Pantry Basics



## Pantry Pointer

The dietary guidelines for American recommend "making half your grains whole" or eating three or more servings of whole grain foods daily. Whole wheat pasta is an excellent way to meet this guideline.

### Heartland® Whole Wheat Penne\*\*\*

12/13.25 oz. pkg .....#4107.....\$17.29

**SPECIAL \$15.59**

### R&F® Rainbow Bowties\*

10 lb. case .....#4098.....\$15.69

### R&F® Acini Di Pepe

10 lb. case .....#4099.....\$17.79

### R&F® Medium Egg Noodles\*

10 lb. case .....#4096.....\$15.69

### R&F® Cavatappi Pasta

20 lb. case .....#4725.....\$25.09

*Corkscrews; a great shape that both children and adults love; these hollow spirals are best used for meat and cheese sauces.*

### R&F® Extra Wide Egg Noodles\*

10 lb. case .....#4097.....\$15.69

### R&F® Orzo Pasta

20 lb. case .....#4726.....\$27.49

*Shaped like grains of rice, this cut has a variety of uses in soups or as a replacement for rice.*

### Montalcino® Elbow Macaroni\*\*

20 lb. case .....#4103.....\$25.09

### Montalcino® Spaghetti 10" length\*\*

20 lb. case .....#4100.....\$29.29

### Montalcino® Lasagna [pkg as 12/1 lb.]

12 lb. case .....#4105.....\$18.99

### Montalcino® Fettuccine 10" length\*\*

20 lb. case .....#4101.....\$20.99

### Montalcino® Medium Shells\*\*, 20 lb.

case .....#4104.....\$20.99

### Heartland® Whole Wheat Spaghetti,

20 lb. case .....#4274.....\$32.29

### Heartland® Whole Wheat Elbows\*\*\*

12/13.25 oz. pkg .....#4106.....\$17.29

### Heartland® Whole Wheat Rotini

12/13.25 oz. pkgs. ....#4603.....\$17.29

*Excellent source of Whole Grain; 56 grams/svg. 5 grams of fiber/svg.*

\*packaged as 2/5 lb. \*\*packaged as 2/10 lb. \*\*\*Case weight is 9.94 lb. Cost is \$1.65 per lb.!

[www.aipcfoodservice.com](http://www.aipcfoodservice.com)



[www.lehirollermill.com](http://www.lehirollermill.com)

### Whole Wheat Flour

*Milled from the entire wheatberry. All natural, no preservatives.*

25 lb. ....#2284..\$13.99

### Strong Baking Flour, Unbleached

25 lb., Reg. ....#2285..\$13.99

### Germade, 25lb.

Plain .....#2281..\$17.99

Strawberry & Cream..#2282..\$23.99

Maple Brown Sugar ....#2283..\$23.99

### Cracked Wheat Cereal

25 lb. ....#2280..\$23.99

### Turkey Brand® Wheat in Bucket

*Ready for storage — What could be simpler and put your mind more at ease? Preparedness should be our #1 family goal in 2009. Let us help!*

*Triple cleaned wheat in a bucket with handle/lid ready for storage.*

*Recommended storage life: 20 years*

45 lb. ....\$34.99

🍷 #2248 Hard White Wheat

🍷 #2249 Hard Red Wheat



**\$1.09 each!**



*Microwaveable Macaroni & Cheese Dinner, ready in 3 1/2 minutes! Perfect for emergency preparedness kits. Kids can easily add water & heat for snacks.*

### Easy Mac® Cups 10/2.05 oz.....\$10.89

🍷 #3197 Original Cups—There's a reason it's a classic.

🍷 #4892 Bacon Cups—Sprinkled with Oscar Meyer® Bacon Bits.

🍷 #4893 Cheesy Taco Cups—Delicious south of the border seasonings.

🍷 #4894 Triple Cheese Cups—We added 3 massively cheesy flavors.

[www.kraftfoods.com](http://www.kraftfoods.com)



### Quick Cooking Oats

25 lb. ....#1067 .....\$13.99

5 lb. ....#1882 .....\$2.99

### Old Fashioned Reg. Cooking Oats

25 lb. ....#1068 .....\$13.99

5 lb. ....#1881 .....\$2.99



### Rolled 6-Grain Mix, 50 lb. ....#1065.....\$28.99

*Contains: red wheat, white wheat, barley, oats, rye, sunflower seeds. Unbaked mix, perfect for delicious homemade granola.*

### 9-Grain Mix, 50 lb.....#1066.....\$28.99

*Contains: spring wheat, red winter wheat, soft white wheat, flax, rye, corn, barley, oats, millet. Fine meal, not a flake.*

### Cornmeal, Yellow, 50 lb. ....#1637.....\$23.99

### Instant Clear Jel, 2 lb. ....#2888.....\$4.99

*Basic Freezer Jam: Mix 3 Tbsp. Clear Jel with 2 cups sugar and 5 cups frozen mashed fruit. Add 1/2 cup of corn syrup. Mix well, put in containers & freeze.*

### Vital Wheat Gluten, 2 lb.....#4837.....\$4.99

*Use 1/2 cup per 4 loaf batch of bread for lighter texture.*

### Whole Grain Rye, 2.5 lb.\* .....#4246.....\$4.99

### Whole Oat Groats, 2.5 lb.\* .....#4247.....\$4.19

### Hulled Millet, 2.5 lb.\* .....#4248.....\$5.69

### Whole Caraway Seeds

.8 lb.\* .....#4249.....\$3.49

### Brown Flax Seeds, 1 lb.\* .....#4250.....\$3.99

\*All Poly Bags come with zip lock seal.

[honeyvillegrain.com](http://honeyvillegrain.com)

### Homemade Instant Oatmeal Packets

6 c. quick cooking oats (#1067)

8 Ziploc baggies

Salt, if desired

*Put the following into each baggie: 1/2 cup regular oats, and 1/4 teaspoon salt.*

*Store baggies in an airtight container. This makes a larger portion than the store-bought packet. To serve; empty packet into a bowl. Add 1 cup boiling water. Stir and let stand for 2 minutes. Adjust water amount for thicker or thinner oatmeal. Can also be made in the microwave for 90 seconds.*

*Here are some variations to try*

**Sweetened Oatmeal:** Add 2 T. sugar

**Brown Sugar/Cinnamon Oatmeal:**

Add 2 T. brown sugar and 1/2 t. cinnamon

**Raisins and Brown Sugar:**

Add 2 T. packed brown sugar and 2 T. raisins.

**Apple-Cinnamon Oatmeal:**

Add 2 T. sugar, 1/2 t. cinnamon, & 4 T. Chopped dried apples (I also like to add chopped nuts to this one)

**Fruit and Cream Oatmeal:**

Add 2 T. non-dairy coffee creamer and 4 T. dried fruit

**Health Nut Oatmeal:** Add 4 T. any kind of wheat germ

Our thanks to Kim Henke of [www.AllAboutFoodStorage.com](http://www.AllAboutFoodStorage.com)





[www.waltonfeed.com](http://www.waltonfeed.com)

**Rainy Day Foods**

**Lower Prices**

## #10 Tin Dehydrated Foods

- Oxygen Absorber packet in each can to preserve freshness.
- Cans are enamel coated to prolong shelf life.
- Suggested shelf life: 5-7 years minimum in cool temperatures.

yield (svgs.)    **item#**    **price**

### ☞ Baking Ingredients—

Powdered Whole Eggs, 3 lb. ....	108(1Tbsp).. <b>#1111</b> ...	\$19.99 ...	<b>\$18.69</b>
Margarine Powder, 44 oz.....	176(1Tbsp).. <b>#1112</b> .....		<b>\$10.99</b>
Buttermilk Powder, 68 oz. ....	113(3Tbsp).. <b>#1105</b> ...	\$21.79 ...	<b>\$14.99</b>
Spiff-E-Whip™ Topping, 71 oz...	106(1Tbsp).. <b>#1679</b> .....		<b>\$17.59</b>
Sour Cream Powder, 48 oz.* .....	<b>#3818</b> .....		<b>\$26.99</b>
*This product is designed to be used in cooking and baking.			
Shortening Powder, 44 oz.....	176(1Tbsp).. <b>#1113</b> .....		<b>\$9.99</b>
Butter Powder, 44 oz.....	176(1Tbsp).. <b>#1106</b> .....		<b>\$24.19</b>
Cheese Blend Powder (no MSG)			
65 oz. ....	130(½ cup).. <b>#1107</b> .....		<b>\$22.39</b>
100% Egg White Solids, 3 lb. 360 egg whites..	<b>#3235</b> .....		<b>\$40.99</b>
Dough Enhancer, 20 oz. can .....	<b>#1118</b> .....		<b>\$9.49</b>
Golden Flaxseed, 5 lb. bag .....	50(½ cup).. <b>#1117</b> .....		<b>\$8.99</b>
Nonfat Dry Milk (Instant), 60 oz. 19 qt.....	<b>#1108</b> ...	<del>\$24.89</del> ...	<b>\$15.59</b>
Nonfat Dry Milk (Reg.), 64 oz. .... 20 qt.....	<b>#1109</b> ...	<del>\$19.99</del> ...	<b>\$13.09</b>
Lecithin Powder, 2 lb. bag.....	<b>#1119</b> .....		<b>\$10.99</b>

### ☞ Vegetables—

Dehydrated Celery .....	40(½ oz.) .....	<b>#4381</b> .....	<b>\$15.39</b>
Corn, Super Sweet, 38 oz. ....	38(½ cup).....	<b>#1962</b> .....	<b>\$17.59</b>
Carrot Dices, 38 oz. ....	51(½ cup).....	<b>#1961</b> .....	<b>\$14.99</b>
Mushroom Slices, 9 oz.....	36(½ cup).....	<b>#2302</b> .....	<b>\$12.09</b>
Chopped Onions, 40 oz. ....	300(1 tsp) .....	<b>#2303</b> .....	<b>\$11.29</b>
Potato Slices, 20 oz.....	14(½ cup).....	<b>#2304</b> .....	<b>\$6.09</b>
Tomato Powder, 68 oz. ....	136(½ cup).....	<b>#1958</b> .....	<b>\$26.39</b>
Vegetable Stew Blend, 33 oz.....	66(½ cup).....	<b>#2305</b> .....	<b>\$14.99</b>
Creamy Potato Soup, 56 oz. ....	44(1 cup) .....	<b>#2971</b> .....	<b>\$15.19</b>

### ☞ Textured Soy Protein—

Bacon Flavored TVP, 36 oz.....	171(1 Tbsp) .....	<b>#2306</b> .....	<b>\$8.19</b>
Beef Flavored TVP, 40 oz. ....	40(½ cup).....	<b>#2307</b> .....	<b>\$9.19</b>
Chicken Flavored TVP, 33 oz.....	33(½ cup).....	<b>#1115</b> .....	<b>\$8.79</b>
Taco Flavored TVP, 56 oz.....	56(½ cup).....	<b>#1116</b> .....	<b>\$13.19</b>

### ☞ Fruit—

Apple Slices, 21 oz.....	21(½ cup).....	<b>#1960</b> .....	<b>\$13.29</b>
Applesauce, 46 oz.....	46(½ cup).....	<b>#2301</b> .....	<b>\$25.99</b>
Banana Slices, 36 oz.....	36(½ cup dry).. <b>#1959</b> .....		<b>\$7.59</b>

### ☞ Dehydrated Milk Substitutes—

[www.moosmilk.com](http://www.moosmilk.com)

#### Morning Moo's™ Whey-Based Milk Substitute

Regular Milk, #10 tin (4lb./22 quarts) .....	<b>#1121</b> .....	<b>\$15.99</b>
Chocolate Milk, #10 tin (5.5 lb./20 quarts) .....	<b>#1122</b> .....	<b>\$16.99</b>

### Liquid Lecithin

Comes in a 32 oz. Plastic Squeeze Container. Lecithin is a dough conditioner and helps with the ease of mixing and rising too. Liquid Lecithin is a product derived from soy and very good for the brain!

32 oz. ....	<b>#4911</b> .....	<b>\$8.99</b>
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## Oatmeal Pancake Mix

By Theresa Slomp

4 c Honeyville old-fashioned oats (#1068)

2 c all-purpose flour

1 c packed brown sugar

3 Tbsp baking powder

5 tsp salt

2 c whole-wheat flour

1 c instant nonfat dry milk (#1108)

2 Tbsp cinnamon (#1005)

1/2 tsp cream of tartar (#1008)

Mix all ingredients together well. Store in a sealed gallon-size plastic storage bag or airtight container. To make pancakes, beat 2 large eggs in a large bowl. Gradually beat in 1/3 cup canola oil. Alternately add 2 cups pancake mix and 1 cup water to mixture. Blend well. Preheat and oil griddle. Pour 1/3 cup batter per pancake onto griddle. Cook until bubbles form around edges, turn and continue to cook until done.

Our thanks to Kim Henke of AllAboutFoodStorage.com



## Spiff-E-Whip

"Spiff-E-Whip (#1679) is a fun food storage item. It is a fine powder similar to powdered sugar in texture and mixed with ice water will whip into beautiful and delicious whipped cream. It has a great consistency for fruit salads, and in an emergency it would be a fun addition to the oodles of dry pudding mixes that are likely in your storage. It works like Dream Whip, so you can also make a chocolate mousse or cream pie. You can even turn it into frosting. It holds its consistency nicely in the refrigerator for at least 2 weeks and can even be whipped back into shape if it falls by adding a little more ice water. I love this product!"

— Kim Henke of AllAboutFoodStorage.com



"I'm sold on Xagave (#5016) from just reading their web site! We have so many family members with diabetes that the rest of us really watch our sugar too (well except for when we pig out on turnovers and strudel bites!)"

— Connie Ferguson of Collbran, CO

**Introducing Xagave! A new sweetener that is delicious and low-glycemic!**

[www.xagave.com](http://www.xagave.com)

►NEW◄ 18oz. bottle...**#5014**.....**\$7.99**

►NEW◄ 36oz. bottle...**#5015**...**\$13.49**

►NEW◄ 1 gal. bottle...**#5016**...**\$38.99**

►NEW◄ Cookbook ....**#5017**...**\$21.99**

**Xagave**

**NEW ITEMS**



- **Premium Blend** - 100% pure blend of blue and white agave nectar
- **Sweeter than Sugar** - So you use less to achieve the same level of sweetness
- **Saves Calories** - You substitute 1/2 cup of Xagave for every cup of sugar called for, saving you between 25% - 40% in carbohydrate calories
- **Tastes Delicious** - Compared to artificial sweeteners, Xagave is great tasting and completely natural
- **Low Glycemic Index** - At approximately 30 on the glycemic index scale, making it diabetic friendly
- **Contains the Prebiotic Fiber Inulin** - Inulin promotes a healthy intestine, regularity, boosting the immune system, and increased calcium absorption
- **Easy to Cook With** - Xagave can be substituted in all your favorite recipes for sugar and is easy to work with. From cooking to baking to canning, Xagave truly is the Complete Sugar Replacement



## Pantry Basics

# JELL-O®



Jell-O® Brand Gelatin, 24 oz. bag  
(yield: 34/4 oz. servings) .....\$2.89

- ♣ #1920 Strawberry    ♣ #1921 Raspberry    ♣ #1925 Lime
- ♣ #1923 Orange       ♣ #1924 Lemon       ♣ #1922 Cherry
- ♣ #1926 Peach       ♣ #1927 Berry Blue

**This would cost you \$6.36 in 6-oz. boxes! — SAVE 58%!**

Jell-O® Brand Instant Pudding and Pie Filling

28 oz. bag (yield: 36/4 oz. svgs.) .....\$5.69

- ♣ #1913 Chocolate    ♣ #1915 Butterscotch
- ♣ #1916 Lemon       ♣ #1914 Vanilla       ♣ #1917 Pistachio

**This would cost you \$7.11 IN 3.9-OZ. boxes! — SAVE 23%!**

Jell-O® Cooked Pudding and Pie Filling

4.5 lb. (yield: 36/4 oz. servings) .....\$14.19

- ♣ #1918 Chocolate    ♣ #1919 Vanilla

**This would cost you \$21.74 IN 4.6-OZ. boxes! — SAVE 37%!**

Americana® Tapioca, 24 oz. (yield: 1 gal.) .....#1950 .....\$5.19

Jell-O® Cheesecake Mix, 4 lb. (yield: 1 1/4 gal.) ..#1951 .....\$16.09

Dream Whip® Topping Mix

10.8 oz. bag (yield: 144/2 Tbsp. svgs.) .....#1952 .....\$4.39

Knox® Unflavored Gelatin, 1 lb. ....#4390 .....\$10.09

Kraft® Minute® Tapioca

Great for Puddings and Pie Fillings! Shake box before using.

8 oz. box .....#4895 .....\$3.69

For delicious Dessert Recipes go to: [www.kraftfoods.com/jell-o](http://www.kraftfoods.com/jell-o)

*"Use Knox® Unflavored Gelatin (#4390) to keep your whipped cream stiff. Whip the cream until soft peaks form. Then in a microwave-safe measuring cup, heat to boiling 1 Tbsp water. Mix in 1-1/2 tsp gelatin and stir until dissolved. Continue beating cream and add gelatin, beating for 30 seconds more, or until it reaches your preferred thickness. This will keep your whipping cream from weeping and going flat."*

— Betty Holmes of North Salt Lake, UT



Potato Pearls

Refried Beans

*"We LOVE Potato Pearls (#4743)! They are so fast, easy, and yummy. All you have to do is add hot water and stir. Its great to not have to go to all the work of peeling potatoes when you are trying to get dinner on in a hurry."* — Kamra Olsen of Winnemucca, NV

Potato Pearls® Golden Extra Rich Mashed Potatoes

3.7 lb. carton .....#4743 ....\$10.69

Potato Pearls® EXCEL® Mashed Potatoes

28 oz. pouch .....#4744 .....\$5.69

Potato Pearls® EXCEL® Mashed Potatoes Creamy Butter with Skins,

28.2 oz. pouch .....#4745 .....\$5.89

WHIPP® Complete Instant Mashed Potatoes with Vitamin C

85 oz./#10 Tin .....#4742 .....\$10.39

Instant Potato Flakes, 5 lb. bag .....#4746 ....\$13.39

Redi-Shred® Hashbrown Potatoes, 2.5 lb. crtn .....#4747 .....\$8.09

Classic Casserole® Au Gratin Potatoes

2.25 lb. carton .....#4748 ....\$10.49

Classic Casserole® Scalloped Potatoes

2.25 lb. carton .....#4749 ....\$10.29

Quick-Start® Home Style Chili, 20.8 oz. pouch .....#4753 .....\$6.79

Santiago® Seasoned Vegetarian Refried Beans

30.9 oz. pouch .....#4754 .....\$6.89

Santiago® Vegetarian Refried Beans with Whole Beans

29.77 oz. pouch .....#4755 .....\$6.89

[www.baf.com](http://www.baf.com)

Instant Clear Jel, 2 lb

Great for freezer jam and canned apple pie filling. ....#2888 .....\$4.99

### Apple Pie Filling

- 4 1/2 c white sugar
- 4 tsp ground cinnamon (#3626)
- 2 tsp salt
- 3 Tbsp lemon juice

- 1 c. Clear Jel (#2888)
- 1/2 tsp nutmeg (#1010)
- 9 c water
- 6 lbs tart, crisp apples

In a large pan, mix together sugar, Clear Jel, cinnamon and nutmeg. Stir in salt and water. Bring to boil and cook until thick and bubbly. Remove from heat and add lemon juice. Sterilize canning jars, lids and rings and keep hot. Peel, core and slice apples. Pack the hot canning jars with apples, leaving 1 inch of headspace. Fill jars with hot syrup, clean jar rims, apply lids and screw rings on tightly. Process in water bath canner for 20 minutes. Yield: 7 quart jars.

— Kim Henke of

AllAboutFoodStorage.com



**Honeyville® Freeze Dried Fruit**

- ♣ Apples, 2.12 oz. can. Yield: 8 1/4 cup svgs. ....#4376 .....\$5.89
- ♣ Peaches, 4.58 oz. can. Yield: 10-1/4 cup svgs. ....#4378 .....\$12.49
- ♣ Raspberries, 3 oz. can. Yield: 12-1/4 cup svgs. ....#4379 .....\$12.29
- ♣ Blueberries, 2.82 oz. can. Yield: 11-1/4 cup svgs. ....#4377 .....\$10.59

**Honeyville® Fruit Smoothie Mix**

All you add is ice and water! 15 oz. can.

Yield: 15-8 oz. smoothies .....\$4.49

- ♣ #4382 Peaches and Cream
- ♣ #4384 Strawberry Kiwi
- ♣ #4385 Wild Berry





## AP Bases and Condiments



Use freshly ground butters in your kids' favorite PB&J, in celery for a nutritious snack, in energy bars, veggie dips, oriental sauces, cookies, etc.

### Alison's Pantry Freshly Roasted and Ground Nut Butters

13 oz. Jars - Freshly ground is what we mean; Western Nut of SLC will grind our order fresh each month! If you don't like the texture of nuts in cooking, this will give the flavor without the "nut."

- ◆ Peanut Butter 13 oz.....#4996.....\$4.89
- ◆ Honey Roasted Peanut Butter 13 oz. ....#4997.....\$4.89
- ◆ Almond Butter 13 oz. ....#4998.....\$6.79
- ◆ Cashew Butter 13 oz. ....#4999.....\$6.79

Ingredients are simple: Nuts, peanut oil, corn syrup and salt.  
[Honey Roasted has added honey and Xanthan gum.]



"I was teaching kids at school how to make Swedish pancakes, and my children at home wanted to make them. We did not have any of the fresh fruit that we used at the school so we used the 4 Berry Jam (#3791), and my kids loved it. I have to keep at least 2 bottles on hand for all their pancake needs."

— Sheleen Petty of Lapoint, UT

### Alison's Pantry™ Gourmet Jams & Salsas

Our Gourmet Jam is hand made here in Utah; stirred in a big Stainless Steel pot and hand dipped to fill our jars... just like Grandma's!

Gourmet Jams: 20 oz. Jar.....\$5.29

- ◆ Winter Berry Strawberry, Raspberry, Cranberry .....#3794
- ◆ Raspberry.....#3789
- ◆ Strawberry.....#3790
- ◆ 4 Berry Raspberry, Strawberry, Blackberry, Blueberry.....#3791
- ◆ Cinnamon Peach .....#3792
- ◆ Marion Berry.....#3793

Gourmet Salsas: 16 oz. Jar.....\$4.89

- ◆ Black Bean and Olive.....#4584
- ◆ "This is the Salsa!" .....#4585

### Alison's Pantry 'Ready to Eat Granola'

All Natural

0g Trans Fat - High Fiber

Our granola contains no preservatives and keeps best refrigerated after opening. Store in a cool, dry place before opening.

3 pounds of All Natural Granola

- ◆ #4905 Orig. Crunchy.....\$6.99
- ◆ #4906 Vanilla Maple .....\$6.99
- ◆ #4907 Fruit & Nut.....\$7.79
- ◆ #4908 Almond Nut .....\$7.79



### Alison's Pantry™ Bases, Gravies and Sauces

#### Alison's Pantry Gourmet Real Meat Bases NO MSG

8 oz. Jars Yield: 2 ½ gallons.

- ◆ Real Beef.....#3681 ...\$3.39
- ◆ Real Turkey.....#3682 ...\$3.99
- ◆ Real Pork.....#3698 ...\$3.89
- ◆ Real Chicken.....#3680 ...\$3.39
- ◆ Real Vegetable...#3699 ...\$4.49
- ◆ Real Ham.....#3697 ...\$3.39

#### Bases

- ◆ Au Jus Paste, 8 oz., Yield: 2 ½ gallons.....#3684 .....\$2.99
- ◆ French Onion, 7 oz. Jar, Yield: 2 ½ gallons.....#3685 .....\$3.39
- ◆ Cream Soup Bases, 24 oz. Bag, Yield: 1 gallon.....#3688 .....\$7.09

#### Flavored Bases (salt is the first ingredient)

8 oz. Jars Yield: 2 ½ gallons.....\$2.99 each

- ◆ #3683 Old Smoky Ham
- ◆ #3686 Chicken Flavored
- ◆ #3687 Beef Flavored

#### Real Gourmet Gravies

NO MSG Added • Must keep refrigerated  
Yield per jar: 1 quart homemade gravy

6.8 oz. jar.....\$4.09

- ◆ #3786 Beef Gravy Base
- ◆ #3788 Turkey Gravy Base



"I personally try to keep the AP Brown Gravy (#3689) on hand at all times. It is so versatile for sauces and mixing gravy for potatoes or rice. The taste is so yummy, my family loves it."

— Teresa Gates of Salina, UT

#### Gravies and Sauces Yield 1 gallon • No MSG Added!

- ◆ Superb Brown Gravy, 16 oz. bag.....#3689 ..\$4.69
- ◆ Superb Chicken Gravy, 16 oz. bag.....#3690 ..\$4.69
- ◆ Superb Pork Gravy, 16 oz. bag.....#3691 ..\$4.99
- SPECIAL \$4.29

- ◆ Peppered Old Fashioned Biscuit Gravy, 24 oz. bag....#3692 ..\$4.39
- ◆ Old Fashioned Biscuit Gravy, 24 oz. bag.....#3693 ..\$4.39
- ◆ Country Gravy, 24 oz. bag.....#3694 ..\$4.39
- ◆ Instant Cheddar Cheese Sauce, 24 oz. bag.....#3695 ..\$8.79
- ◆ Instant Nacho Cheese Sauce, 24 oz. bag.....#3696 ..\$8.79
- ◆ Alfredo Sauce, 24 oz. bag.....#3883 ..\$9.99

Please see our website, [www.alisonspantry.com](http://www.alisonspantry.com) for ingredient and nutrition information.

Open-faced sandwiches with our Superb Brown Gravy make a tasty summer meal.



# Containers and Emergency Items

## Opaque White Plastic Buckets

2 gallon size with white Gamma lid..... #4779.....\$7.89  
Comes as a set. 2 gallon bucket will hold approximately 15 lb. of dense product. The perfect size for campers and long term storage in cupboards; Gamma lid gives an airtight seal and easy opening.

a. 6 gallon White Opaque Plastic Bucket with Lid  
(stores approx. 45 lbs.)..... #1231.....\$8.49  
5 gallon White Opaque Plastic Bucket with Lid  
(stores approx. 37.5 lbs.)..... #4574.....\$6.89

## c. E-Z Store Bucket with Hinged Lid (handle not included)

Natural Buckets for your pantry shelves. Hinged lid allows easy access. Not recommended for long term storage, but perfect for flour and sugar in your pantry  
Clear 5 Liter/Gallon + Size..... #4436.....\$5.39  
Clear 1 Gallon Tall ..... #4437.....\$4.69  
White 2 gal. (9 3/4 H x 8 W x 9 3/4 D; stores ~ 15 lbs.) ... #4130.....\$4.29  
White 3 gal. (10 H x 10 1/2 W x 12 D; stores ~22.5 lbs.)... #4131.....\$7.49

## Clear Square Plastic Jars with Lids – So many uses; storing small craft items, sewing items and for gifts. Also best container for food, spices, etc.

d. 12 per order/16 oz. size..... #4435.....\$9.99  
e. 6 per order/half gallon size ..... #4434.....\$10.99  
f. 4 per order/1 gallon..... #1229.....\$10.99

## h. Gamma Lids in Color Fit 5 or 6 gallon buckets, easy to open and close; airtight, double gasket seal. Permanently transform your 12" diameter bucket into a convenient, airtight, leak-proof storage container. Fits 5 & 6 gallon buckets.....\$7.39

• #1232 White • #2772 Red • #2774 Blue  
• #3923 Black • #2773 Yellow • #3922 Orange

## Spray Bottle with Graduated Markings

24 oz. bottle..... #4499.....\$1.99

## b. Measuring Cups, Natural Plastic with Handle

Perfect for your Storage Containers; just leave inside bucket for easy use.  
4 per order/8 oz. size..... #4433.....\$1.69

Plastic Pail Opener, Green ..... #1541.....\$1.99

## SINGLE Spice Jars

Clear plastic, red shaker lid, 16 oz..... #2445.....\$1.49  
Clear plastic with flip lid, 32 oz..... #2444.....\$1.59

## g. Water Container, Square with clear view stripe.

5 gallon, blue with spigot ..... #1233.....\$11.79



## >NEW! SYSCO® Multi-Purpose "Blue" Concentrate Cleaner

1/2 gallon container

#5054.....\$14.29

Yields: 32 gallons of product after diluting. This is a wonderful multi-purpose Eco-Friendly cleaner used in restaurants, care facilities, hospitals and homes. Cleans:

- Painted Surfaces
- Automobiles
- Porcelain Surfaces
- Kitchen Equipment
- Tile Floors
- Stainless Steel
- Plastic
- Fiberglass
- Aluminum
- Wood Floors
- Walls and woodwork
- Ceramic Tile
- Vinyl
- Counter Tops
- Machinery
- Restrooms and more!



Get Prepared!



## Pantry Pointer: Water Purification

Here is some useful information on purifying water for use, whether it is stored in barrels at home, or collected elsewhere:

1. If water is cloudy, smelly or otherwise polluted, strain it through a paper towel or several layers of clean cloth into a container in order to remove any sediment or floating matter.
2. Water that is boiled vigorously for one full minute will usually be safe from harmful bacterial contamination. Boiling for 3-5 minutes is safer, if you have heat to spare.
3. If boiling is not possible, strain the water as above and treat by adding ordinary liquid chlorine household bleach (4-6% chlorine) or tincture of iodine (from your medicine chest-2% chlorine) in the following amounts:

a. CHLORINE: Add 2 drops (with eye dropper) per quart of clean water, 4 drops per quart of cloudy water. (This equates to 1/2 tsp. per 5 gallons of clean water, or 1 tsp. per 5 gallons of cloudy water.

b. IODINE: Add 5 drops per quart of clean water, 10 drops per quart of cloudy water. Mix thoroughly in container. Let it stand for 30 minutes. A slight chlorine odor should be detectable in the water; if not, repeat the dosage and let the water stand for an additional 15 minutes before using.

It is a great idea to store powdered drink mix to improve the taste of stored water. Drink mix and disposable drinking cups should be part of your emergency supply

## Emergency Supplies

Stock your vehicles with our Emergency items!

### 150 Hour Emergency Candle

Burns efficiently for light, heat, cooking. Heavy duty re-sealable can. For 72 Hour Kits, camping, or storage.  
32 oz./150 hour ..... #1678.....\$7.49

### Emergency Ration Food Bar

2400 calories, 100% vitamins and minerals. Delicious and nutritious! Tastes like shortbread!  
18 oz. bar ..... #1756.....\$3.59

### Emergency Thermal Blanket

Silver, 84" x 52" ..... #1757.....\$1.49

### Lightsticks

12 hour green, 4 sticks ..... #1758.....\$5.89

### AM/FM Radio w/Lantern & Blinking Light

Four way power: normal battery, solar, manual crank & AC/DC..... #1759.....\$24.99



# Bakeware, Cooking Utensils and Canning

**Cookie Scoop**, thumb squeeze, .89 oz. stainless .... #1157..... \$8.99

**Cooling Rack**, 12" x 17" stainless  
Fits Commercial Cookie Sheet ..... #1145..... \$6.19

## Commercial Cookie Sheet (Bun Pan)

13" x 18" Aluminum – This is not a Wearever® Cookie Sheet, however, it is the same quality and product you have come to know and love from Alison's Pantry. We found another source and we are passing along the savings to you!

#4020..... \$9.49

## Cookie Sheet Cover, fits commercial cookie sheet

Perfect for taking cookies to school functions, cakes to church parties, and desserts to family reunions. It covers the entire sheet and keeps your goodies fresh!..... #3860..... \$7.09

## Parchment Paper,

Fits Commercial Cookie Sheet, 100 ct..... #1153..... \$6.19

**Blender Bottle** 28 oz..... #5007..... \$5.99

Made of surgical-grade stainless steel, the Blender bottle wire whisk makes mixing easy. Simply drop the ball into your ingredients and shake. Also makes a great water bottle.

## Lindy's Heavy Stainless Steel Covered Cake Pan

10" x 13" x 3" ..... #5008..... \$35.89

This pan is DEEP! Snap on, high quality lid that will not ruin your frosting or pull off your lasagna cheese! Heavy 18/20 stainless steel that stays beautifully clean and shiny. This pan is simply beautiful!



Blender Bottle



Lindy's Heavy Stainless Steel Covered Cake Pan



**Ball® Brand Canning Jar Lids**, 36 lids per order

• Wide Mouth Lids ..... #1760 ..... \$8.29

• Regular Lids..... #1761 ..... \$5.49



»NEW!«

**SYSCO®**

**Clear Plastic Food Film**

12" x 3000' with Cutter Edge

#5056..... \$26.99

Sysco's #1 selling boxed film item!

- Excellent vapor barrier
- Self-sealing cling
- Crystal clear
- Improved cutter box

\*You read it correctly; three thousand feet of plastic food film! You may not need to buy another case of our food film for years; but this price is a super duper deal!



Check out retail store pricing in the little boxes @ 1.75 cents per foot VS our cost per foot @ less than a penny! Wow! You save 50% Our same 3000' would cost over \$52.00 at the retail store!



## Hand Grain Grinder

Grind grains, non-oily seeds, and spices. Precision stainless steel burrs, adjustable from fine to coarse. 2-year warranty.

Sugg. retail: \$79.95

#1226..... \$66.19

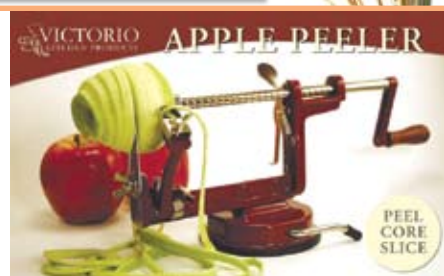
**VICTORIO™**



## Apple Peeler

Suction Base The Apple Peeler helps families enjoy preparing and preserving nature's harvest. The suction base can be set up on any smooth counter top or table.

#4025..... \$21.69



## Food Strainer & Sauce Maker

#4026..... \$62.79

This multi-use strainer forces food through a stainless steel screen, automatically separating juice and pulp from the seeds, skins and stems. Perfect for purées, creamed soups, baby foods, pie fillings, juices, jams and more.

## Food Strainer Accessories

Berry Screen ..... #4027 ... \$15.19

Pumpkin Screen-Coarse..... #4028 ..... \$15.19

Grape Spiral Screen..... #4029 ..... \$8.49

Salsa Screen-Extra Coarse ..... #4030 ..... \$15.19



## 5-Piece Home Canning Kit

All the essential tools for the home canner. Handy tools for canning season. Burned fingers and messy preserves will be a thing of the past. No longer struggle with tough jar opening or dropped lids. Kit includes a canning funnel, jar lid wrench, jar lifter, canning tongs and lid wand.

#5006..... \$9.99



## Kitchen Crop Sprouter

The easy way to produce fresh, high-quality sprouts in your own kitchen in just 2-4 days! The three trays make it possible to grow three crops at once. 8.25 inches high.

#4815..... \$9.99

## Organic Alfalfa Seeds

4 oz. bag..... #4440..... \$3.09



»NEW!«

**SYSCO®**

**Silver Foil Sheets**

9x10.25 each, 500 count

#5055..... \$17.39

Uses: Baked Potato Wraps, highlighting in beauty salons, wrap gifts, pan liners, etc. Lots of uses and only 3¢ each!



Wow!  
3¢  
each!

NEW  
ITEM



## Beverages

Lycopene, which gives tomatoes their red color, is a powerful natural antioxidant; V8 100% Vegetable Juice contains 17 mg of lycopene per 8-ounce serving.

**COULD'VE HAD A V8**

**94¢ each!**

**V8 100% Vegetable Juice\***  
24/11.5 oz. cans.....#4577.....\$22.59

**V8 100% Spicy Hot**  
24/11.5 oz. cans.....#4579.....\$24.39

**Campbell's® Tomato Juice**  
24/11.5 oz. cans.....#4580.....\$19.79

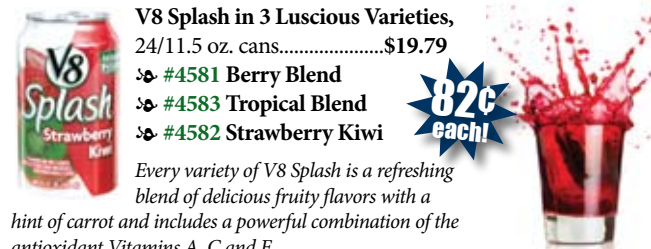


**V8 Splash in 3 Luscious Varieties,**  
24/11.5 oz. cans.....\$19.79

• #4581 Berry Blend  
• #4583 Tropical Blend  
• #4582 Strawberry Kiwi

**82¢ each!**

Every variety of V8 Splash is a refreshing blend of delicious fruity flavors with a hint of carrot and includes a powerful combination of the antioxidant Vitamins A, C and E.



### Pantry Pointer

The Concord grapes in our Purple 100% Grape Juice are full of amazing antioxidants called polyphenols. Drinking Welch's helps support a healthy heart, mind, and immune system.

Drinking Welch's 100% Grape Juice is an easy, delicious way to add natural antioxidants to your diet. Your health will thank you for it.

• 100% Purple Grape Juice  
48/5.5 oz. cans.....#3363.....\$25.79

Welch's 100% Juice 24/11.5 oz. cans .....\$23.69

• #3358 100% Apple Juice  
• #3361 100% Orange Juice  
• #3359 100% Grape Juice  
• #3360 100% Mountain Berry Juice



[www.welchs.com](http://www.welchs.com)



**Pantry Secrets of Making Homemade Bread**  
Instructional Cooking DVD.  
One simple recipe—50 ways

to use it! From, breadsticks to scones and French bread to pizza crust, you can find it here!.....#4832.....\$19.99

'One Million Recipes' CD  
#4511...\$14.99

The World's #1 Best Selling recipe software! If it's not in here, IT PROBABLY DOESN'T EXIST!

### We Do Fundraisers!



We offer Fundraiser items for your community, school, or church fundraising group. Please contact your local distributor for information. You may also access our website @ [www.alisonspantry.com](http://www.alisonspantry.com).



### Mott's for Tots® 100% Juices

These come in handy boxes with straws; can be frozen to keep lunch cool for your kids.  
27/6.75 oz. juice boxes.....\$12.19

- #3074 100% Apple Juice
- #3026 100% Fruit Punch
- #3027 100% Apple White Grape Juice
- #3077 100% Strawberry Banana
- #3028 100% Apple Strawberry Juice



### Mott's Beverages

- 100% Apple Juice 24/10 oz. plastic bottles.....#1288.....\$16.49
- 100% Tomato Juice 24/11.5 oz. cans.....#4315.....\$16.19
- Yoo-Ho Chocolate Flavored Drink  
32/6.5 oz. drink boxes .....#2109.....\$11.99



### Sugar Free Soft Drink Mix

Just add to your 20 oz water bottle for instant refreshment! 30/.17 oz.....\$9.49

- #1488 Peach Tea
- #1489 Raspberry Ice
- #1487 Lemonade
- #2205 Sunrise Orange
- #3195 Raspberry Lemonade
- #3515 Raspberry Green Tea
- #3516 Cherry Pomegranate
- #4254 Wild Strawberry Energy 60mg caffeine per serving w/B vitamins

**32¢ a sug.!**



Just add 8 oz. hot water.

Cappuccino, 2 lb. bag  
(45/8 oz. svgs.).....\$5.39

**SPECIAL \$4.89**

- #1326 French Vanilla
- #2152 Almond Amaretto
- #1330 English Toffee
- #1327 Irish Creme
- #2151 Hazelnut
- #1328 Mocha
- #1329 White Chocolate Caramel



### French Vanilla Instant Cappuccino in Single Serve Packets

10/1 oz. packets.....#3932...\$3.89

### Instant Chai in Single Serve Packets,

10/1 oz. packets.....\$4.19

- #3936 Vanilla Chai
- #3938 Spice Chai

### Hot Apple Cider in Single Serve Packets

10/1 oz. packets.....#3939...\$3.09

Double Dutch Chocolate, 2 lb. (32/8 oz. svgs.).....#2153...\$4.99

Hot Choc. w/Marshmallows, 2 lb. (32/8 oz. svgs.).....#2154...\$5.39

No Sugar Added Hot Choc., 1 lb. (23/8 oz. svgs.).....#2155...\$4.49

Premium Spice Chai, 2 lb. (32/8 oz. svgs.).....#2157...\$7.59

Hot Apple Cider, 2 lb. (43/8 oz. svgs.).....#2159...\$5.09

*See page 18 for a delicious Strawberry Vanilla Chai recipe.*





## Alison's Pantry Gourmet Chocolates & Candy

➔ Choc. Covered Cinnamon Bears, 16 oz. bag.....#4011.....\$7.19

**SPECIAL \$6.49**

- ➔ Chocolate Peanut Clusters – 24 oz. bag.....#4010 ... \$6.59
- ➔ Chocolate Bridge Mix, 16 oz. bag.....#4016 ... \$5.49
- ➔ Chocolate Covered Almonds, 16 oz. bag.....#4014 ... \$7.49
- ➔ Chocolate Coated Jumbo Malt Balls, 16 oz. bag.....#4015 ... \$5.19
- ➔ Choc. Covered Gummi Bears, 16 oz. bag.....#4253 ... \$6.99
- ➔ Chocolate Covered Raisins, 16 oz. bag.....#4007 ... \$4.29
- ➔ Choc. Double Dipped Peanuts, 16 oz. bag.....#4006 ... \$4.59
- ➔ Dark Chocolate Covered Coffee Beans 16 oz. bag ... #2099 ... \$7.39
- ➔ Jordan Almonds, Pastel coated, 16 oz. bag.....#3992 ... \$6.19
- ➔ Wasabi Fried Peas – 20 oz. bag.....#3977 ... \$5.69
- ➔ Yogurt Coated Almonds, 16 oz. bag.....#3994 ... \$6.69
- ➔ Yogurt Coated Raisins, 16 oz. bag.....#3993 ... \$3.89
- ➔ Yogurt Coated Pretzels, 16 oz. bag.....#3995 ... \$4.19
- ➔ Cowboy Mix, 16 oz bag.....#5000 ... \$3.29  
*A wonderful assortment of Burnt Peanuts, Boston Baked Beans, Assorted Flavor Jelly Beans, Licorice Pastels, Rainbow Peanuts and Candy Corn*
- ➔ Licorice Allsorts, 16 oz bag.....#5001 ... \$2.99
- ➔ Pastel Licorice, 16 oz bag.....#5002 ... \$3.69
- ➔ Gummi Worms\*, 40 oz bag.....#5003 ... \$8.19
- ➔ Gummi Bears\*, 40 oz bag.....#4157 ... \$8.19
- ➔ Gummi Peach Rings, 40 oz bag.....#4154 ... \$8.19

\* Assorted Colors and flavors.

### Chocolate Dipped Strawberries

The latest research shows that eating about an ounce of dark chocolate a day can help lower blood pressure, which in turn lowers the risk of stroke or coronary artery disease. To make the most of your calorie budget, try dipping fruits such as high-fiber strawberries in melted dark chocolate.



Melt Guittard Dark Chocolate A'Peels (#4887) and dip clean, dry strawberries in the melted chocolate. Set on a sheet of wax paper and let chocolate set before eating.



## Premium Chocolate

[www.guittard.com](http://www.guittard.com)

### Premium Chocolate Chips, 2 1/2 lb bags

#### Real Semi Sweet MINI Chocolate Chips

*Perfect for moms who bake smaller sized cookies for their little ones!*

4000 chips per lb.....#4880.....\$7.29

#### Real Milk Chocolate Chips

*Smooth, European texture and silky taste!*

1000 chips per lb./reg. size.....#4877.....\$8.99

#### Real Semi Sweet Chocolate Chips

*A delightful base for fudge!*

1000 chips per lb. (regular size chips) .....#4879.....\$7.29

#### Premium Flavored Butterscotch Chips — *Delicious alternative to chocolate for cookies, brownies and so much more!*

1000 chips per lb./reg. size .....#4881.....\$6.49

#### 'Old Dutch' Real Milk Chocolate Blocks

10 lb. block in cardboard sleeve .....#4841...\$33.59

#### 'French Vanilla' Real Semi Sweet Chocolate Block

*Guittard's signature blend of the finest beans produces a rich and robust*

*chocolate with a distinct vanilla character, medium dark in color, 54% cocoa*

10 lb. block in cardboard sleeve .....#4842...\$33.59

#### Real Milk Chocolate Dipping Wafers, 2 1/2 lb .....#4884.....\$9.59

#### A'Peels Flavored Coatings, 1 lb

*Perfect for coating, dipping and nibbling!* .....\$2.99

➔ #4885 Milk Chocolate A'Peels

➔ #4886 Vanilla A'Peels

➔ #4887 Dark Chocolate A'Peels

#### 'Old Dutch' Unsweetened Medium Dutch Process Baking Cocoa

*With 22–24% Cocoa Butter. 2-1/2 lb .....#4883.....\$7.29*

**SPECIAL \$6.59**

### Goopy Chocolate Brownies

- 1 stick butter, softened
- 1/2 cup flour
- 1 cup sugar
- 1/3 cup Guittard Cocoa (#4883)
- 1 tsp Vanilla Powder (#1534)
- 1/4 tsp baking powder
- 2 eggs
- 1/4 tsp salt

Preheat oven to 350°. Butter an 8x8 baking pan. Cream butter and sugar. Mix in vanilla and eggs. In separate bowl, mix dry ingredients. Stir into wet ingredients and spread into pan. Bake about 25 minutes or until edges start to pull away from sides. Can be doubled and put in 9x13 pan.



### Pantry Pointer

Cocoa powder starts as beans which are fermented, roasted, and ground to create chocolate liquor. The liquor is then pressed to remove 75% of the cocoa butter, and then ground again to become cocoa powder. Store cocoa powder in an opaque, airtight container in a cool, dark place and it will last up to 2 years. Use it in brownies, cookies, cakes, and other chocolatey desserts. It's also known to be the secret ingredient in many chili cook-off winning recipes!



# Snacks, Munchies and Confections

**'Traditional Style' Beef Jerky** - made from solid slices of the finest steak available, marinated with the highest quality spices, and then slowly smoked with natural hardwood.

3.65 oz. bag.....~~\$3.99~~.....**SALE \$3.59**

- ⇒ #4692 BBQ Beef
- ⇒ #4690 Peppered
- ⇒ #4691 Teriyaki
- ⇒ #4689 Old Fashioned

**SPECIAL  
SALE  
PRICE!**



**Double Eagle Silver Dollar Jerky**,  
2 1/2" round jerky, Jar is 15 oz. of meat  
80 ct. Jar .....\$13.49

- ⇒ #4696 Spicy
- ⇒ #4694 Peppered
- ⇒ #4695 Teriyaki
- ⇒ #4693 Old Fashioned

**Beef Sticks**,  
20 ct./12" sticks, 1.3 oz. each .....\$14.99

- ⇒ #4698 Peppered
- ⇒ #4697 Old Fashioned
- ⇒ #4699 Teriyaki

**Kipperd Beef Steak**  
20 ct./1 oz. Individually Wrapped..\$19.99

- ⇒ #4701 Peppered
- ⇒ #4700 Old Fashioned
- ⇒ #4702 Teriyaki



**Curious George Fruit Snacks** Soft,  
chewy fruit snacks in fun shapes fortified  
with Vitamin C! Colorful, easy-open  
pouches featuring everyone's favorite  
little monkey! 50/.9 oz. packets  
#2486.....\$8.99

**18¢  
each!**



**Wow! — Buy in bulk and Save 33% compared to retail price!**



Snacks you know your kids will eat!

**Handi-Snacks® Cheese & Crackers**

**Just 37¢ each!** 25/.95 oz. packages.....#3196 .....\$9.39

**Planter's® Cheese & Peanut Butter Filled Crackers**

**Just 26¢ each!** 6 ct. per pkg.  
30/1.4 oz. pkgs.....#4415 .....\$7.69

**Planter's® Peanut Butter Filled Crackers**

**Just 26¢ each!** 6 ct. per pkg.  
30/1.4 oz. pkgs.....#4416 .....\$7.69



**HI-COUNTRY**  
Since 1976

**Perfect summer snack  
for camping, hiking  
and fishin'!**

**23¢  
each!**

**Flavor Trail® Beef Jerky in Plastic Jar**

60/.2 oz.....#1390 .....\$13.99

60/.2 oz. IW .....#1391 .....\$15.99

IW = Individually Wrapped



**CornNuts® Salty Snacks**, 12/4 oz. bags.....\$13.99

- ⇒ Ranch Flavor.....#3517
- ⇒ Original Flavor..#3518
- ⇒ BBQ Flavor.....#3519
- ⇒ Nacho Flavor.....#3520

**\$1.17  
bag!**



**Paul's® Brittles** - Made from scratch locally  
in Salt Lake City with an old family recipe.

**Toffee Crunch Bark**, 8 oz. tub.....#5004.....\$6.69

English Toffee with white chocolate and sliced almonds sprinkled on top

**Pecan Brittle**, 12 oz. tub.....#4598.....\$8.69

**Mixed Nut Brittle**, 12 oz. tub.....#4599.....\$8.19

Contains Pecans, Peanuts, Cashews & Almonds

**Popcorn Brittle**, 16 oz. tub.....#4600.....\$9.19

Contains Mixed Nuts with Popped Corn & Caramel

Caramel Cob® is a delicious Soft n' Chewy  
Caramel Popcorn that is a delight to your  
senses. If Mother Nature made her own  
Caramel Popcorn this would be it!  
Now in 2 flavors - original Caramel  
and Peanut Caramel!



**\$1.49  
each!**

**Caramel Cob®** 18/3.75 oz. Yummy Cobs!.....#4670 ....\$26.89

**Peanut Caramel Cob®** 18/3.75 oz. with Peanuts! .....#4941 ....\$26.89

## Colby's Kettle Corn

Presenting the World's Best Kettle Corn, prepared  
in authentic steel kettles, hand sifted and lightly  
seasoned by experienced Kettlemen.

**Colby's Kettle Corn Variety Case of 4 Flavors**

4/6 oz. bags.....#4868.....\$10.49

- ⇒ Salty Sweet Addiction x2 (Gluten Free)
- ⇒ Cinnamon Sugar Sensation (No Salt)
- ⇒ Chili Cheese Obsession



**WOW!**  
Each bag yields  
about 6 cups for only  
44¢ per serving!

"We loved the Colby's Kettle Corn (#4868!)  
The sweet & salty popcorn is an irresistible  
treat! My kids couldn't get enough, neither  
could I! I would definitely recommend this as  
a healthier treat and it is fun for the kids too!"

— Alisa Finlay of Eagle Mountain, UT

**44¢  
avg.!**



**Taffy Town Taffy**, 1 lb. pkg.....\$3.99

⇒ #4426 Salt Water Taffy – Assorted Flavors

⇒ #4427 Peppermint Taffy – 'Old Time Peppermint'

⇒ #4428 Tropical Taffy – 'Pineapple, Guava, Mango & Passion  
Fruit'

⇒ #4429 Sassy Taffy – 'Tart & Tangy'

**Honey Gourmet Salt Water Taffy**, 7 oz.....#4586.....\$2.69

**Salt Water Taffy**, Assorted Flavors, 4 lb. bag.....#4430 ....\$10.29

Made in Salt Lake City UT, the home of the Great Salt Lake!



# Snacks, Munchies and Confections



**Premium Dried Fruits ...**  
the name that stands for quality.

[www.marianifruit.com](http://www.marianifruit.com)

<b>Mixed Fruit</b> , 8 oz. Clear Tub .....	#4888	\$3.29
<i>Contains: Pitted Dried Plums, California Apricots, Peaches, Pears, Apple Rings</i>		
<b>Dried Plums (prunes)</b> , 12 oz. Clear Tub .....	#4889	\$3.39
<b>Whole Dried Cranberries</b> , 9 oz. Clear Tub .....	#4890	\$4.49
<b>Whole Pitted Dates</b> , 10 oz. Clear Tub .....	#4891	\$2.39
<b>Dried Wild Blueberries</b> , 9 oz. Clear Tub .....	#4809	\$8.29
<b>Dried Cherries</b> , 8 oz. Clear Tub .....	#4810	\$4.49
<b>Tropical Pineapple Chunks</b> , dried & sweetened		
10 oz. Clear Tub .....	#4973	\$3.39
<b>Mango Slices</b> , dried & sweetened		
10 oz. Clear Tub .....	#4974	\$4.49
<b>Cranberries</b> , dried & sweetened (craisins)		
8 oz. Clear Tub .....	#4975	\$3.39
<b>Medjool Dates</b> , prized for their large size, incredible sweetness and chewy texture. (Dates are with pits)		
12 oz. Clear Tub .....	#4976	\$4.19



Our new Value Pack Bags offer BIG savings with convenient re-sealable bags. It's healthy eating at a greater value.

## ►NEW!◀ 100% Natural Raisins

40 oz. Value Pack Bag .....

#5057 .....\$7.59

Made from California-grown Thompson Seedless grapes, when these are on hand, it's always snack time. And, you can always count on our Raisins to be moist and tender.

## ►NEW!◀ Premium Pitted Dried Prunes

40 oz. Value Pack Bag .....

#5058 .....\$9.39

You'll never question what true quality dried plums should taste like once you savor the tender, mellow flavor of our Pitted Dried Plums.

## ►NEW!◀ Ultimate Apricots

48 oz. Value Pack Bag .....

#5059 .....\$13.79

The fragrant, apricot aroma is only one of the many tempting benefits of our Ultimate Apricots. Being bathed in natural apricot flavors making them moist and succulent is another.

## ►NEW!◀ Sun Ripened Mixed Fruit

36 oz. Value Pack Bag .....

#5060 .....\$10.79

Savory plums, sweet pears, distinctive peaches, tender apricots, and tasty apples - it's the perfect bounty of dried fruits.

## ►NEW!◀ Sweetened Dried Cranberries

30 oz. Value Pack Bag .....

#5061 .....\$9.99

What gives our Cranberries their divine, titillating flavor? It's the perfect balance of sweetness and tanginess that makes them unparalleled to others.

Dirty Potato Chips are all natural with no MSG, no preservatives, and no hydrogenated oils. Kettle cooked in a peanut oil blend, only 8 grams of fat per serving and no trans fat! We call them "Dirty" because they come from potatoes with the healthy peel still on!



**NEW ITEM**

**71¢ bag!**

## ►NEW!◀ 'Dirty' All Natural Potato Chips Variety Pack

25/2 oz. bags.....

#5062 .....\$17.99

Variety of: 7- Lightly Salted, 6-Mesquite BBQ, 6-Jalapeno and 6-Sour Cream and Onion. Only 71¢ per bag!



**40¢ bag!**

**NEW ITEM**

## ►NEW!◀ California® Chips

Potato Chips Variety Pack

25/1.5 oz. bags

#5063 .....\$11.99

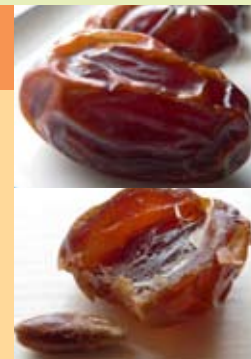
Variety of: 6- Sea Salt, 6- Honey BBQ, 6-Chipotle and 7-Earthquake Chips. Only 40¢ per bag!

[www.californiachips.com](http://www.californiachips.com)

## Medjool Dates

12 oz. Clear Tub.....#4976.....\$4.19

Medjool dates are deep amber-brown and have a slightly crinkly skin that shimmers from natural sugar crystals. Bite into one, and your teeth sink into satisfyingly sticky flesh that tastes of rich caramel, hints of wild honey and a touch of cinnamon. Simply remove the pit with a paring knife and eat plain, or stuff them with cream cheese, marshmallow fluff, or anything else you can think of. Delicious!



## Pantry Pointer

Apart from being rich in natural fibers, dates are also rich in a lot of other nutrients like oil, calcium, sulfur, iron, potassium, phosphorous, manganese, copper, magnesium, etc.

## Dried Wild Blueberries

9 oz. Clear Tub.....#4809.....\$8.29

A refreshing treat all year long, blueberries are among the fruits and vegetables highest in antioxidants. Blueberries contain high amounts of vitamins C and E, as well as anthocyanins and phenolics that can also act as antioxidants. Researchers have shown that a serving of fresh blueberries provides more antioxidant activity than many other fresh fruits and vegetables.



**Our new California Chips Earthquake flavor is dangerously addictive.**



## Snacks, Munchies and Confections

**Whole Raw Almonds**  
32 oz. bag ..... #3958 ..... \$11.39  
**SPECIAL \$10.29**

You're doing more these days, so why not pick a snack that does more for you? Ounce for ounce, whole raw almonds have more iron than spinach, more fiber than any other nut, and two times more potassium than bananas. With zero cholesterol and 13 essential nutrients as well, almonds are more than just a snack. They are a delicious and satisfying way to make the most of your busy life.



*"The AP Whole Raw Almonds (#3958) are such a great snack and so convenient for me and my family. They're a great price and so good for you. I add them to my oatmeal and other dishes and I don't feel like I'm spending a fortune like I would buying them at the grocery store!"*  
— Emily Young of Vernal, UT



## Alison's Pantry Basic Nuts

Cashews, Whole Raw, 16 oz. bag ..... #3967 ..... \$7.29

**Whole Raw Almonds, 32 oz. bag ..... #3958 .... \$11.39**  
**SPECIAL \$10.29**

Almonds, Slivered Raw, 16 oz. bag ..... #3965 ..... \$6.19

Almonds, Sliced Natural, 16 oz. bag ..... #3966 ..... \$6.29

Pecan Halves, Raw, 20 oz. bag ..... #3972 ..... \$9.49

Macadamia Nuts, Whole Dry Roasted & Salted

16 oz. bag ..... #4198 ..... \$8.79

Sunflower Seeds, Raw, 32 oz. bag ..... #3959 ..... \$2.99

Sunflower Seeds, Roasted & Salted, 32 oz. bag ..... #3960 ..... \$3.99

Dried Date Nuggets, dusted with flour, 32 oz. bag .. #3961 ..... \$6.29

Walnuts, Halves & Pieces Raw, 24 oz. bag ..... #3973 .. \$14.69



## Alison's Pantry Dried Fruit

Cranberries, dried & sweetened,  
sunflower oil added 16 oz. bag ..... #3981 .. \$5.49

Angel Flake Coconut, sweetened, 16 oz. bag ..... #4662 .... \$3.99

**Apple Rings,**  
unsweetened, sulfur added, 16 oz. bag ..... #3979 ..... \$5.79  
**SPECIAL \$5.29**

Banana Chips,  
sugar & coconut oil added, 16 oz. bag ..... #3980 .... \$3.09

Cantaloupe, sugar & sulfur added, 16 oz. bag ..... #4591 .... \$5.89

Peaches, sulfur dioxide added, 16 oz. bag ..... #4593 .... \$6.99

Nectarines, sulfur added, 16 oz. bag ..... #4592 .... \$6.99

Pears, sulfur added, 16 oz. bag ..... #4594 .... \$6.99

Papaya Spears, sulfur dioxide added, 16 oz. bag ..... #3984 .... \$3.89

Pineapple Cubes,  
sulfur, sugar & citric acid added, 16 oz. bag ..... #3985 .... \$3.59

Pineapple Rings,  
sulfur, sugar & citric acid added, 16 oz. bag ..... #3986 .... \$3.59

Turkish Apricots, sulfur added, 16 oz. bag ..... #3978 .... \$4.99

**Apple Rings**  
unsweetened, sulfur added, 16 oz. bag ..... #3979 ..... \$5.79  
**SPECIAL \$5.29**

Apples are rich in pectin, a soluble fiber, which helps the body to eliminate cholesterol and also protects against environmental toxins. Research has shown that 2 apples a day can lower cholesterol by up to 10%. Apples also contain malic acid which helps to treat rich fatty foods. Dried apples are especially good for camping, hiking and other activities that would be rough on more delicate raw fruits.



## Alison's Pantry Snack Mixes & Nuts

**Fruit & Nut Mix 16 oz. bag.....#3988 ..... \$5.19**  
*Raisins, Banana Chips, Diced Pineapple, Apricots, Raw Almonds, Pecan Halves, Walnut 1/2s & pieces, Chopped Dates, Diced Pineapple, Wide Ribbon Coconut, Raw Filberts*

**New England Blend, 16 oz. bag**  
*Dried Cherries, Craisins, Raisins, Roasted Almonds, Roasted Pistachio Kernels..... #4901 ..... \$8.99*  
**SPECIAL \$7.99**

**For Pistachio Lovers Only!**  
 16 oz. bag ..... **#4900 ..... \$12.19**  
*R/S Pistachio Kernels, R/S Almonds, R/S Cashews*

**Energy Mix, 16 oz. bag.....#3990 .....\$5.09**  
*Raw Splits, Raisins, Raw Sunflower Seeds, Raw Pepitas, Raw Almonds, Raw Filberts*

**Fruit Nibbles Blend, 16 oz. bag.....#4902 .....\$3.89**  
*Dried Craisins, Golden Raisins, Raisins, Bananas, Apricots, Apples, Papaya, Pineapple*

**Nutritious Nut Blend, 16 oz. bag.....#4903 ..... \$10.19**  
*R/S Cashews, Dried R/S Macadamias, R/S Almonds*

**Chocolate Goodie Blend, 16 oz. bag .....#4904 .....\$4.99**  
*R/S Cashew Pieces, Honey Roasted Sticks, R/S Blanched Peanuts, R/S Almonds, Chocolate Pieces*

**New Orleans Mix, 16 oz. bag.....#4597 .....\$3.49**  
*Honey Roasted Peanuts, Honey Roasted Sesame Sticks, Cajun Pepitas, Cajun Sticks, Nacho Sticks*

**Sunshine Mix, 16 oz. bag .....#3991.....\$4.59**  
*Roasted & Salted Almonds, Blanched Roasted & Salted Peanuts, Chopped Dates, Diced Papaya, Diced Pineapple, Apricots, Raisins*

**Swiss Mix, 16 oz. bag .....#3989 .....\$4.09**  
*Roasted & Salted Almonds, Blanched Roasted & Salted Peanuts, Raisins, Copycats*

**Honey Roasted Cashews 16 oz. bag..... #4595 ..... \$7.79**  
**SPECIAL \$6.99**

**Almonds, Whole Roasted & Salted,**  
 16 oz. bag ..... **#3963 .....\$6.89**

**Almonds, Whole Smokehouse® Variety,**  
 16 oz. bag ..... **#3964 .....\$6.19**

**Almonds, Yogurt Coated, 16 oz. bag .....#3994 .....\$6.69**

**Cashews, Splits Roasted & Salted,**  
 32 oz. bag..... **#3969 ..... \$13.09**

**Cashews, Whole, Roasted & Salted, 16 oz. bag ...#3968 .....\$7.79**

**Deluxe Mix Nuts, Roasted & Salted – Almonds, Cashews, Filberts, Brazils, Pecans. 16 oz. bag.....#3971 .....\$7.59**

**Pumpkin Seeds, Roasted & Salted (Pepitas), 16 oz. bag.....#3974 .....\$3.99**

**Peanuts, Butter Toffee, 16 oz. bag .....#3997 .....\$2.99**

**Peanuts, French Burnt, 16 oz. bag .....#3998 .....\$2.99**

**Peanuts, Honey Roasted, 16 oz. bag.....#3976 .....\$2.99**

**Peanuts, Roasted & Salted, 16 oz. bag.....#3975.....\$3.19**

**Pistachios, Natural, Roasted & Salted,**  
 32 oz. bag..... **#3962 ..... \$10.69**

**Sesame Sticks with Honey, 24 oz. bag.....#3987 .....\$4.59**

**New England Blend, 16 oz. bag**  
*Dried Cherries, Craisins, Raisins, Roasted Almonds, Roasted Pistachio Kernels..... #4901 ..... \$8.99*  
**SPECIAL \$7.99**

This snack mix packs a powerful anti-oxidant punch with Cherries and Cranberries, plus all the fiber and essential minerals of almonds. Snack healthy with this delicious nutritious blend!



"I just got the New England Blend Snack Mix (#4901) in my order two days ago. It was so good that I couldn't stop eating it. I should have gotten more than one. I haven't ever tasted a mix with pistachios and dried cherries in it before and I loved it. Everything in it was good for you." — Carolan Hunter of Bennington, ID

**Honey Roasted Cashews**  
 16 oz. bag ..... **#4595 ..... \$7.79**  
**SPECIAL \$6.99**

Not only do cashews have a lower fat content than most other nuts, approximately 65% of their fat is unsaturated fatty acids, plus 90% of this unsaturated fatty acid content is oleic acid, the same heart-healthy monounsaturated fat found in olive oil. Studies show that oleic acid promotes good cardiovascular health, even in individuals with diabetes.



"I love the Honey Roasted Cashews (#4595) because of the flavor. They taste as fresh as if I had picked them myself and had never sat around in any store getting old." — Karen Stultz of Glen Ullin, ND





### FREE OFFER!

Purchase 2 of our new Alison's Pantry products on this page and receive **ABSOLUTELY FREE** a 1 lb. bag of AP Seasoning Salt (value \$2.89)  
Use item code #5065

### FREE OFFER!

Purchase 3 of our new Alison's Pantry products on this page and receive **ABSOLUTELY FREE** a 1 lb. bag of Bacon Bits, Imitation (value \$4.79)  
Use item code #5066

### FREE OFFER!

Purchase all 4 of our new Alison's Pantry products on this page and receive **ABSOLUTELY FREE** 1 lb. of Garlic Supreme. We'll even throw in a glass shaker with a Stainless Steel lid for your Garlic Supreme\*! Buy all 4 AP products; you'll be glad you did! (value \$7.99).  
Use item code #5067

We are proud to introduce our own line of the highest quality potato products available in the market and at incredible pricing too. Our potatoes are produced in Fruitland, Idaho in the heart of the Treasure Valley; recognized internationally for quality and best taste. We guarantee that you will be pleased **or we will double your money back!** All our New Alison's Pantry™ products are packed 6/2.5 lb. bags per case; a perfect size for your family. 15 Pounds is a friendly pack size; buy a case and you will agree that the flavor, pack size and cost are just what you have been looking for!

»NEW!« **Alison's Pantry IQF Peeled Shredded Hash Browns**—For perfect hash browns every time, try our Shredded Hash browns. Great for breakfast, dinner side dishes, and casseroles; simply brown & serve.  
6/2.5 lb. bags per 15 lb. case.....#5024..... **\$10.99**

»NEW!« **Alison's Pantry IQF Peeled 3/8" Diced Potatoes**—Alison's Pantry now offers a 3/8" diced russet potato that completes every breakfast. Great as a breakfast side dish, add your favorite vegetables, or mix with scrambled eggs. These can be used in potato casseroles, potato salads, or even mashed potatoes.  
6/2.5 lb. bags per 15 lb. case.....#5025..... **\$10.49**

Alison's Pantry now offers our own line of flame roasted potatoes. Cooked with a unique indirect roasting process, not fried, these potatoes provide a unique and healthier alternative to fried potatoes, with a taste and appearance that will please your whole family. Our Fire Roasted potatoes are fully cooked, just heat and eat for a quick and easy accompaniment to any meal.

»NEW!« **Alison's Pantry Alison's Breakfast Blend**—We started with fire roasted russet potato chunks, and added home-style pieces of Onions, and Green and Red Peppers. Lightly seasoned; this blend is an excellent side dish by itself, or add scrambled eggs to create the perfect skillet breakfast. Also perfect in breakfast burritos and casseroles.  
6/2.5 lb. bags per 15 lb. case.....#5026..... **\$16.99**

»NEW!« **Alison's Pantry Savory Seasoned Roasted Russet Chunks**—Fire Roasted to perfection, our Russet potato chunks are seasoned with Salt, Pepper, Onion, and Garlic to provide the perfect balance for any meal. An excellent breakfast dish, or can accompany any dinner menu. Your family will keep coming back for more!  
6/2.5 lb. bags per 15 lb. case.....#5028..... **\$16.99**

\* Garlic Supreme (#2593) adds a lovely touch to all our new AP potato products; just sprinkle and feel your taste buds sing! Note: You must purchase all 4 different products for the FREE Garlic Supreme.



Shredded Hash Browns



Diced Potatoes



Alison's Breakfast Blend



Roasted Russet Chunks

**NEW  
ITEMS**